ANTIOCH OURNAL

INSIDE

Relish features cheesy lasagna.



Proudly serving Antioch and North Central Lake County

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Hoppin⁷ success

Husky Hop raises more than \$2,000 for classroom projector fund/ Page A5



Annie Christie - achristle@nwnewsgroup.com

Antioch Elementary students Symphony Greenlee (left) and RaeAnn Leist, both 8, spin on the dance floor during the school's seventh annual Husky Hop. The Feb. 24 event helped raise money for new classroom projectors.

> The edition of March 2-8, 2007

> > Newsstand price 50 cents

Check out LakeCountyJournals.com daily for breaking news and updates on this week's stories

LAKECOUNTYJOURNALS.COM

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COMMUNITY NEWS

>> Antioch Elementary School students and faculty mourn the traffic death of an 8-year-old boy.

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>> Wauconda officials voice support for Round Lake hospital.

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SPORTS

Antioch clashes with Mundelein in boys hoops Lakes Regional.

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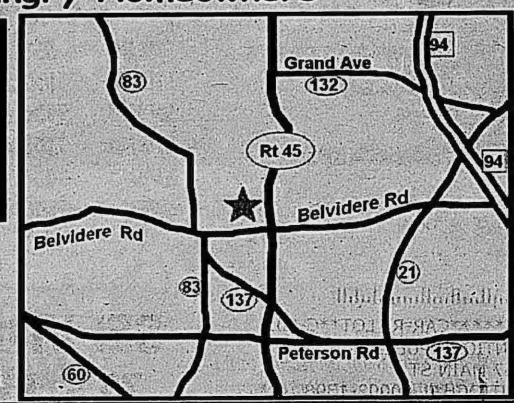
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LAKE COUNTY: CIRCUIT COURT

Sex crime allegations jolt Antioch area

Former Cub Scout leader pleads not guilty in Lake County Court

By TARA CLIFTON tclifton@nwnewsgroup.com

WAUKEGAN - Sometimes, no matter how many precautions are taken, one still can't predict a person's actions.

The community was reminded of this stinging truth after accusations surfaced against Carl W. Doty, 46, a former leader with Antioch Cub Scout Pack 93.

While in court Feb. 22, Doty, of rural Antioch, shook his head in seeming protest as Judge James K. Booras read in graphic detail the charges against him.

With his hands in cuffs behind his back, Doty kept his head down and stayed silent during most of the arraignment.

Doty pleaded not guilty to two counts of predatory criminal sexual assault and two counts of criminal sexual abuse.

His pretrial hearing is set for April 18.

community leaders gathered to discuss effect previous criminal history. of the case on residents.

would arise, said Charles Frieman, director a Cub Scout group talked last week about of field service for the Northeast Illinois protection and accountability. Council of the Boy Scouts of America. Scott Thompson, superintendent of not be the only victim.

All adults who want to be Boy Scout or Antioch District 34, said a temporary crisis Cub Scout leaders must go through a rigor- team was formed Jan. 26, the day news of the ous application process, Frieman said

"But there are just certain things you

best you can."

ground check, a detailed displaying Cub Scout information. questionnaire, references, Frieman said.

against children and illean applicant, he said. The Lake County

Sheriff's Office told the month investigation. The charges came as a shock to many, and Northeast Illinois Council that Doty had no

Nobody could have known this situation Lutheran Church, where Pack 93 meets, said Mark Curran said in a written statement.

case broke.

In a letter to parents, Thompson wrote can't protect against," that, as far as administrators knew, Doty had Frieman said. "You do the no contact with students inside the schools. He had been in a school only twice: once for To be a leader, Doty a parent-teacher conference, and once for passed a criminal back- "Back-to-School Night." He had set up a table

Predatory criminal sexual assault is a a review of past leadership felony punishable by a mandatory prison experiences and more, sentence between six and 30 years. The sexual abuse charges are punishable by a prison Violent crimes, crimes sentence between three and seven years.

Doty is charged with victimizing a 12gal drug involvement will year-old girl. Sheriff's authorities said they automatically disqualify believe the abuse took place several times between July 2006 and his arrest.

County police arrested Doty after a three-

"We believe this to be a systematic pattern of abuse where several other incidents Paul Hayes, interim pastor at St. Stephen occurred over a period of time," Sheriff

Because of Doty's close relationship with the Cub Scouts, authorities believe she might

Help for victims

Parents who have children who might have come into contact with Doty are encouraged to speak to police about the situation.

Parents who suspect that their child might have been abused by Doty are encouraged to call the Criminal Investigations Division of the Lake County Sheriff's Office at (847) 377- 4250.

Lake County Sheriff's Office spokesman Sgt. Chris Thompson said no other victims had come forward as of this week.

Carl W. Doty

He has pleaded

not quilty to

sexual abuse

assault charges.

and sexual

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Marketplace B1 Our Town A5

Obituaries A21 Page A4 LakeCountyJournals.com Friday, March 2, 2007

─ About us

ANTIOCH

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Chris Krug - Group Editor

LAKE COUNTY

General Manager and Editor

- Factual accuracy Did we get it right?

Accuracy is important to us at the Antioch Journal and we want to correct mistakes promptly. If you believe a factual error has been published, please bring it to our attention. Call Larry Lough at 847-223-8161 or e-mail him at llough@nwnewsgroup.com

Editor's Choice by Larry Lough

We don't mean to alarm you, but ...

Last month we published a story about a bomb threat.

Two bomb threats, in fact. Three minutes apart.

They were false alarms. Fortunately,

We don't usually publish those stories. People who make such empty threats, the theory goes, are just looking for attention. And that's what they get from a story in the newspaper.

But one call was made at the Lake County Courthouse. The other to

Highland Park High School.

The evacuation of the courthouse was a major disruption. When people see or hear about that, they want to know what's going on.

And newspapers are supposed to tell people what's going on.

We don't print everything we know, of course. That's called editorial judgment.

For example, we sometimes withhold names of victims of, or witnesses to, crimes.

Our news report is a combination of things you want to know and things you need to know.

Based on our experience, and the feedback we get from readers, we make decisions about what to print. Our intent is to do the right thing.

Let us know what you think. Write to llough@nwnewsgroup.com.

Thanks for reading the Journal – in print and online.

This Week's Highlights



YOUTHBUILD GETS FINANCIAL BOOST FROM CONGRESSMAN, **LOCAL BUSINESS** PAGE A13

COMMUNITY DISCUSSESS NEW LAWS DURING EATING DISORDERS AWARENESS WEEK PAGE A14

SUSPECT CONFESSES TO **MURDERING WIFE** PAGE A15



Chris Padgett - cpadgett@nwnewsgroup.com

Sandy Bressner - sbressner@nwnewsgroup.com

GOING WHERE NO TRUCK HAS GONE BEFORE



PAGE A26

CENTRAL LAKE COUNTY HOME SHOW GUIDE

INSIDE



"Serving our communities to make them better places to live"

COMMUNITY

Quote of the Week

"We're all very sad, and that's how we're supposed to feel. When you lose someone

—Deborah Harding, Antioch Elementary School principal, on the traffic death to second grade student Zachary Taylor (see story below)

Page A5 LakeCountyJournals.com

Friday, March 2, 2007

Donations

The "One for All Coalition"

in conjunction with Open

Arms Mission, Lindenhurst

Foundation, and Northern

Illinois Scholarship Program

need items for more than

1,500 Easter baskets for Lake

Early Childhood Center, 100%

Community mourns AES student

Boy, aunt, cousin killed in tragic car accident

By TARA CLIFTON tclifton@nwnewsgroup.com

ANTIOCH - When Lorna Faith's second grade class cleaned out a student's desk at Antioch Elementary School last

laugh and cry.

last weekend in a car accident that also 24. killed his aunt and cousin. Funeral serv-Home in Antioch on Thursday, March 1.

It turned out that Zachary's desk was quite messy, said Deborah Harding, the school's principal.

er and two crumpled Capri Sun juice containers, Harding said with a chuckle.

when students recovered a sheet of paper blade was torn off and sliced through the with the word "Dad" written in cursive car. The van spun out into a ditch. scrawled repeatedly on the entire page.

art of cursive writing, Harding said, and Zachary had practiced it on the paper.

Students and staffers at Antioch Elementary School spent the past week remembering Zachary, and learning how to manage their grief.

Kenosha County Sheriff's Deputies are still piecing together the details of the car crash that killed Zachary and Salem, Wis., residents Brandy A. Taylor, 36, and her daughter Nikkole A. Taylor, 18, Zach's week, they found items that made them. aunt and cousin, respectively.

All three died from injuries related to That student, Zachary K. Taylor, 8, died the accident that occurred Saturday, Feb.

At 8:35 a.m. that day, a 2000 Dodge van was killed. ices for all three were at Strang Funeral Caravan traveled eastbound on County Highway C in Bristol, said Sgt. Gil Ben, public relations officer with the Kenosha Sheriff's Office.

Brandy, who was driving, lost control Zach had left a half-eaten cheese crack- on a snowy curve and broad-sided a county snow plow that was traveling westbound. The minivan slammed into the But everyone's eyes filled with tears truck with such force, Ben said, that the

Nikkole sat in the front passenger seat, Faith's class had recently learned the and her cousin, Zachary, sat in the middle

Learn more

To find out more about Zachary K. Taylor, Brandy A. Taylor, and Nikkole A. Taylor, log onto Strang Funeral Home's Web site, www.strangfh.com

row behind Nikkole. Rescue workers pronounced Brandy and Nikkole dead at the scene. Zachary was rushed to St. Catherine's Medical Center in Pleasant Prairie, Wis., where he later died of injuries related to the accident.

The family dog that also rode in the

Ben said that the Taylors were driving to a recreational center in Pleasant Prairie, Wis., for a basketball game.

The driver of the county snow plow, who was uninjured, was traveling below the speed limit at the time of the accident, Ben said.

He is following all protocol related to the investigation, Ben added."He's clearly shaken," Ben said. "He's emotionally devastated by it."

See TAYLOR FAMILY, page A8

and Cook County kids.

Our Town

go far

Tara Clifton

baskets will be given to for children in residential, foster and hospital care in Lake and Cook County. Items

can be dropped off from March 15 to April 3 at the locations listed below:

The Open Arms Mission, 1548 Main St., in Antioch from 4:30 to 6:30 p.m., on Tuesday, Wednesday and Thursday; The A-Z Rental, 1530 Main St. in Antioch, from 7:30 a.m. to 5:30 p.m., Monday through Saturday; The Lindenhurst Early Childhood Center, 309 Granada Blvd., in Lindenhurst, from 9 a.m. to 5 p.m., Monday through Friday; and from 9 a.m. to 5 p.m. at the Lake Villa, Lindenhurst or Antioch Village Halls.

Donations needed are wrapped candy, small toys and books, small stuffed animals, empty Easter baskets, and other treats.

For more information, call Scott at (847) 254-5251 or Frank at (847) 727-3885.

· If you have interesting information or anecdotes to submit for "Our Town," e-mail reporter Tara Clifton at tclifton@nwnewsgroup.com.

Dancin' for a cause

Event raises funds for classrooms

By TARA CLIFTON

tclifton@nwnewsgroup.com

ANTIOCH - The weather might have been blustery and cold last weekend, but 300 people still drove to Antioch Elementary School to dance, drink slushies, and visit a Tiki many activities that took place hut for temporary tattoos and this year and last to raise glowing necklaces.

ple gathered for the school's sev-rooms at Antioch Elementary enth Annual Husky Hop, which School, Amelio said. Each proraised \$2,000 for classroom pro- jector costs \$1,100. iectors.

really happy with what we had," \$10,000, which can pay for half said Evie Amelio, president of of the projectors needed, Organization.

Those who attended the hop will cost about \$8,000. participated in dozens of activities such as buying raffle tick- organization hopes to get the ets to win from a stash of 75 money by the end of the year. prizes and watching teachers And they have an action plan. compete in a dancing contest, Amelio said.

Want to help out?

Call Antioch Elementary School at (847) 838-8900 to find out how to help the Parent Teacher Organization raise money for classroom needs.

money to buy overhead projec-On Saturday, Feb. 24, 300 peo- tors for more than 17 class-

The parent teacher organiza-"With the weather, we were tion has already garnered about the school's Parent Teacher Amelio said. But eight more projectors are needed, which

Amelio said the parent

Several more fundraisers are planned in the coming months, The Husky Hop was one of she said, which is a hefty task



Annie Christie - achristie@nwnewsgroup.com Nine-year-old Jamie Huber, of Anitoch, cheers during the teachers dance

contest at the seventh annual Husky Hop at Antioch Elementary School. considering that up to 10 vol- bookers can enjoy an after-

unteers organize the events. planned for April 21, scrap- works, Amelio said.

noon of the activity on April An international dinner is 28, and a plant sale is in the

All the colors of the rainbow



Chris Padgett - cpadgett@nwnewsgroup.com

Students from Clearview Elementary in Waukegan wear costumes to represent Puerto Rico, as a part of Youth for Unity at the Boys and Girls Club in Waukegan on Friday, Feb. 23.



Step into those dancing shoes

Prom fever makes its way to D-117

By TARA CLIFTON

tclifton@nwnewsgroup.com

In School District 117, one high school will make history while the other will reinstate a long-time tradition.

Volunteer groups are experiencing prom fever while they organize the first junior-senior prom at Lakes Community High School, and plan the first post-prom party in a year at Antioch Community High School.

Each school's prom isn't until May, but money is key in making parties happen, and parent committees have been working to raise funds, said Sue De Rose, who is part of the group setting up the Lakes' prom and after party.

Lakes prom committee members are planning an "Easter Breakfast with the Bunny," from 9 a.m. to noon on Saturday, March 10, in the gym at Lakes High School.

De Rose said that after breakfast, families can hunt for Easter eggs. Tickets cost \$10 for adults and \$5 for seniors and those younger than 10.

The prom itself is set for May 5 at a hotel in Rosemont, which De Rose said has not yet been finalized. Afterward, students can hop on a bus to WhirlyBall in Vernon Hills, which offers bumper cars, lacrosse, a climbing wall, karaoke and more.

parents have gathered to put together a postprom event for students. Last school year was the

We wanted to create this so we would have a safe place for our kids. This extends the enjoyment of prom night in a safe way.

Darcy Dussault

Post-prom committee member

first time teenagers didn't have an organized event to attend, said Darcy Dussault, who is on the post-prom committee.

Not enough volunteers stepped forward last time, Dussault said, but this year parents felt it was important to give students something fun to do.

"We wanted to create this so we would have a safe place for our kids," Dussault said. "This extends the enjoyment of prom night in a safe way."

Right now the plan is to host prom on May 19 at Timber Ridge Lodge and Waterpark at Grand Geneva, Dussault said. Volunteers hope to sell tickets at \$25 a person, but to make that happen more donations are needed.

But no matter how it happens, Dussault said As for Antioch High, a group of eight to 10 she is excited for the students' special evening

"We hope it will be a memorable night."

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Police Beat

People named here have only been charged with these crimes, not convicted. Information in Police Beat comes from local police records.

ANTIOCH

Revoked license

Jaime L. Degroot, 20, 500 block of Main Street, Antioch, driving with a revoked license, driving without a plate light, Feb. 28.

Disorderly conduct

Paul W. Gunn, 24, 900 block of David Street, Antioch, Feb. 24.

LAKE VILLA

Possession

Domini B. Edwards, 25, 107 Pheasant Trail, Lake Villa, possession of marijuana, ran a stop sign, illegal transportation of alcohol, Feb. 21.

DUI

Michael T. Canby, 22, 21563 W. Pine Street, Lake Villa, driving under the influence, driving recklessly, unlawful restraint, domestic battery, Feb. 17.

Disorderly conduct

Jeremiah J. Johnson, 21, 716 Waters Edge, Lake Villa, Feb. 19.

LINDENHURST

Suspended license

Daniel P. Klein, 22, 25038 W. Crawford, Antioch, driving with a suspended license, Feb. 25.

Keith A. Galauskas, 36, 37044 N. Terry Drive, Lake Villa, driving with a suspended license, driving without proof of insurance, Feb. 22.

Terry R. Adler, 46, 25493 Lehmann, Lake Villa, driving with a suspended license, driving without proof of insurance, Feb. 20.

Isidro Ramirez-Gonzalez, 24, 18192 Twin Lake, Grayslake, driving with a suspended license, Feb. 20.

Michael J. Laffey, 19, 410 Northgate, Lindenhurst, driving with a suspended license, driving with expired registration, Feb. 18.

Michael V. Blocker, 23, 69 Timber Lane, Lindenhurst, driving with a suspended license, Feb. 17

Dylan M. Sobocienski, 20, 23539 N. Spring Drive, Barrington, driving with a suspended license, Feb.16.

Minor consumption

Ashley N. Jeziurski, 18, 2566 Mallard Drive, Feb. 25.

Ramon Rivas, 18, 22080 W. Cedar Drive, Antioch, Feb. 25.

DUI

Thomas R. Vaneeckhout, 37, 503 Smith Ave., Lake Bluff, two counts of driving under the influence, possession of marijuana, possession of drug equipment, speeding, driving without a seat belt on, driving without proof of insurance, DUI with a blood alcohol content of 0.08, Feb. 21.

Ross E. Deckert, 34, 16220 N.
7th St., Phoenix, Ariz., driving under the influence, driving with improper lighting, improper use of registration, driving without proof of insurance, driving with a suspended license, Feb. 23.

Revoked license

Donald M. Long, 51, 2204 Witchwood, Lindenhurst, driving with a revoked license, wanted on an in-state warrant, Feb. 23.

No valid license

Scott M. White, 20, 887
Hunters Lane, Libertyville, driving without a valid driver's license, driving without a seat belt on, driving without proof of insurance, transportation of open liquor, Feb. 19.

Ruben E. Hernandez, 29, 1445 Windsor, Carpentersville, driving without a valid license, speeding, Feb. 22.

Dillia Ciriaco, 29, 547 Butrick, Waukegan, driving without a valid license, driving with tinted windows, Feb. 24.

ROUND LAKE BEACH

Domestic battery

Richard A. Reibel, 42, 230 E. Churchill Court, Round Lake Beach, domestic battery, Feb. 25.

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Neighbors



Jim Foerster of Antioch

I grew up in: Antioch

My family:

Wife, Debbie, of 22 years; daughter, Lauren is 20 and a sophomore at Illinois State University in Bloomington-Normal; and Krissy is a senior at Antioch Community High School.

My pets:

Sad I have to say we put down our 16year-old poodle a few months ago.

Occupation:

Police chief

I graduated from:

ACHS in 1980 and Northwestern University's School of Police Staff and Command in 2005.

Hobbies:

Fishing, hunting, and hanging around NASCAR tracks with family and friends.

Last movie you saw: "The Departed"

My favorite band or music right now: Kenny Chesney

Last book I read:

"From Good to Great"

Favorite restaurant:

Binanti's Little Italy

Favorite meal:

Linguine in red clam sauce

Favorite place to shop:

Woodfield Mall

If I could have one super power it would be:

The ability to spread tolerance throughout the world.

My dream job:

I suppose I have it, but it would be any leadership position where I could have some type of a positive impact on co-workers' lives.

My dream car:

Any diesel extended 4-by-4 cab pickup truck

My pet peeve is:

Dishonest, phony people

 If you have a "Neighbor" whom we should profile in this column, call the Lake County Journals at (847) 223-8161, or e-mail antioch@weeklyjournals.com.

D-34 offers students counseling after second-grader's recent death

TAYLOR FAMILY

Continued from A5

Investigators have not yet with determined the speed of the background minivan when it crashed into in the snow plow, Ben said.

Everything that happened though, that night might still remain Harding a mystery, but at Antioch said Elementary School, the focus still struggled. was on Zach.

workers, psychologists, and other School District 34 staffers flooded the school on the Feb. 26 following the accident.

bled that morning to map out ent, or a great-grandparent, kids the day's activities, Harding Harding said. said.

Kids were offered counseling, teachers and social work-remembered ers visited classrooms, and Harding said. They also and the importance of allow-Harding spent time with wrote down things they loved ing oneself to feel hurt. Zachary's classmates.

A parent meeting was organized on Feb. 27 to help chalkboard with things about feel," Harding said. "When parents teach their children him," Harding said. "He was a you lose someone, it hurts."

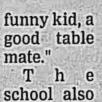
cope with death.

Even her grief counseling, she

"Every time [a death frozen in Harding said that social occurs], it brings up feelings you've had," she said. Several Harding years ago, Harding lost her s a i d grandson.

And many children related kids standtheir own stories such as los- ing silent, A crisis team was assem- ing a beloved pet, a grandpar- and hearing

The desk cleaning wasn't. the only way Faith's class workers and about the 8-year-old.



stood for a

moment of

silence in

Zachary K. Taylor

the gym.
"Talk about moment time," "Seeing the cry-

ing.' Harding said that social teachers Zachary, stressed the stages of grief,

"We're all very sad, and "We just filled the whole that's how we're supposed to



Brandy A. Taylor



Nikkole A. Taylor

— Local Digest

Easter parade

The Village of Antioch's Parks and Recreation Department is looking for residents to participate in its Easter Parade and egg hunt.

The parade begins at 10:30 a.m., on Saturday, April 7, with lineup starting from Skidmore Drive. The route ends at Williams Park, where the egg hunt will take place. No parking is available at the park, so parade participants are asked to arrange for rides back to the parking lot at Skidmore Drive.

Cost to get involved is free, and more information can be found by calling (847) 395-2160.

Bowling afternoon

The Exchange Club of Grayslake and other Lake County exchange clubs will host their annual Bowl-A-Thon for the prevention of child abuse from 10 a.m. to 2 p.m., on Sunday, March 18, at Bertrand's Bowling Lanes, 2616 Washington St., in Waukegan.

Donations and raffle items are being sought for the event. For more information, call (847) 223-4502.

Relay celebration

A start-up celebration to promote this year's Relay for Life will take place from 7 to 10 p.m. on Friday, March 9, at the Antioch/Lake Villa Township Center on 1625 Deep Lake Road in Lake Villa.

The celebration will inform residents of the American Cancer Society's biggest fundraiser, to take place on July 28-29 at Antioch Community High School. The event will be for those living in Antioch, Lake Villa, Lindenhurst, and Fox Lake. For more information, call

Becky Koman at (847) 356-4378 or Maggie Byrne at (847) 838-4648.

Green thumbs wanted

B.

The Beautification Committee is looking for those who enjoy gardening to help preserve Antioch's flower beds and planters. Those who want to volunteer should call Donna J. Bevan at (847) 395-1000 extension 14.





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I would read it anywhere

Township High School Superintendent Phil Sobocinski reads the Dr. Seuss classic, "Green Eggs and Ham" to firstgraders at Millburn School. Sobocinski was a mystery reader as part of Dr. Seuss

week.



Sandy Bressner - sbressner@nwnewsgroup.com

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Patch in some good news

Villages apply for dispatch grant

By TARA CLIFTON tclifton@nwnewsgroup.com

ANTIOCH - If all goes according to plan, Antioch's emergency dispatch center could get some much needed upgrades. And this would be good news for Lake Villa and Lindenhurst, too.

The three villages jointly applied for a Cy pres fund grant, which, if approved, would enable officials to upgrade telecommunications equipment, add a third dispatcher position, and make other tech-

Villa and Foerster said. serves Lake Lindenhurst.

than \$154,000, Foerster said. That money wouldn't be avail- Main and Orchard streets. able if it hadn't been for a law- According to www.cypressuit against a cell phone tax.

on cell phones because of the increased number of wireless calls to dispatch centers, Foerster said.

However, in 2002 a class victims as best as possible. action lawsuit was filed against to be unfair.

cell phone tax were ordered to the grant money.

nology improvements, said pay back 70 percent of the Antioch police chief James money, with 60 percent of the Foerster. Antioch dispatch funds going to dispatch centers,

·Because Antioch serves all Each town donated money three villages, Foerster said for the grant, totaling more that officials decided to put the money to the dispatch center at

funds.net, a Cy pres fund is used In 1997, Illinois placed a tax when it is impossible or impractical to distribute funds directly to the people harmed by an unfair situation. The courts decide how to compensate the

In this case, Foerster said the tax, and in 2005 it was found officials will have to wait several months before they know Towns that had collected the whether they will be awarded

Police still looking for robbery suspect

LAKE COUNTY JOURNALS

ANTIOCH - The Antioch Police Department is still hunting for a man who robbed a payday loan business.

on Feb. 22, to Advance America was injured during the incident. (847) 395-8585.

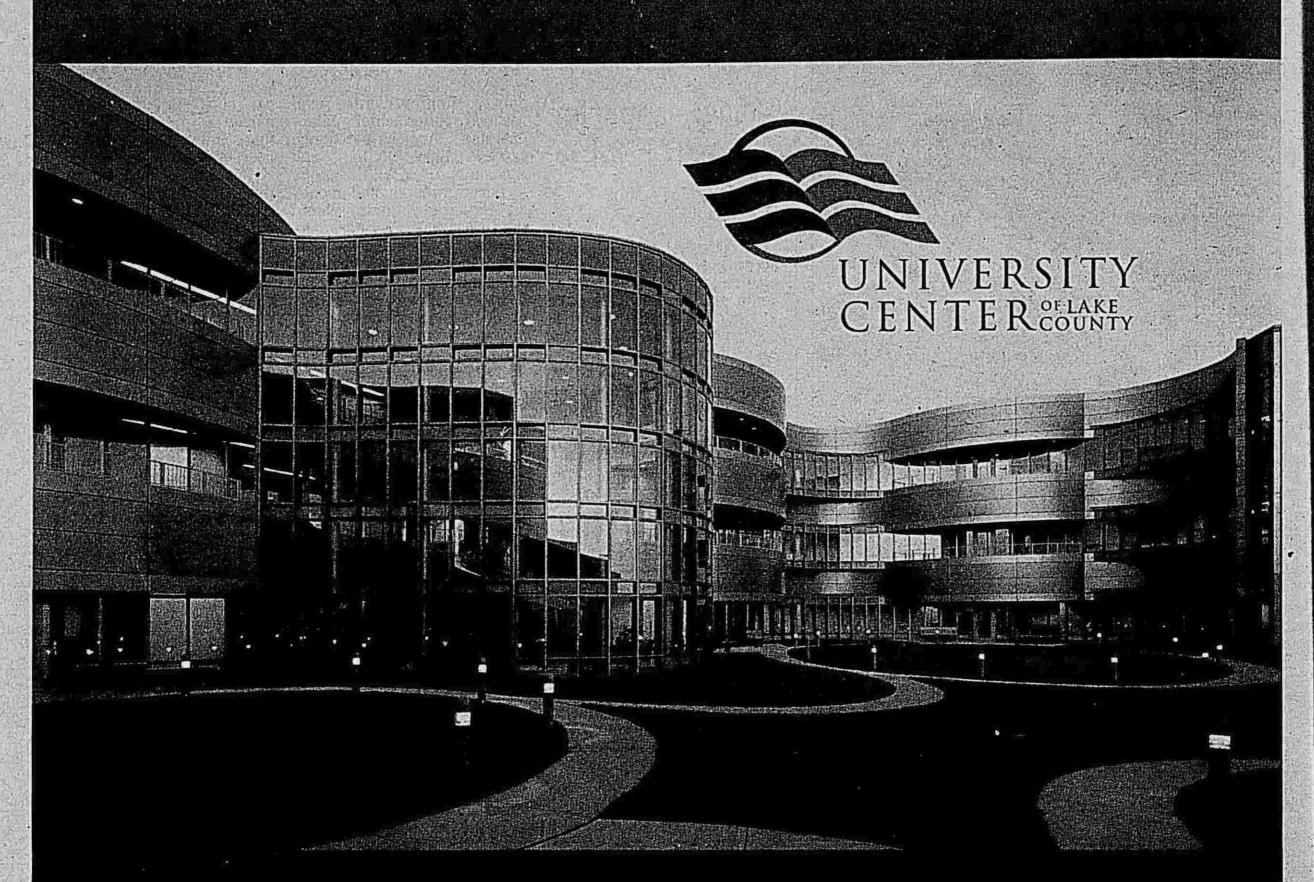
Cash Advance, 656 W. Route 173. A clerk said that a man demanded money and displayed what robbery, he was wearing a knit appeared to be a hand gun.

After she gave the robber an

Police are looking for a white male in his 20s. At the time of the cap, black jacket and blue jeans.

Anyone who has information unknown amount of cash, and in regards to the case can call the Police were called at 6:13 p.m., he ran from the scene. Nobody Antioch Police Department at





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AROUND TOWN

ARLINGTON HEIGHTS

 In The Mood Dance grand opening. 7-11 p.m., Sunday, March 4. Atlantis Banquets, 1273 E. Rand Rd. A new weekly dance venue, for singles or couples, with music from the '40s to the '80s. Ribbon cutting at 7 p.m. Admission is \$8. For more information. call (847) 531-5678 or visit www.inthemooddance.org.

 In the Mood Dance Birthday Party Dance. 7-11 p.m., Sunday, March Atlantis Banquets, 1273 E. Rand Rd. This monthly dance will celebrate those with March birthdays. Admission is \$8. For more information, call (847) 531-5678 or visit www.inthemooddance.org.

ANTIOCH

 Sub-committee meetings of Antioch Village Board. 7 p.m., first Mondays. Committee meetings of the whole follow at 8 p.m. in the Village Hall Board Room, 874 Main St.

 Antioch Planning and Zoning Board meeting, 7:30 p.m., second Thursdays. Municipal Building, 874 Main St. Call (847) 395-1000 to con-

 Bingo. 12:45 p.m., Mondays. The Senior Center. Call (847) 395-0139 for details.

 Bingo. 6:45 p.m., Tuesdays. Antioch VFW. Doors open at 4:30 p.m. Call (847) 395-5393 for more information.

• Pinochle. 12:30 p.m., Thursdays and Fridays. The Senior Center. Call (847) 395-0139 for details.

 Antioch Network of Friends **meeting.** 7 p.m., first Tuesdays. Community Building, 884 Main St., back entrance. A multiple sclerosis support group. Call Louise at (847) 395-1317 or Rachel at (847) 973-1808 for

 Take Off Pounds Sensibly meeting. 6 p.m., Wednesdays, weigh-in, 7 p.m. meeting. The Senior Center, 817 Holbek Dr. Call Dorothy at (847) 395-7407 or Betty at (847) 838-3907 for more information.

 AFFTER (Advocates for Fibromyalgia Funding, Treatment **Education and Research) support** group meeting. 10 a.m.-noon, first Saturdays. Antioch's Community Building, 884 Main St. Call (847) 362-7807 or go to www.AFFTER.org for more information.

 Kiwanis Club of Antioch meeting. Noon, Tuesdays. Petrucci's Italian Market & Cafe, 311 Depot St. The public is welcome to join and share experience, knowledge and service project ideas. Contact Melissa at (847) 489-8044, e-mail at mjrigoni@hotmail.com, or Larry Mondie at (847) 650-9530, email at brscoops@aol.com for more information.

• The Meeting House Museum. 11 a.m.-3 p.m., first Saturdays. See original

exhibit of photos and memorabilia from the Civil War through the Gulf War.

 Antique Bottle Club of Northern Illinois. 7:30 p.m., first Wednesdays. Antioch Senior Center, 817 Holbek Dr.

 Antioch Garden Club meeting. 6:45 p.m., first Mondays. United Methodist Church, 848 Main St. All are welcome. Call Debbie at (847) 395-4699 to learn more.

 Northern Lake County Quilters Guild meeting. 7 p.m., first Wednesdays. Antioch Township Center on Deep Lake Rd. north of Grass Lake Rd. Call Madelyn Anderson at (847) 651-8349 to learn more.

 Lakes Area Community Band rehearsal. 7-9 p.m., Mondays. Antioch Community High School band room. Area musicians high school age and older are welcome to join. No auditions. Call Debbie Davis at (847) 395-0272 to learn more.

 Open gym. 7-9 p.m., Sundays. Antioch Community High School. \$2. Adults only.

CRYSTAL LAKE

 Crystal Lake Toastmasters Club meeting. 8-10 a.m., first and third Saturdays at Amcore Bank Building, Rt. 14 and Pingree Rd. Develop your presentation and leadership skills. For information, call Steve at (847) 526-1525 or visit http://user.mc.net/-toast1.

FOX LAKE

 Business & Family Expo. 9 a.m.-3 p.m., Saturday, March 3. Grant Community High School, 285 E. Grand Ave. For more information, call (847) 587-7474 or visit www.discoverfoxlake.com.

 Big Hollow School PTO's 3rd Annual Spring Zing Gala. 6 p.m.midnight, Saturday, March 10. Maravela's, 4 S. Washington St. Tickets are \$50 per person, \$350 for table of eight, and include dinner, open bar, dancing and a live/silent auction. For tickets or donations, call Susan at (847) 997-1592.

 Leukemia-Lymphoma Society fundraiser. 6 p.m.-midnight, Saturday, March 10. American Legion Hall, Post 703, Rt. 12. \$2 donation reguested; children under 15 are free. Live music, DJ, raffles, cash bar, and food and drink for sale. For more information, call Rob Robinson at (847) 973-1637 or (224) 627-3768.

 "Build Your Own Spuds and Salads" fundraiser. 4-6 p.m., Sunday, March 11. Evangelical Lutheran Church of All Saints, 5800 State Park Rd. Tickets are \$5 and available at the church through March 4. Proceeds to toward Christian education events for youth. For more information, call (847) 587-7727.

GRAYSLAKE

Ground Covers" class. 7 p.m., Tuesday, March 6. Lake County U of I Extension Office, 100 S. Rt. 45. Learn the how, where, and what of selecting ground covers. The program is free, but advance registration is required. To register, call (847) 223-8627 or visit lake.extenstion.uiuc.edu.

• "Cherish the Ladies" concert. 8 p.m., Saturday, March 10. College of Lake County, James Lumber Center for the Performing Arts, 19351 W. Washington St. Traditional Irish music and dance in time for St. Patrick's Day. Tickets are \$26-\$36 for the general public and \$16 for CEC students. They are available at the CLC Box Office, by calling (847) 543-2300 or by visiting www.clcillinois.edu/tickets.

 CLC Wind Ensemble concert. 4 p.m., Sunday, March 11. College of Lake County, James Lumber Center for the Performing Arts, Mainstage Theatre, 19351 W. Washington St. Tickets are \$5 for the general public and \$4 for CLC students, alumni and seniors, and are available at the CLC Box Office, by phone at (847) 543-2300 or online at www.clcillinois.edu/tickets.

 Zurko's Antique Market. 8 a.m.-3 p.m., Sunday, March 11. Lake County Fairgrounds, Rts. 120 and 45. For more information, call (715) 526-9769 or visit www.zurkopromotions.com.

GURNEE

 Network Lake County meeting. 8-9 a.m., Thursdays. A business networking group meeting in Gurnee. Call Boyce Buckner at (847) 838-0058 to learn more.

 Lake County Chamber of Commerce networkers group meeting. 7:30 a.m., first and third Fridays. In-Laws Restaurant, 720 N. Milwaukee Ave. Call (847) 249-3800 for information.

 Daniel Wright Toastmasters Club meeting. 7-9 p.m., first and third Tuesdays. In-Laws Restaurant, 720 Milwaukee Ave. Members meet to develop communication and leadership skills. For more information, call Sam Valenti at (847) 722-2828, or visit http://danielwright.freetoasthost.org.

 Lake County Camera Club meeting. 6:30 p.m., peer-to-peer discussion and socializing; 7:30 p.m., meeting, first Fridays. Warren Township Center, east crafts room, in park on southwest corner of Almond and Washington. All skill levels, digital and film, welcome. Call Mike Ament at (847) 356-6937 (noon-6 p.m.) to learn more.

 Lake County Spinner's Guild meeting. 1:30-4 p.m., second Sundays. Warren-Newport Public Library. Enjoy the art of fiber spinning and meet fellow spinners. Call Carol at (847) 234-0778 or Chris at (847) 367-

HAINESVILLE Hainesville Great Age Club.

Varied times, first Tuesdays. Hainesville Village Hall. The group is for Hainesville residents, age 62 and older. For more information, call the village hall at (847) 223-2032.

INGLESIDE

· Grant Township Board meeting. 7 p.m., first and third Tuesdays. Administration Center, 26725 W. Molidor Rd. Call (847) 740-2233 to learn more.

 Grant Hall Museum. 1-4 p.m., Sundays. Fox Lake-Grant Township Area Historical Society, 411 Washington St. Admission free, donations accepted. For information, call (847) 587-0544 or mail P.O. Box 224, Ingleside, IL 60041.

LAKE FOREST

 Dramatic presentation of Daniel H. Burnham. 4-7:30 p.m., Saturday, March 3. Lake Forest Club, 554 N. Westmoreland Rd. Robert Lindsey portrays the architect of the "White City" as from the novel "The Devil in the White City." Presented by I-PLUS. Tickets are \$50 and include an open bar and light buffet. For more information, call Dawn at (847) 234-9509.

LAKE VILLA

 Tony Burroughs presentation, "Creating Order Out of Chaos." 2 p.m., Sunday, March 11. Lake Villa District Library, 1001 E. Grand Ave. This program focuses on how to organize family history documents. Burroughs contributed to "Finding Oprah's Roots." For more information, call (847) 356-7711.

 Lake Villa Plan Commission meeting. 7:30 p.m., first Wednesdays.

 Weigh to Win meeting. 7-8 p.m., Tuesdays. Calvary Christian Center, Monaville Rd. Call (847) 356-6181 to learn more.

 Lake Villa Take Off Pounds Sensibly meeting. 5:30 p.m., Wednesdays. Church of the Holy (847) 587-7710 or Debbie at (847) 687-5531 for details.

 MOMS Club of Lake Villa/Lindenhurst meeting. 9:30 a.m., Mondays. Lake Villa District Library, 1001 Grand Ave. Children welcome. For more information, call Erin Bearss at (847) 546-1545.

LIBERTYVILLE Spring Arts & Crafts Show. 10

a.m.-4 p.m., Saturday and Sunday, March 10-11. Libertyville Sports Complex, corner of Rt. 45 and Peterson Rd. For more information, contact the GLMV Chamber of Commerce at (847) 680-0750 or visit or fax (847) 223-8810 at least

LINDENHURST

 Lindenhurst Planning Commission meeting. 7 p.m., first and third Wednesdays. Village Hall Board Room, 2301 E. Sand Lake Rd. Call (847) 356-8252 to learn more.

 Free blood pressure screening. 8 a.m.-noon, Mondays. Victory Lakes Continued Care Center. Call (847) 356-5900 to learn more.

MCHENRY

 McMOMS-McHenry County Mothers of Multiples meeting. 7 p.m., second Thursdays, Nippersink District Library. All mothers or expectant mothers of multiples are welcome. Call Georgie at (815) 759-0760 for more information.

MUNDELEIN

 Bootscoot Bootcamp. 7 p.m., Tuesdays, from March 6. The Little Big Horn, 2061 W. Maple Ave. March classes are the Nightclub Two-Step, with UCWDC world champ Julie Hein. Lessons are \$15 per person, per class, or \$50 for four weeks. For more information, call (847) 502-7355 or visit BootscootBootcamp.com.

ROUND LAKE

 Free Blood Pressure Testing. 10:30 a.m.-noon, first Wednesdays. For seniors at the Round Lake Community Center.

 Big Brothers, Big Sisters meeting. 6:30-8 p.m., Mondays. Calvary Presbyterian Church, 510 Cedar Lake Rd. Call (847) 360-0770 for information.

ROUND LAKE HEIGHTS

 Round Lake Area Community Band rehearsal. 7-9 p.m., Tuesdays. Indian Hill School, 1920 N. Lotus Dr. New musicians and all instruments are always welcome. Call Christi at (847) 546-8558, ext. 422, to learn more.

ROUND LAKE PARK

 American Legion Post 1170 meeting. 7 p.m., second Thursdays. Family, 25291 W. Lehman. Call Cathy at 111 Main St. Open to public, new members are always welcome. Call the post at (847) 546-3512 for more information.

SPRING GROVE Spring Grove Village Board

meeting. 6 p.m., first and third Tuesdays. Council Chambers at the Municipal Centre, 7401 Meyer Rd. For more information, call (815) 675-2121:

· To submit an item to the Calendar, e-mail to wjcalendar@weeklyjournals.com, phone (847) 223-8161

Lindenhurst hospital plan gets more support

LAKE COUNTY JOURNALS

CHICAGO NORTH Residents of Lindenhurst, Lake Villa, Antioch, and other municipalities have shown support for Vista's plans to build a hospital in Lindenhurst.

But now approval has come from a neighbor a little farther

North Chicago's city council recently passed a resolution formally supporting plans to build a 140-bed hospital off Grand Avenue in Lindenhurst. The motion also supported Vista's pledged \$70 million investments in its two Waukegan campuses.

"Vista has been a good neighbor to the north and a faithful provider of health care emergency room, among other services for our residents for more than 100 years," North Chicago Mayor Rockingham Jr. in a press release. "That is why the city council has supported Vista's investments in Lake County."

Vista has been a good neighbor to the north and a faithful provider for more than 100 years.

Leon Rockingham Jr.

North Chicago mayor

letter of intent to the Illinois Health Facilities Planning Board to build a 215,000 square foot medical center in Lindenhurst. The \$99.8 million facility would house full radiology services and a modern features.

Vista also plans to develop Leon an open heart surgery program at Vista Medical Center East in Waukegan, and expand behavioral health services and inpatient rehabilitation at Vista Vista Health System filed a West.

Resident gets snowed in

By TARA CLIFTON tclifton@nwnewsgroup.com

ANTIOCH TOWNSHIP -Parking in a freshly plowed lot can sometimes be a problem. Many motorists find a short wall of snow packed up against the rear tires, making it difficult to back out of a space.

Lawrence Kramer has had the same problem lately. Except his wall of snow usually winds up in a parking space near his driveway.

Living at the end of Lake Shore Drive off Route 83, Kramer said that a three-foot pile of snow at the end of his driveway and parking space prohibits him from pulling out, and he often has to shovel himself out.

Kramer blames Antioch Township Highway Department snow plows, which he said push the snow haphazardly, and often let it sit in drive-

"We're getting tired of every year calling them about this," he said.

Commissioner Mark Ring way.



Sandy Bressner - sbressner@nwnewsgroup.com

Lawrence Kramer shovels the sidewalk of his home, on Loon Lake in the Loon Lake Subdivision. Antioch Township Public Works have now started plowing snow from the street and pushing it into the lake after Kramer complained about his driveway being blocked by the snow.

repeatedly.

Ring said he has visited driveways were much higher. Kramer's seasonal home repeatedly during the past several years, and each time finds a driveway that hasn't been shoveled.

When a Journals photogra-Kramer said he has phoned pher visited Kramer, there was Antioch Township Road no pile at the end of his driveIn fact, piles in neighbors'

Ring said the true problem is that Kramer wants to park along the road, but plows have to clear the road, pushing snow to its end.

"He has options," Ring said. "There's not a lot we can do."

Kramer just needs to shovel his driveway, Ring said.

I resulte to give snow showeling,

because I am moving to the VILLAGE AT VICTORY LAKES

How much better would your life be if you spent the same or less money each month, while never having to worry about redious chores like shoveling snow and raking leaves?

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Call (847) 356-4666 today or visit us on the web at www.victorylakes.org.





1075 Victory Dr., Lindenhurst, IL 60046

The Village at Victory Lakes is sponsored by the Franciscan Sisters of Chicago and belongs to the family of Franciscan Communities.

LAKE COUNTY

Other sections

ClassifiedB7 Page A13 LakeCountyJournals.com Friday, March 2, 2007

Building toward a brighter future

YouthBuild receives financial boost to continue efforts

By MATT PERA

mpera@nwnewsgroup.com

cant house that formerly stood funds would represent 80 perat 1816 Park Ave., was not in cent of the organization's any shape to for a family to call budget for 2007. home. North Chicago Mayor Leon Rockingham recalled the County-based international day that ropes were fastened to supplier of maintenance prodthe structure and city trucks pulled the whole thing down.

by the city to YouthBuild, a nonprofit organization for youth age 16 to 25 who dropped grams, which are geared toout of high school.

The program provides job tion for its students while helping them earn their GED and the 10th Congressional district. identify goals for the future.

ceive hands-on training by said. building affordable housing in the area.

A two-story home now standing on the property at 1816 Park Ave. is one of its current projects, and is slated to be comsummer.

what they're here to do with their education and their trainstood outside the home with YouthBuild students and facili-

Highland Park, secured \$700,000 family. from the U.S. Department of

Housing and Urban Development.

Laurel Tustison, YouthBuild NORTH CHICAGO - The va- executive director, said those

W.W. Grainger Inc., a Lake ucts, also was at the event to present a \$5,000 donation, along The land was then donated with tools and other construction supplies, to YouthBuild.

Kirk said YouthBuild's proward helping kids develop new job skills and earn their high training; life skills and educa- school diploma, made it one of the most valuable programs in

"That makes all the differ-Members of YouthBuild re- ence for this community," he

> Octavia Matthews, regional vice president of Grainger, said her company became involved with YouthBuild this year for the same reasons.

"When you look at what pleted at the beginning of the their focusing on with these young people - building life "It was created by kids that skills and ... getting real skills are dedicated and sincere about they can use in the work environment ... It's really investing in the young folks and the ing," Rockingham said as he youth for a brighter future," she said.

U.S. Rep. Mark Kirk, R. members of YouthBuild as a

"I really love this program lieve in that."



Sandy Bressner - sbressner@nwnewsgroup.com

U.S. Rep. Mark Kirk, R-Highland Park, and Alantae Cole, 17, who is a participant of YouthBuild Lake County, tour a home being built by YouthBuild. The home is located at 1816 Park Ave., in North Chicago. Kirk was at the home to present a \$700,000 Department of Housing and Urban Development grant.

and, to me, YouthBuild is like a second home to me, as well as a Safe Haven," she said. "When I come to YouthBuild, any problems that I might have at home seem to disappear."

Ed Polen, chairman of YouthBuild, said the progress on the house at 1816 Park Ave., along with development of the students in the program exemplified why the program is so ef-

Stephanie Rojas, 22, has been "It just goes to show what tators, along with a handful of a part of the YouthBuild pro- hard work will do for you," he elected officials on Feb. 21. gram since August. She said said. "If you persevere and if The gathering took place to she was close to completing re-you believe in what you're recognize two donations for quirements for her GED and doing, then you can do any-YouthBuild group here is a group of people who really be-



Sandy Bressner - sbressner@nwnewsgroup.com

had come to see her fellow thing and I think that this U.S. Rep. Mark Kirk, R-Highland Park, (second from left) presents a \$700,000 Department of Housing and Urban Development grant to members of YouthBuild Lake County on the site of a home they are building in North Chicago. YouthBuild Chairman Ed Polen is pictured on the far left.

Wauconda backs Advocate plan for hospital

By STEVE PETERSON

speterson@nwnewsgroup.com

WAUCONDA - Towns near the Round Lake site where Advocate Health Care

144-bed hospital at Route 120 and Wilson injured patients 24 hours a day.

would build a hospital are lining up to west corner of that intersection. The port for Advocate's plan at their meetings porting Advocate.

Wauconda Village Board voted unani- trauma center, providing immediate acmously to approve a resolution backing a cess to emergency services for seriously Board members have also approved a res-

The village boards of Volo and Fox

Fox Lake Fire Protection District olution of support.

Lake County Board member Bonnie The hospital would be at the south- Lake also were expected to consider sup- Thomson Carter, R-Ingleside, also is sup-

Parents share concerns about eating disorders

National Eating Disorders Awareness Week prompts talk of new laws

By EMILY PREVITE epreviti@nwnewsgroup.com

hair. Swollen face. Constipation: tended the Highland Park pro-Eroded tooth enamel.

Sound attractive?

Those are some of the side effects of eating disorders, including anorexia nervosa, bulimia nervosa, and binge-eating disorder, as well as disordered eating patterns that do not fit one diagnosis.

higher death rate than any take hold of something that re- lations for ANAD. other mental illness.

And, according to the National Institute of Mental said, her illness has has run "the Sanderson said. Health, they are the leading gamut." McFadden suffered cause of death among women from bulimia, between the ages of 15 and 24.

During a recent meeting at binge on food Highland Park Hospital, par- and then purge ents expressed concerns about their children's risk for develop- through diing eating disorders.

Three social workers from ing and exer-Northwestern cise - to try to Healthcare's Eating Disorders rid themselves Unit led the discussion, "An of the calories Overview of Eating Disorders," consumed. on Feb. 12.

The program took place two home and her weeks before the start of family, no one National Eating Disorders confronted her. Awareness Week, which runs through March 3.

Among them were a couple whose daughter had recently struggle, it doesn't happen. My and rapidly lost a significant story is no different." amount of weight, and a mother - A decade-long study by the tion. who expressed fears that her Highland Park-based National proactive precautions might not. Association for Anorexia ways] successful in taking sites be enough to protect her chil- Nervosa (ANAD) and Associated down, [Guardian] increases dren from social pressures and Disorders found the onset of an awareness of parents," might not be enough to protect eating disorder happened before Sanderson said. her children from social influage 20 in 86 percent of cases. ences and a biological predispo- Nearly half of them lasted for December 2006 by the American sition to disordered eating.

Case makes point

While Maggie McFadden was growing up, her parents were HIGHLAND PARK - Brittle concerned, just like those who atgram. McFadden, now 25, started struggling with anorexia - selfimposed starvation, basically -

> At her parents' urging, she got help, but continued to struggle during college.

"I think very stressful, especially, during my college years," Eating disorders have a McFadden said. "I was trying to ally became an addiction."

too. Bulimics often

uretics, vomit-

Away from

'Particularly bulimia can be prohibit publication of dangera very addicting disease," During the 90-minute meet- McFadden said. "I think that it ing, parents shared their sto- requires an intervention much lish photographs of scantily clad like someone addicted to drugs ... [but] for many people who

six to 15 years.

McFadden said it took three attempts at treatment before she succeeded. She completed the Highland Park-based outpatient program 18 months ago and has been "in recovery" for 18 months.

Now, McFadden runs a Web site for people who are in recovery from eating disorders.

World-wide wreck

I was trying to take hold

of something that really

became an addiction.

Maggie McFadden

Former eating disorder victim.

McFadden's site runs counter to the Pro-Ana/Mia movement. That term applies to Web sites, forums, blogs and videos that treat eating disorders as a lifestyle rather than mental illness, according to Keith Sanderson, director of media re-

"Typically, the people who Over the years, McFadden have the sites are suffering,

Through ANAD's Guardian

program, vol-unteers alert ANAD to the sites. ANAD staff then contacts webmasters, of whom roughly 90 percent agree the material violates terms of service, Sanderson said.

Those rules generally

ous information.

Pro-Ana/Mia sites might pubanorexics or rail-thin celebrities - often called "Thinspiration" or tips on how to purge or how to get diet pills without prescrip-

"Even though we're not [al-

A study published in

Help Available

Evanston Northwestern Health Care Eating Disorders Unit Highland Park Hospital 718 Glenview Ave. Highland Park, IL 60035 (847) 480-2617

National Association for Anorexia **Nervosa and Associated Disorders** P.O. Box 7 Highland Park, IL 60035

(847) 831-3438 anad20@aol.com www.anad.org

Steps, an online magazine www.steps-magazine.com

that almost 50 percent of parents of children with eating disorders did not know their kids had visited Pro-Ana/Mia sites, even though three-quarters of parents surveyed knew such sites ex-

A look at legislation

The need to balance freedom of speech issues prohibits legislating against Pro-Ana/Mia posts, Sanderson explained. But legislative measures are in the works to improve access to treatment for mental illnesses.

McFadden said insurance covered her treatment, but that she knows others who have had problems with the cost.

In the United States, inpatient cal procedures. treatment can cost up to \$2,000 a day; outpatient treatment might cording to the South Carolina Department of Mental Health.

And maintaining recovery might require lifelong therapy.

According to the U.S. Accountability Government

Academy of Pediatrics found paign began to prepare for the in- law requires.

Prevention points

Education heads off eating disorders at the pass.

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2. Eating disorders afflict men and women. For men, that can include steroid use. Men can help to thwart eating disorders by avoiding objectification of women.

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 Information provided by the National Eating Disorders Association.

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Frigid temps no problem for 'cold weather freaks'

Some residents endure winter chills better than others

By DENYS BUCKSTEN winews@nwnewsgroup.com

Scientists, medical researchers and mer day game at Wrigley Field.

We can only shudder as the wind chills dip to minus 30 and we see cold weather freaks dressed as if headed for a late sum-

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Jonathan Piotrowski, 9, is one of these no-coat kids - when he can get away with it.

"I don't need a coat when it's over 40 hot-blooded mammals do walk among us. polar bears of the human race. : . . . Jonathan. "I don't need 'gloves 'and' I'll

Most cold weather freaks began as kids wear a hat only if it's really bad outside."

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See WINTER, page A20

Read to succeed



Sandy Bressner - sbressner@nwnewsgroup.com

State Rep. Kathy Ryg, D-Vernon Hills, reads a story to first-graders at Fairhaven School in Mundelein. Classroom helper for the day, Star Trelford (top left) looks on. Ryg, along with other members of the community, participated in the school's Celebrity Readers program.

Police: Murder suspect confesses

By KATHY GRESEY

kgresey@nwnewsgroup.com

Murder defendant John D. Dean Jr. is scheduled to appear March 15 at the Lake County Courthouse for a preliminary hearing.

Police say the Gages Lake man confessed to killing his wife, Nadine. The admission came as police questioned him before he appeared in court for a bond hearing on Feb. 21.

According to Assistant State's Attorney Brett Henne, Dean, 56, admitted he stabbed Nadine "several times" before he fled their home, 33593 N. Oakland Drive, on Tuesday,

Dean was arrested in Waukegan shortly before 9 p.m. that Tuesday after he reportedly drove away from his house in Nadine's 1999 Mitsubishi Mirage.

abandoned near Linden and said.

"We received a tip that Dean had been at a gas station," Sgt. Christopher Thompson said. the man."

While at Jacobs Marathon in Waukegan, Dean had asked an employee of the station to call him a cab, officials said.

The gas station employee

later notified police that Dean was headed toward 300 Lake St. in Waukegan, Thompson said.

A Waukegan officer spotted Dean after he got out of the cab, according to police. Then the County -Sheriffs Lake Department arrested him.



John D. Dean Jr.

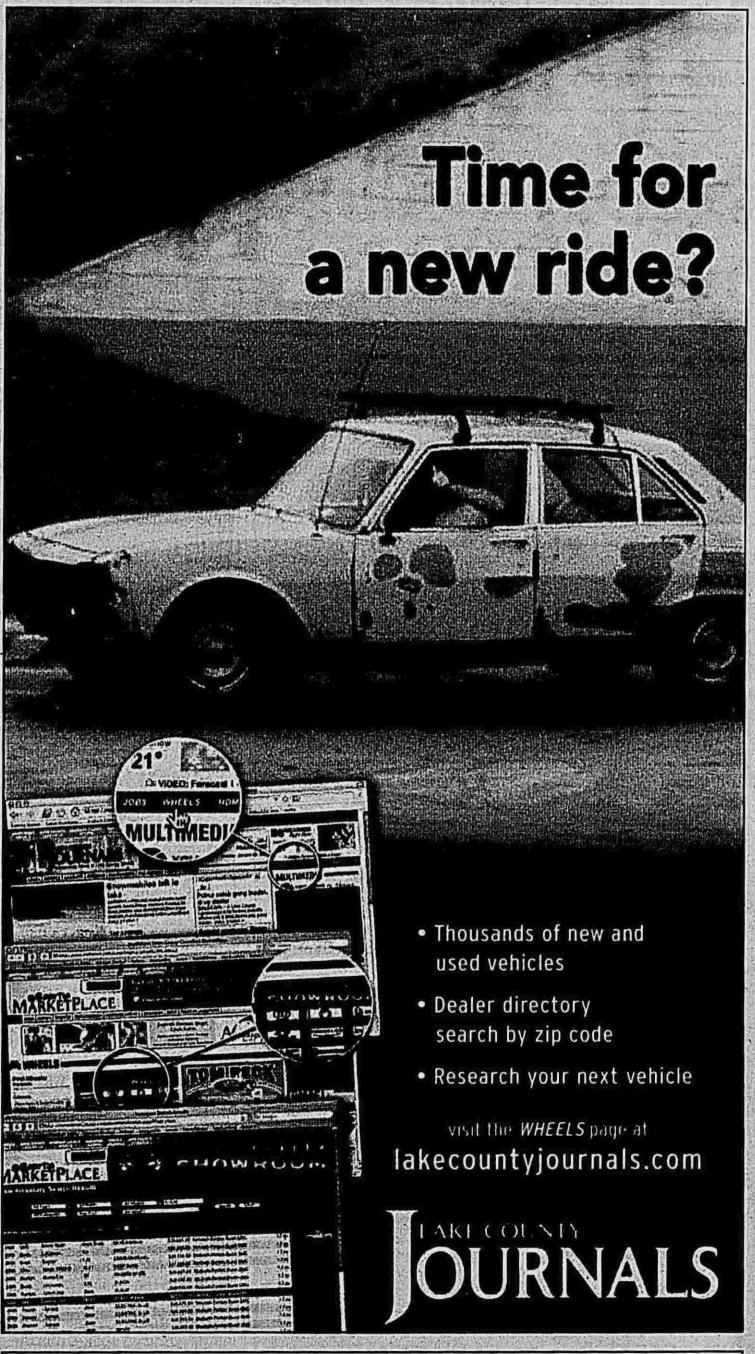
The sheriff's department had been looking Dean since his wife had been discovered fatally stabbed Gages Lake. Nadine was pronounced dead

at 8:14 a.m. on Feb. 21, after she had been taken to Condell Medical Center in Libertyville, Coroner Richard Keller said.

While police were searching for Dean, Judge Valerie That car was later found Ceckowski issued a first-degree murder warrant for his arrest Golf roads in Waukegan, police and set bond at \$10 million. Dean's bond remained the same when he appeared in court last

Police had considered Dean "[The caller] felt that this was armed and dangerous during their search, Thompson said. But no weapon was found on Dean during the arrest.

> Reporters Toya Webb and Jillian Compton contributed to this report.



LakeCountyJournals.com

Parents share concerns about eating disorders

National Eating Disorders Awareness Week prompts talk of new laws

By EMILY PREVITE epreviti@nwnewsgroup.com

hair: Swollen face. Constipation: tended the Highland Park pro-Eroded tooth enamel.

Sound attractive?

fects of eating disorders, including anorexia nervosa, bulimia nervosa, and binge-eating disor- got help, but continued to strugder, as well as disordered eating gle during college. patterns that do not fit one diagnosis.

higher death rate than any take hold of something that re- lations for ANAD. other mental illness.

And, according to the National Institute of Mental said, her illness has has run "the Sanderson said. Health, they are the leading gamut." McFadden suffered cause of death among women from bulimia, between the ages of 15 and 24.

During a recent meeting at binge on food Highland Park Hospital, par- and then purge ents expressed concerns about their children's risk for develop- through diing eating disorders.

Three social workers from ing and exer-Northwestern cise - to try to Evanston Healthcare's Eating Disorders rid themselves Unit led the discussion, "An of the calories Overview of Eating Disorders," on Feb. 12.

The program took place two home and her weeks before the start of family, no one National Eating Disorders confronted her. Awareness Week, which runs through March 3.

Among them were a couple ... [but] for many people who whose daughter had recently struggle, it doesn't happen. My and rapidly lost a significant story is no different." amount of weight, and a mother . A decade-long study by the tion. her children from social influing age 20 in 86 percent of cases. ences and a biological predispo- Nearly half of them lasted for December 2006 by the American sition to disordered eating.

Case makes point

While Maggie McFadden was growing up, her parents were HIGHLAND PARK - Brittle concerned, just like those who atgram. McFadden, now 25, started struggling with anorexia - self-Those are some of the side ef- imposed starvation, basically at 13.

cially, during my college years," Eating disorders have a McFadden said. "I was trying to Sanderson, director of media really became an addiction."

too. Bulimics often

uretics, vomitconsumed.

Away from

"Particularly bulimia can be prohibit publication of dangera very addicting disease," During the 90-minute meet- McFadden said. "I think that it ing, parents shared their sto-requires an intervention much lish photographs of scantily clad like someone addicted to drugs

who expressed fears that her Highland Park-based National proactive precautions might not. Association for Anorexia ways] successful in taking sites be enough to protect her chil- Nervosa (ANAD) and Associated down, [Guardian] increases dren from social pressures and Disorders found the onset of an awareness of parents," might not be enough to protect eating disorder happened before Sanderson said.

six to 15 years.

McFadden said it took three attempts at treatment before she succeeded. She completed the Highland Park-based outpatient program 18 months ago and has been "in recovery" for 18 months.

Now. McFadden runs a Web site for people who are in recovery from eating disorders.

World-wide wreck

McFadden's site runs counter to the Pro-Ana/Mia movement. At her parents' urging, she That term applies to Web sites, forums, blogs and videos that treat eating disorders as a "I think very stressful, espe- lifestyle rather than mental illness, according to Keith

"Typically, the people who Over the years, McFadden have the sites are suffering,'

Through ANAD's Guardian

program, volunteers alert ANAD to the sites. ANAD staff then contacts webmasters, of whom roughly 90 percent agree the material violates terms of service, Sanderson said.

Those rules generally

ous information.

66

I was trying to take hold

of something that really

became an addiction.

Maggie McFadden

Former eating disorder victim

Pro-Ana/Mia sites might pubanorexics or rail-thin celebrities - often called "Thinspiration" or tips on how to purge or how to get diet pills without prescrip-

"Even though we're not [al-

A study published in

Help Available

Evanston Northwestern Health Care Eating Disorders Unit Highland Park Hospital 718 Glenview Ave. Highland Park, IL 60035 (847) 480-2617

National Association for Anorexia Nervosa and Associated Disorders P.O. Box 7

Highland Park, IL 60035 (847) 831-3438 anad20@aol.com www.anad.org

Steps, an online magazine www.steps-magazine.com

that almost 50 percent of parents of children with eating disorders did not know their kids had visited Pro-Ana/Mia sites, even though three-quarters of parents surveyed knew such sites existed.

A look at legislation

The need to balance freedom of speech issues prohibits legislating against Pro-Ana/Mia posts, Sanderson explained. But legislative measures are in the works to improve access to treatment for mental illnesses.

McFadden said insurance covered her treatment, but that she knows others who have had problems with the cost.

In the United States, inpatient treatment can cost up to \$2,000 a day; outpatient treatment might require \$100,000 to complete, according to the South Carolina Department of Mental Health.

And maintaining recovery might require lifelong therapy.

According to the U.S. Government care plans limit coverage of mental health and addiction

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LakeCountyJournals.com

Friday, March 2, 2007

Contact us / Mail: 34121 N. Route 45, Suite 224, Grayslake, IL 60030

Phone: (847) 223-8161 E-mail: wjnews@nwnewsgroup.com

Our View

School funding needs total fix

A new proposal to fund education in Illinois would shortchange Lake County.

House Bill 750 would increase the state income tax to allow for a decrease in property taxes. The plan also would impose a sales tax on services such as hair cuts and lawn care.

This is not the first such tax swap plan to be proposed. And like the others, it has all the earmarks of a shell game.

The biggest problem with such proposals always has been that they do not provide enough property tax relief.

The result is that areas with higher incomes, such as Lake County, end up paying more in taxes.

Tax swap supporters continue to ignore the fact that . addressing revenue is only one part of the needed solution. The other is dealing with a huge spending problem ful spending must be part of in education.

Any tax swap plan that ignores the gross inefficiencies in Illinois public education should be a nonstarter.

One change that should be considered involves countywide school districts.

Illinois is littered with tiny school districts that employ entire administrations to oversee paltry enrollments for one or two schools. County-wide districts could provide efficiencies and eliminate scores of highly paid administrative positions.

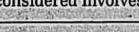
Relying so heavily on property taxes as Illinois does is, obviously, not the best way to fund education in Illinois. Some school districts depend on property taxes for as much as 90 percent of their funding.

But any talk of reform must be all inclusive.

The goal cannot simply be to boost revenue for schools at the expense of taxpayers without taking a long, hard look at how schools are run and how existing tax dollars are spent.

The elimination of wastethe discussion.

Unfortunately, we keep getting these tax swap plans that simply try to collect more tax money and soak suburban taxpayers for the benefit of Chicago.



Correction

Lake County Journals, a story Advocate on Lake Forest Hospital's plan Campbell is the president of to expand its emergency facili- Advocate Lutheran General

In the Feb. 23 issue of the Campbell as the president of Health Care. identified Bruce C. Hospital. We regret the error.

Letters to the editor

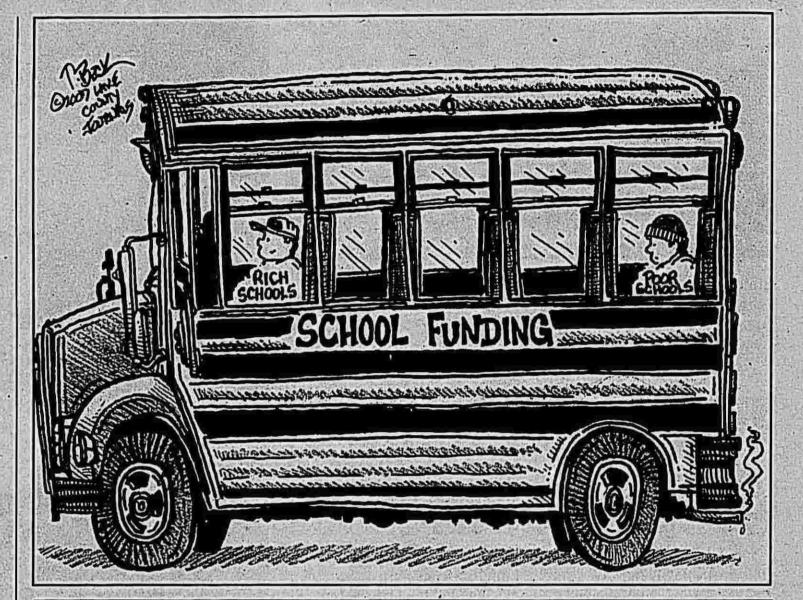
We welcome original letters on public issues. Letters must include the author's full name, address, and day and evening telephone numbers. Keep letters short; no more than 300 words. All letters are subject to editing for length and content.

Submit letters by:

- E-mail: wjnews@nwnewsgroup.com (attachments not accepted)
- Mail: Lake County Journals, To the Editor, P.O. Box 268, Grayslake IL 60030
- Fax: (847) 223-8810
- Drop-off: 34121 N. U.S. Highway 45, Suite 224, Grayslake

Visit LakeCountyJournals.com to read more letters.





Seeing it Through

Teachers are foundation of the future

At this time of the year, we hear the usual refrain that the legislature is not doing enough to fund education.

We can always do better because our future depends so much on quality education of our youths.

Some people argue that no matter how much money is spent on education, positive results don't match the increase in spending.

Why is it then that the suburban school districts, which are able to spend more local funds toward education, receive the highest results in education performance?

I get tired of those who say that teachers are overpaid. I tire, too, of those who make teachers the punching bags in the debate about the quality education. How many times have you heard that teachers are the sole cause of school strikes?

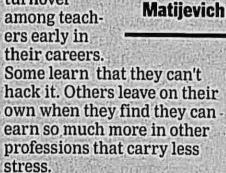
The truth is that teachers loathe going on strike; it is the last resort to settle a collective bargaining Impasse.

How many times have you heard that teacher tenure is a

lifetime guaranteed employment act for teachers? Teacher tenure means that a teacher. after serving a probationary period, cannot be fired except for cause established through due process.

Very few tenured teachers

are fired. which leads critics to argue that tenure protects poor teachers. What they never admit to is the high percentage of turnover among teachers early in their careers.



John S.

Effective school administrators are quick to find weaknesses among young teachers and work to improve them. If

that fails, they work with them to find other positions of employment. Why punish people by putting a fired label on the résumés when they have the talent to excel in other fields?

Teaching is work - hard work. I found that out years ago when I was asked by a teacher and friend of mine to fill in for him at a high school. After that day's work, I was beat out. stressed out, and had a greater appreciation for all that teachers endure.

I also learned first-hand about teachers' loyalty to their professions. Two of my sisters totaled more than 75 years as teachers, and I don't know how many of their students that I met in later years who thanked me for their public service.

One day, I asked my sister Mary how much she earned. when she was hired as a teacher in 1940. It was \$1,000 a year; that's a year, not a month.

Teachers have been professionals in the truest sense of the word.

See MATIJEVICH, page A18

Snapshot

Your thoughts on this week's hot topic

"What do you think should be added to the seven wonders of the world list? Why?"



"The Grand Canyon, just because it's awe-inspiring. Dawn Cassiday Spring Grove



dom of fish species off the coast of Indonesia." **Kevin Purcell** Wauconda

Reef that's a king-



"Love because you can't describe it, you know." **Jennifer** Glosson McHenry



"Jerusalem, because of all the things that have happened there." Peter · Cunninghan Island Lake

- Partylines compiled from staff reports

Compromise sought in Volo tower dispute

Proposals are under consideration to resolve the Volo and Lake County Forest Preserve tussle about a water tower location.

Forest preserve officials objected after learning Volo had a water tower and other building and wells placed 16 feet onto a forest preserve easement. The site totals 60 acres.

Volo Village Board President Burnell Russell said he was against having village funds pay to remove the water tower.

When pressed by audience member Richard Hartman, Russell said, "I take responsibility for this."

After some discussion by the Village Board, Russell decided that a press release would be issued to explain steps that the village had taken to alleviate the situation.

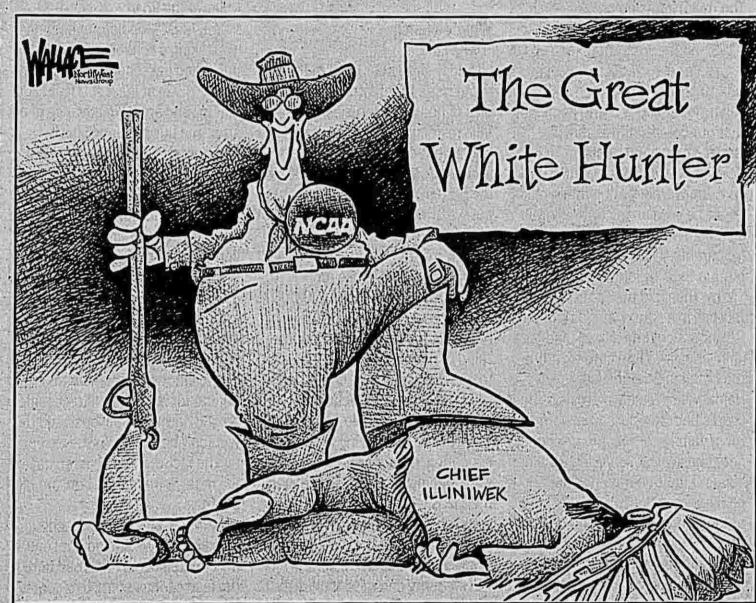
"The village staff has determined that there are three accessible alternatives, which the village staff will present to forest preserve staff, and the forest preserve staff to the forest preserve board for a final determination," the statement read. "Providing meeting in Libertyville. portable water to village residents is an essential and critical Advocacy group re-elects Schmidt function of a municipality."

Chris Miller, of the planning firm Ralph Campbell and

around a future water treatment county governments. facility.

and future Volo Village Hall is near future Symphony Meadows Kane, and Autumn Grove subdivisions off Fish Lake Road and south of Route 120.

Preserve's Land Acquisition and by the organization. Preservation Committee could discuss the matter at its March 8 ident of the group in 2005 by a dency of Metro Counties, Lake



Lake County Board Chairman Suzi Schmidt has been re-elected to a second term as President of Associates, had suggested three Metro Counties of Illinois, a lobbying organization that supports The preferred plan would and conducts educational and move the Lake County Forest legislative activities promoting Preserve's Millennium Trail common interests of Illinois

The Metro Counties organiza-The site for the water tower tion county members are Cook, DeKalb, DuPage, Lake, Will, Madison, Kendall, McHenry, McLean, St. Clair, Tazewell and Winnebago.

More than 80 percent of the The Lake County Forest state's population is represented

Schmidt was first elected pres-

vote of the chief elected officials from the counties that comprise strong voice in the decision makthe group's membership.

"The re-election of Schmidt to serve as president of Metro Counties is a vote of confidence in her leadership capabilities," Robert Schillerstrom, DuPage County Board chairman, said in a statement. "Her peers in county government in the Metro Counties organization are confiwith vision and determination."

Schmidt voiced her support re-elected.

"Metro Counties is an imporcounty governments on the state excited that through the presi-

County will continue to have a ing of state and federal legislators."

Judges panel selected

Cynthia Y. Cobbs, director of the administrative office of the Illinois courts, announced that the 19th Judicial Circuit judges had chosen David P. Brodsky, Thomas M. Schippers and Daniel dent she will continue to lead us B. Shanes as associate judges for the 19th Judicial Circuit.

Brodsky received his underfor the organization after being graduate degree in 1982 from Western Michigan University, Kalamazoo, Mich., and his law tant voice for the larger Illinois degree in 1985 from Chicago-Kent College of Law, Chicago. He is afand federal level," she said. "I'm filiated with the Lake County public defenders office in Rampale at SWALCO, (847) 336-Waukegan.

Schippers received his undergraduate degree in 1984 from Northern Michigan University in Marquette, Mich., and law degree in 1993 from Loyola University in Chicago. Schippers has been affiliated with Dudley & Lake LLC, in Libertyville.

Shanes received his undergraduate degree in 1989 from the University of Iowa in Iowa City, Iowa, and his law degree in 1993 from DePaul University in Chicago.

Shanes is affiliated with the Lake County State's Attorney's office in Waukegan.

Ryg's office will recycle gym shoes

State Rep. Kathy Ryg, D-Vernon Hills, announced her district office in Vernon Hills will be a drop-off center for the "Reuse-A-Shoe" recycling program in celebration of Earth Day on April

Used athletic shoes are collected and sent to a Nike facility. where they will be ground up and recycled as gym floors, running tracks, and safe playground surfaces. Last year, more than 30 groups collected more than 13,000 shoes in Lake County. The Solid Waste Agency of Lake County and Waste Management Recycle America are co-sponsors of the program in Lake County.

Shoes may taken to Ryg's district office, 50 Lakeview Parkway, Suite 114, in Vernon Hills until Friday, April 20. Business hours are 9 a.m. to 5 p.m. Monday through Friday. All brands of clean, dry athletic shoes, except those with cleats or spikes, will be accepted. Remove zippers and metal eyelets before dropping the shoes off.

Other organizations interested in serving as a drop-off point should call Merleanne 9340.

Letters to the Editor

Advocating for Advocate To the editor:

Residents in western Lake County have long needed access to a hospital that will provide quality care. As your local County Board Commissioner, the lack of health care in our area has been a major concern for me, as well as you. We see the population explosion in our communities and recognize more is on the way. We appreciate the need to arrive at a hospital in a safe reasonable time.

I want to express my enthusiastic support for Advocate Health Care's plan to construct a new, 144-bed acute care hospital at the intersection of Route 120 and Wilson Road. This proposal for a state-of-the-art hospital directly responds to our community's critical need for increased access to health care in northwest Lake County.

There are other hospitals that are interested in serving our needs. But it's not just enough to say, "I support the hospital closest to me." A much better approach is to focus on the need for high-quality health care and evaluate who can provide

Advocate Health Care can, and has already, brought quality care to Lake County residents through two of their existing hospitals: Good Shepherd and Lutheran General. They are ranked among the nation's top integrated health care systems in the country, are a leader in providing emergency care through level I and level II trauma centers, have a reputation as a provider of high-quality care and are fiscally sound. They are leaders in patient care and are well known for their exceptional child care at Lutheran General. They have one of the most successful open-heart surgery services in the region at

Good Shepherd Hospital and are recognized by Healthgrades as having the highest quality cardiac surgery program in Illinois.

We must support the hospital that brings with it an outstanding reputation, service quality and achievement. We must take an active part to bring those services closer to our homes by participating in the process during the future public hearing.

Bonnie Thomson Carter Lake County Board, District 5

Too much information

To the Editor:

"Sex-abuse arrest puts focus on Web safety" (Grayslake Journal, Feb. 16, 2007) gave parents a sobering reminder of the dangers that our communities' children face from online predators. The article offered valuable resources for spotting warning signs that a child might be coming in contact with an unknown adult online and ways for parents to stay vigilant in protecting their children.

Why, then, did the Grayslake Journal, five pages later, print in the Neighbors column a road map for a child abuser to find cute-as-a-button Meghan Strawniak of Hainesville? You have provided this child's photograph, name, hometown, family composition, school, pets - basically everything a child abuser might need to find her and gain her confidence - certainly far more than would be found in the occasional photograph and caption of a child in a school or community-related activity.

I can understand how a proud, loving parent - thinking only of pasting such a wonderful memento into a scrap book - might sign a release without considering the

frightening risk that this might put their child into, but doesn't media also have an obligation to stay vigilant in protecting children?

We in Lake County like to think that we live in safe communities, but the case of sexual predator Michael Macalindong reminds us that we do not. I hope that Grayslake Journal and NorthWest News Group might in the future consider its place in helping us all protect children like Meghan.

David Scott Grayslake

What's a family

To the Editor: I find it quite ironic that in the

same issue that features the struggles of homeless families, a Lake Villa resident is quoted as saying, "I don't want condos across from our house, I don't want homes that go for \$150,000. What kind of people are we bringing in? It's not a family atmosphere to me."

What makes a family? Someone who can afford a house for \$155,000? \$200,000? \$400,000? Where do we draw the line between acceptable people and the "kind of people" Ms. Lane objects to so strongly?

Let's define this special, threatening category of people. What are their faults? Not having a college education, perhaps? Bad luck? Dark skin? Deciding to spend time with their kids rather than letting them languish while they work doubletime in pursuit of the almighty new, single-family suburban home?

Our county can raise money for Africa, as Libertyville High School is so ably doing. We can also pool our resources to help the many homeless men, women, and children in our backyard. But until we are willing to lay down our prejudices and comfort to accept those that might not fit into our ideal "atmosphere," we will have accomplished very little indeed.

Tania Runyan Lindenhurst

Safety reminder

To the Editor:

It seems to me that a reminder is in order regarding what to do when driving a car and a school bus is stopped in the opposite lane. Here is a quick refresher from the Illinois Rules of the Road:

"You must stop before meeting or overtaking a school bus loading or unloading passengers. A warning will be given at least 100 feet (200 feet in rural areas) in advance of a stop. The bus driver will flash amber and red lights on the front and rear of the bus. The stop signal arm will be extended after the school bus has come to a complete stop. You must then come to a complete stop. You must remain stopped until the stop signal arm is no longer extended and the flashing lights are turned off or the driver signals you to pass."

Are people's lives so busy that they cannot stop their car for one minute for my children to get safely on and off the school bus? And this wouldn't be such an issue except for the fact that my children have to cross the road to get on and off the bus.

Every day I watch approaching cars like a hawk and do not send my children across the road until the lead car has come to a complete stop. And there are some drivers who don't even stop, yet keep creeping forward slowly so that they can keep moving and not waste a minute of their time.

I guess there's nothing more to say or do because my children have countless school days ahead of them. Please feel free to share this information with family. friends, and co-workers.

Bonnie DeBoer Wauconda

From the family of Alex Richardson To the Editor:

Our family has been devastated. by the tragic snowmobile accident that took our precious son and brother, Alex.

We are in awe of the number of friends, family, teachers and community members who honored Alex and our family by attending Alex's services. We would like to thank everyone in the community for their support, thoughts, prayers, kind words, flowers, food and their donations to GCHS Athletic Boosters in Alex's name during this extraordinarily painful

We are so unbelievably touched by the outpouring of love and support that we have received from the community. Never will we be able to express our gratitude for all that everyone has done for us during this very difficult time. Thank you all for sharing with us how Alex touched your lives.

We have always been proud of Alex, but we are even more proud of him after learning how he had helped and loved others. We are comforted by the knowledge that Alex had so many people who cared for him, yet we are even more comforted in knowing that Alex will forever live in your and our hearts.

Pat, Carol & Patrick II Richardson Grayslake

Tenure policy protects veteran teachers from budget influence

MATIJEVICH

Continued from A16

That made it even more difficult to elevate to higher salaries and employment rights. They thought that it was beneath their profession to join unions. It was only when they realized that, unlike other public employee professionals, they had no right to binding arbitration. They also realized their pay scales stayed at rock bottom.

When teacher salaries became de-

cent, along came misconceptions about teacher tenure. It was easy to blame teachers for everything.

Teachers need to be protected, not maligned.

Teacher tenure, rather than a means to protect incompetent teachers, can be protection for competent teachers. Otherwise, they would be at the mercy of school boards or administrators who might like to fire older, experienced teachers so they could hire new, younger teachers at less cost. Shouldn't teachers, like other professionals and workers, be

exalted for their experience, rather than punished by early retirement schemes?

A school administrator once confessed to me that he thought he was doing the right thing by hiring newer teachers instead of retaining the experienced ones. It was a budget decision.

He said to me: "I wish that I had some of those older teachers back; they learned to teach by experience, and you can't beat that."

Every day of our life, through life's experiences; we learn something. We owe a debt of gratitude to teachers

whom teach our children, not just scholastically, but with life and living. Rather than placing so much emphasis on standardized testing, let's give credit to teachers who lead their students to become better people.

Instead of berating teachers, let's give them the latitude to become real teachers. Above all, let's give them the protection to do their job. They are the bulwark of our future.

 John S. Matijevich writes a weekly column for the Lake County Journals.

Page A19 LakeCountyJournals.com Friday March 2, 2007

HEALTHWATCH

LAKE COUNTY HEALTH DEPARTMENT/ **COMMUNITY HEALTH** CENTER

Health Department offers Caregiver Support Group

The Lake County Health **Department and Community** Health Center offers a free, ongoing support group for caregivers. To qualify for this group, you must regularly care for or about a person who is 60 and older. This group is also for persons 60 or older who are raising a grandchild. The support group meets every Wednesday. It is helf from 1:30-3:30 p.m. at the Warren Township Senior Center, 17801 W Washington Street, in Gurnee.

Caregivers often feel stress as they help others who are unable to manage on their own. The meetings help participants create more balance in their lives. The meetings provide support, information on resources available and fellowship. At each meeting there is time for group discussions in which participants share issues, experiences and suggestions on what may or may not work in a certain situation. The support group meetings are free. For more information, please call the Lake County Health Department at 847-377-8310.

Low cost health care programs available

The Lake County Health **Department and Community** Health Center offers several programs to pregnant women, mothers and children who live in Lake County. Fees for services are assessed based on the services needed, with adjustments made depending on the individual or family income. Third party billing for Medicaid or Medicare is available. No one is denied services due to inability to pay.

The Special Supplemental Food Program for Women, Infants, and Children (WIC) provides nutrition education and supplemental foods to mothers and their children under the age of 5. For appointment, call 847-377-8420.

Making your surgery safer

from any hospital. News on every network and in major newspapers report frightening statistics on hospital acquired infections. According to an Institute of Medicine report, more than 90,000 Americans acfection they acquired while in the hospital. A large percentage of those infections are related to as common as a tonsillectomy.

There is good news. There is plenty that you, as a patient, can do to protect yourself and healthcare, government, and patient advocacy organizations are banning together to help you learn what to do. One such Improvement Project (SCIP), has set a goal to reduce surgical complications by 25 percent by 2010. SCIP also announced a national consumer education campress conference this year.

"Ultimately healthcare is an active collaborative partnership with an essential part for all of us to play. We appreciate the goals set by SCIP, ¶and are proud to join the effort to build a better healthcare system to provide better healing for our patients, our loved ones and our country," U.S. Heath and Human Services Secretary Mike surgery safer Leavitt said at the event.

Major advocacy groups such as AARP and even medical manufacturers were on hand pledgmanufacturer and distributor of medical supplies was at the announcement.

only our industry, but to our families. We've made an enormous investment including not only awareness and education but in research, development and distribution of medical products that we are confident will help make surgery safer," surgery, when will I receive the cuts on the skin. said Medline President Andy

FDA clearance on one such gery and should be stopped product called RF-Detect. RF- within 24 hours in most cases. Detect, a patented detection sysuser when RF-tagged surgical getting an infection.

It's enough to scare you away disposables remain in the patient before closing procedures. Retained surgical sponges, a leading safety concerns in operating rooms today, is one surgical complication that can and should be eliminated.

According to a study in the tually die each year due to an in- New England Journal of Medicine, retained surgical sponges occur at an estimated rate of 1 of every 1000 to 1,500 surgeries - surgery sometimes intra-abdominal operations. This type of incident can lead to serious complications including infection and even death.

Until RF-Detect, counting was the only mechanism for preventing sponges from being left in patients. The counting system is time consuming, subject group, the Surgical Care to human error and exposes staff to potentially hazardous material. Studies have shown that in more than 80 percent of surgeries with a retained foreign body, the count had been paign at a Washington, D.C. recorded as correct. The RF system provides an additional layer of safety for patients undergoing surgical procedures.

> "The need for systems and advanced products to improve these statistics is important to everyone involved - the patient, physician, hospital and insurance companies," said Mills.

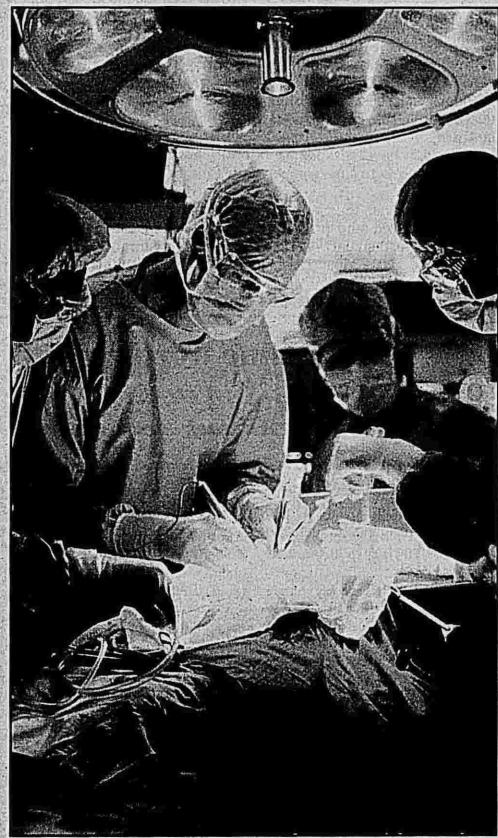
What you can do to make Talk to your surgical team.

You can help lower your risk for problems from your surgery by talking with a member of ing their assistance. Medline your surgical care team before you should receive. Your care surgery. team includes your surgeon, your anesthesiologist and your you should discuss these questions with before surgery.

Ask the following questions: To avoid infection -

If I need antibiotics before antibiotic and for how long?

Medline recently received within 60 minutes before sur-Given properly, antibiotics can



Industries Inc., a privately held surgery about the type of care There is plenty that you, as a patient, can do to protect yourself before

"This is so important to not nurses. Ask your doctor who from the part of my body that is risk. Talk to your doctor about

move hair at the site of your surgery. Using a razor before surcause of the risk of leaving small ease, should I keep taking it?

Antibiotics should be given will you do to prevent blood

move. The more complicated be taking before surgery.

If hair needs to be removed your surgery, the higher your having surgery, what will you your risk for blood clots and steps that will help prevent Clippers should be used to re- them, such as giving you the right medicine before surgery.

To avoid heart attacks ask - If gery can cause infections be- I take medicine for heart dis-

Taking certain medicines to-To avoid blood clots - What gether can cause problems. Tell your doctor about all the medicines you are taking, including Blood clots can lead to heart over-the-counter things like asattacks and strokes. During surprin and herbal remedies. Your gery, you are at risk of getting doctor will tell you which meditem, will accurately alert the greatly lower your chances of blood clots because you do not cines you should and should not

Wauconda sees need for hospital in west

HOSPITAL

Continued from A13

Vista Health has a competing plan to build a hospital in Lindenhurst.

"It is important that local units of government support the plan and help Advocate in the process with the Illinois Health Facilities Planning Board," Carter said. "The planning board is the best body to decide this, not the Legislature. One-third of the county residents do not have reasonable and timely access to emergency Lake County. health care."

Board had favored a hospital in Care has been recognized as the growing western part of the providing outstanding clinical Planning Board is expected to county since 2004. Most Lake care. [It] is consistently identi- make a decision this summer.

One-third of the county residents do not have reasonable and timely access to emergency health care.

Bonnie Thomson Carter

Lake County Board member

According to the Wauconda Carter said that the County resolution: "Advocate Health the village."

fied as one of the top health care systems in the country, and has hospitals rated among the nation's best for medical excellence and advanced treatment capabilities."

Wauconda officials noted the proximity of the town to Advocate Good Shepherd Hospital in Barrington.

Dave Dato, Wauconda fire chief, said that the land in Round Lake borders the Wauconda Fire Protection District.

"We could keep an ambu-County hospitals are in eastern lance up there," he said. "We are getting more and more EMS calls from the northern part of

The Illinois Health Facilities

Residents embrace the cold winter weather

WINTER

Continued from A14

Varsity football coach Dave Mohapp has prowled the sidelines at Warren High School for 10 years, wearing "summer uniform" shorts as part of his attire.

"I've never seen Dave bundled up for a game," Warren Athletic lem is that it feels like someone is Director Mark Pros said. "On game days he's got so much adrenaline that I don't think he even feels the chill. And he wears those shorts until after the first of the year."

Todd Schmitz, Waukegan police officer, is routinely called out during the night to investigate fatal crashes. Boasting 20 years on the force, Schmitz is grateful for the department's arctic parkas at crime scenes that often require several hours outdoors.

"The biggest problem, when a wool cap. it's below zero, is everything wear a glove on one hand ... But, while we may be cold and miserone is having a much worse day than us."

One would pretty much have whose members each year take a running jump into Lake Michigan when the water is 36 degrees.

former champion diver and re- of (coping)," he said.

tired police officer, now city clerk, and son David Motley, have done the Polar Bear Plunge for eight winters - but the water doesn't get any warmer.

"Humans can acclimate themselves to the extreme cold for the 45 seconds it takes to get in and then out [of the water]" Wayne said. But, he added, "the probbeating you up in water that cold. It physically hurts."

Engineer Wannee Lorlurlet spent her entire life in the tropics of her native Thailand until her first Chicago winter.

Lorlurlet, 32, a Lake County resident, has routinely dressed in hiking boots, jeans and a lightweight jacket during two harsh Chicago winters.

She never wore gloves and only when wind chills reached 20 or more below, did she break out

"I think the human body can freezing up," Schmitz said. "We adjust itself automatically in have to write and you can only any kind of weather," Lorlurlet said. "The mind is also important. If you think it's too cold, it able, the family who's lost a loved is too cold. If you prepare your mind for cold weather, you will learn to adjust".

But, for the majority of us unto be a cold weather freak just to able to defrost our minds, Ken belong to a Polar Bear Club, Reeves, forecast director at Accuweather.com, reminds us that "People have different ways of dealing with the cold.

"Finding others more miser-Waukegan's Wayne Motley, a able than you is maybe one way



Come Worship With Us

A Directory Of Antioch Area Churches

Graceland Baptist Church. 258 Ida St., Antioch, IL. Sunday School 11am., Morning Worship 11am., Sunday Evening 7pm. Robert Williams, Pastor.

Beautiful Savior Lutheran Church. Missouri Synod, 1501 Deep Lake Road, Antioch, 847-395-9400. Sunday Worship at 9am, Sunday School, High School & Adult Bible Classes

Heritage Lutheran Church. Heritage Lutheran, 630 N. Beck, Lindenhurst. (847) 356-1766. Sunday service 10:00 am, Sunday School & Bible Class 9:00 am. (summer schedule - 9:00 am Sunday) Rev. Mark W. Anderson, Pastor.

St. Ignatius Episcopal. 500 Depot St. Antioch Phone (847) 395-0652. Low Mass 7:30am., High Mass 9:30am Sunday School & Nursery 9:30am.

CrossView Church

(formerly Antioch Evangelical Free Church)

750 Highview Drive, Antioch, IL 847-395-4117 Sunday Worship 9:00am and 10:30am Sunday School for all ages (nursery provided) Call for more information.

St. Stephen Lutheran Church (ELCA). 1155 Hillside Ave. (847) 395-3359. Sunday Worship, 8:00, 9:30, 10:45am. Rev. Roger Black, Pastor. Saturday Worship Service 5:00pm

Christian Life Fellowship Assemblies of God Church. 41625 Deep Lake Rd., Antioch. (847) 395-8572. Sunday School (all ages) 9am., Sunday Worship 10am. & 6:30pm., Children's Church 10am., Wednesday Worship & Children's Program 7am., Tues. Women's Fellowship & Bible Study 9-11:30am. Jeff Brussaly, Pastor.

Antioch Baptist Church. 817 Holbeck Dr., Antioch. (847) 769-5332. Sunday Worship 10:15am., 6:00pm., Wednesday Bible Study 7:00pm. Pastor Ken Foster.

Community Church of the Holy Spirit. 25291 W. Lehmann Blvd., Lake Villa. (847) 245-3000. Sunday Worship 11am., Bible Study Wednesday 10:30am & 7:30pm.Rev. Scott Keenan, Pastor. www.myholyspirit.org.

Faith Evangelical Lutheran. 24300 W Grass Lake Rd., Antioch, (847) 293-6101. Sunday Worship 8am. & 10:45am., Mon. Worship 7:00pm, Sunday School Weekly at 9:30am., Adult Studies Sun. 9:30am & Tues. 7pm., www.faithantioch.org

Millburn Congregational United Church of Christ. 19073 W. Grass Lake Rd. at Rte. 45. (847) 356-5237. Sunday Services 8:30am. Eucharist at 10am. Family Worship with Church School and Nursery Care. Rev.Jed Watson,, Pastor.

Antioch United Methodist Church, 848 Main St., Antioch, (847) 395-1259. Sunday Worship 8 a.m. and 10:30 a.m. Sunday School all ages 9:15am. Nursery birth through kindergarten of age from 8 to 11:30 a.m. Rev. Barbara Good, Pastor, www.umcoa.org.

St. Peter's Church. 557 W. Lake St., Antioch. (847) 395-0274. Masses weekdays, 7:30am; Sunday 6:30, 8, 9:30, 11:30am & Saturday 5:30pm. Rev. Father Ronald H. Anglim,

Chain of Lakes Community Bible Church. 43 W. Grass Lake Rd., Lake Villa. www.clcbc.com. (847) 838-0103. Sunday Worship 9:30 and 11:00. Sunday School, Jr. & Sr. High Youth Programs. Rev. Kerry Bauman, Senior Pastor

Good Shepherd Lutheran Church (Missouri Synod). 25100 W. Grand Ave. (Rte. 59 & 132), Lake Villa. (847) 356-5158. Sunday Worship 8:15 & 10:45am; Sunday School (3 and up) and Bible Study 9:30am. Rev. John Zellmer, Pastor.

Lighthouse Church of Antioch. 554 Parkway Ave., Antioch, IL (847) 838-0616. Saturday Service 7:00 p.m. Adventure Club for Kids, Adult Bible Study Saturday 6:00 p.m. Monday Bible Study -7:00 p.m. Thursday Evening PTSD Support Group 7:00 p.m. Senior Pastor Tom Bartmer.

NorthBridge Church. A Contemporary Worship Experience, Meeting at Antioch Community High School, 1133 Main St., Antioch, (847) 838-0800, www.northbridgechurch.org. Sunday Service - 9:00am & 10:45am Children's Classes (K-8) - 9:00 am & 10:45 am. Mark Albrecht, Senior Pastor.

Visit our website at: www.strangfh.com Dan Dugenske, Director

This Directory Presented As A Community Service By

Strang Funeral Home of Antioch

CASA event raises more than \$140,000 for services

LAKE COUNTY JOURNALS

Court Appointed Special Advocates' third annual "A Night in CASAblanca" gala on standing service to children and Nov. 4, 2006 at Marriott's Lincolnshire Resort was the agency's most successful, as it Reusche urged the more than raised more than \$140,000 to benefit the services CASA provides in Lake County to abused and neglected children.

The evening was highlighted by the appearance of Dr. Phil McGraw, best-selling author and host of the daytime television series, "Dr. Phil."

Forest, a driving force in Lake County philanthropic community, received the second annual Terri Zenner award for his outthe Lake County community.

In his acceptance remarks, 200 attendees to give their greatest gift, their time and their talent, by volunteering for CASA or other organizations in Lake County.

CASA, Deerfield, seeks volunteers to help abused children assigned to them by the Juvenile Court judges. CASA can be con-Robert F. Reusche, of Lake tacted at (847) 808-9154.

FLORENCE IONA BROWN

Born: Aug. 31, 1904 Died: Feb. 20, 2007 Favorite pastime was playing cards with her many friends



ANTIOCH—Florence Iona Brown. age 102 of Antioch, passed away Tuesday, Feb. 20, 2007 at Vista East Medical Center in Waukegan. She was born Aug. 31, 1904 in Walnut, to the late Andrew and Louella (Whitver) Anderson, moving to Antioch in 1953. She has been an active member on the Senior Citizen Advisory Council for many years and has seen the center grow from 20 members to over 250 seniors. Her favorite pastime, besides being at the center, was playing cards with her many friends. She was a member of the Antioch United Methodist Church.

Survivors include her daughter, Elaine Grant of Winthrop Harbor; her two grandsons, Douglas (Vicki) Grant of Eden Prairie, Minn., and Steven (Pamela) Grant of Portland, Ore.; her four great-grandchildren,

Daniel, Stephen, Lauren and Kristin; her brother, Cecil L (Virginia) Anderson of Carpentersville, and many nieces and nephews. She was preceded in death by her husband, of 60 years, Walter Sr.; her son, Walter Jr.; a sister, Ila Lasco; a brother, Burt Anderson and her stepmother Edna Anderson.

Funeral service was held at 11:30 a.m., Feb. 23, at the Antioch United Methodist Church, 848 Main St., Antioch, with the Rev. Barbara Good officiating. Visitation was at the church from 9:30 a.m., Feb. 23, until the time of services. Private interment of her cremains was in Hillside Cemetery in Antioch.

Donations in her memory may be made to the Antioch United Methodist Church or the Antioch Senior Center.

Arrangements were entrusted to the Strang Funeral Home of Antioch. For information, call (847) 395-4000.

Please sign the guest book for Florence at www.strangfh.com. Please also sign the Guest Book at www.LakeCountyJournals.com/ obits

OBITUARIES

ROBERT B. DALE

Born: Dec. 10. 1948 Died: Feb. 19, 2007 Was a veteran of

the U.S. Army



VERNON HILLS-Robert B. Dale, age 58 of Vernon Hills, died Monday, Feb. 19, 2007 at the Condell Medical Center in Libertyville. He had been employed in the meat department of several Jewel Stores in Lake and Cook County for the past 40 years. He was a veteran of the U.S. Army.

Surviving are three children, Robert (Jamie) Dale Jr. of Kenosha, wis., Jennifer (Keith) Lasco of Fox River Grove and Jason Dale of Vernon Hills; three grandchildren; his mother, Oletha Dale; a brother; his dear friend, Arla; and his friend and former wife, Linda Dale. He was preceded in death by his father, Clifford Dale and sister.

Visitation was from 4 to 8 p.m. on Feb. 21 at the Burnett-Dane Funeral Home in Libertyville. Services and interment was in Moberly, Mo. Please sign the Guest Book at www.LakeCountyJournals.com/obits

ELIZABETH (BETTY) SAUBER

Born: March 10, 1918 Died: Feb. 20, 2007 She enjoyed tending to her garden and playing poker

GRAYSLAKE—Elizabeth (Betty) Sauber, age 88 of Grayslake, died on Tuesday, Feb. 20, 2007 at her home. She was born in Virgil to John and Margaret Schmitt. Betty was a lifelong Cubs fan and was looking forward to the upcoming season.

Survivors include her children, John (Jean) Sauber, Sandy (Ted) Smith, Betsy Martin; and daughter-inlaw, Sharon Sauber; her 10 grandchildren and 19 great-grandchildren; and her six siblings. Betty was preceded in death by her husband John; her son, Don; and a grandson.

A Funeral mass was held at 10:30 a.m., Feb. 23 at St. Gilbert Catholic Church in Grayslake. Friends of the family visited from 8:30 to 10:15 a.m., at the Strang Funeral Chapel & Crematorium in Grayslake. In lieu of flowers, the family has requested donations to St. Gilbert Catholic Church. Please sign the Guest Book at www.LakeCountyJournals.com/obits

IDA HANNA KONTER

Born: March 15, 1915 Died: Feb. 15, 2007 Was a kind and giving person

LAKE VILLA—Ida Hanna Konter, age 91, of Lake Villa, passed away comfortably on Thursday, Feb. 15, 2007 at the Condell Medical Center in Libertyville.

She was born on March 15, 1915 in England. She lived in Buxworth, England and became a nurse during World War II. She met her husbandto-be in London, the late Marion Edward Konter. On the river of life, she left a wake of love and happi-

She is survived by her son, Richard J. (Laura) Konter of Lake Villa; her grandchildren, great grandchildren, nieces, nephews, and many friends.

Ida did not want a funeral, therefore, a celebration of her life was held at the Church of the Holy Family in Lake Villa, at 10 a.m. on Feb. 24. Arrangements were handled by the Ringa Funeral Home of Lake Villa. Please sign the Guest Book at .www.LakeCountyJournals.com/obits

See OBITUARIES, page A22



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OBITUARIES, continued from page A21

MERLOE O. SULAK

Born: Nov. 19, 1919 Died: Feb. 20, 2007 Born in Racine, Wis.

LINDENHURST—Merloe O. Sulak, age 87 of Lindenhurst, died Tuesday, Feb. 20, 2007 at Victory Lakes Nursing Home. She was born in Racine, Wis. to Chris and Esther Larsen on Nov. 19, 1919.

Survivors include her sister, Joan Stickland of Racine, Wis. and her brother, Tim (Bonnie) Larsen of Burlington, Wis. Her aforementioned parents; husband, Samuel; and brother, Robert Larsen, all precede her in death.

All services were privately held.
Arrangements were handled by the
Strang Funeral Chapel &
Crematorium in Grayslake. Please
sign the Guest Book at
www.LakeCountyJournals.com/obits

GEORGE RICHARD COOK

Born: Dec. 31, 1941 Died: Feb. 18, 2007 Served in the Army



WAUKEGAN—George Richard
Cook, age 65 of Waukegan, died Feb.
18, 2007, at Highland Park Hospital,
of pulmonary fibrosis. He was born in
Chicago Heights to George M. and
Ruby A. (nee Young) Cook. George
served in the Army from 1960 to 1962
and learned computer programming
during his time spent in the military.
After many years of service, George
retired from Allstate Insurance as a
computer programmer.

Survivors include his wife and child-hood sweetheart of 44 years, Mary D. Bailey, whom he married on Dec., 1, 1962; his daughters, Jennifer "Darby" and Jim Ryan and Wendy M. (Scott) Allen; his grandchildren; and his siblings. His aforementioned parents and a brother, preceded him in death.

All services were privately held.
Arrangements were handled by
Strang Funeral Chapel &
Crematorium in Grayslake. Please
sign the Guest Book at
www.LakeCountyJournals.com/obits

JEAN A. LAIN (AIELLO)

Born: May 17, 1939 Died: Feb. 17, 2007 Previously owned and operated O'Hare Air Taxi Service

ROSELLE—Jean A. Lain (Aiello), age 67 of Roselle, formerly of Elk

Grove Village, and Fox Lake, passed away on Saturday, Feb. 17, 2007 at Alexian Brothers Medical Center.

Jean was employed by Children's World Learning Center of Roselle and previously owned and operated O'Hare Air Taxi Service.

Survivors include a daughter, Lynne Hunter (James); her son, Scott Bergbreiter; grandchildren; a brother, many nieces, nephews and friends that loved her. She was preceded in death by her loving husband, George and two sisters.

A celebration of life for Jean Lain, was held on Feb. 24 at 11 a.m., at Queen of the Rosary Catholic Church, in Elk Grove Village.

In lieu of flowers, memorial contributions are being accepted by the family on behalf of the American Cancer Society and the Children's World Learning Center of Roselle. Please sign the Guest Book at www.LakeCountyJournals.com/obits

BEN H. POE

Bom: June 30, 1911 Died: Feb. 20, 2007 Was a U.S. Army Air Corps veteran



VERNON HILLS—Ben H. Poe, age 95 of Vernon Hills, died Tuesday, Feb. 20, 2007 at his home. Ben was a U.S. Army Air Corps veteran, having served in the Pacific Theater during WWII. He was the first principal of Highland School, was a teacher and principal at Rockland School and was responsible for starting the Adler Park Day Camp.

Surviving are his wife of 66 years, Ruth Poe; four children, Thomas (Nancy) Poe of White Salmon, Wash., Sarah (Michael) Jenkins of Barrington, Martha Taggart of Evanston, Wyo. and James "Jay" (Pamela) Poe of Grayslake; eight grandchildren and four great-grandchildren.

Visitation was from 1 p.m. until the time of services at 2 p.m. on Feb. 24, at the Burnett-Dane Funeral Home in Libertyville. Memorial contributions can be made to Condell Hospice, 115 W. Church St., Libertyville, IL 60048. Please sign the Guest Book at www.LakeCountyJournals.com/obits

WILLIAM KEULMAN JR.

Bom: Oct. 21, 1914 Died: Feb. 21, 2007 Was an avid golfer and bowler

ANTIOCH—William Keulman Jr., age 92 of Antioch, passed away Wednesday Feb. 21, 2007 at the

OBITUARIES

Hillcrest Nursing Center at Round
Lake Beach. He was born Oct. 21, 1914
in Antioch. Bill had owned various
businesses including the former
Sequoia Roller Rink and the Antioch
Bowling Alley. He was a 75-year member of the Royal Neighbors. On Oct. 15,
1940 he married Thelma Schlax in
Dubuque, Iowa, and she preceded him
in death on Oct. 15, 2000.

Survivors include his daughters
Merry (Tom) Keulman of Round Lake
Park, and Judith (Vaughn)
Balchowsky of Chicago, and his
granddaughter, Elizabeth
Balchowsky. In addition to his wife he
was preceded in death by his sister,
Irene Tiffany; and his four brothers, C.
R. "Bussie," George, Aretas "Weedy"
and Alvin Keulman.

Private funeral services will be held with burial of his cremains in Hillside Cemetery in Antioch. In lieu of flowers donations may be made in his memory to the Antioch Rescue Squad. Arrangements are entrusted to the Strang Funeral Home of Antioch. Please sign the guest book at www.strangfh.com. Please also sign the Guest Book at

www.LakeCountyJournals.com/obits

THOMAS JAMES 'BIG TOM'

Bom: Jan. 21, 1936 Died: Feb. 21, 2007 Was known as "Big Tom" the vegetable man on the North Shore

LIBERTYVILLE—Thomas James
"Big Tom" Farella, age 71 of
Libertyville, died Wednesday, Feb. 21,
2007 at the VA Medical Center in
North Chicago. Tom was a U.S. Army
veteran, having served during the
Korean War. He was the former
owner-operator of his own Checker
Cab in North Chicago.

Surviving are two children, Lisa
O'Brien of Chicago and Thomas "TJ"
Farella Jr. of Round Lake Heights; two
grandchildren; two sisters; one
brother and his father, Frank
(Bernadine) Eggan of Glendale, Ariz.
He was preceded in death by his
mother, Marie Farella.

Visitation was from 1 to 5 p.m. on Feb. 25 at the Burnett-Dane Funeral Home in Libertyville. Please sign the Guest Book at

www.LakeCountyJournals.com/obits

THORA C. HALBERT

Born: Oct. 20, 1919 Died: Feb. 21, 2007 Was a high school English teacher

LAKE VILLA—Thora C. Halbert,

age 87, of Lake Villa, slipped quietly from this life on Wednesday, Feb. 21, 2007 at Victory Lakes Continuing Care Center, Lindenhurst.

She was born on Oct. 20, 1919, in Chicago, the daughter of the late Carl and Karen Marie Hansen. She was a high school English teacher for many years. Thora was a member for 60 years of the Danish Sisterhood of America – Lodge 4:

She is survived by her daughters, Dianne (late John) Carlborg, Linda (Harry) Ewert, and Carol Halbert; her grandchildren; a brother; and two sister-in-laws. She was preceded in death by her husband, John "Jack" in 1991, and a brother.

The funeral was held at 10 a.m. on Feb. 26, at Ringa Funeral Home in Lake Villa, with the Rev. Terry Breum officiating. Interment was at Irving Park Cemetery in Chicago. Visitation was held at the funeral home, from 2 to 6 p.m. on Feb. 25, and from 9 a.m. until the time of service on Feb. 26. Please sign the Guest Book at

www.LakeCountyJournals.com/ obits

FRANK A. 'DUTCH' THODE Born: Aug. 23,

1935
Died: Feb. 22,
2007
His interests
were golfing,
fishing,
traveling



WILDWOOD—Frank A. "Dutch" Thode, age 71 of Wildwood, passed away Thursday, Feb. 22, 2007 at Condell Medical Center, Libertyville. He was born Aug. 23, 1935 in Chicago, the son of the late Edward C. and Irene (Mink) Thode. Dutch served in the U.S. Air Force. Before his retirement he had owned and operated Active Detective Agency in Chicago for over 20 years, owned **Dutch and Suds Towne Club in Lake** Villa, and owned the Twin Lakes Inn. His special interests included cheering on the Chicago White Sox, and Chicago Bears. On April 28, 1956 he married Esther "Suds" Nelson in Chicago.

Survivors include his wife of nearly 51 years Esther; three children, Debby Thode of Wildwood, Scott (Sharon) of Antioch, and Steve of Wildwood; two grandchildren; and many nieces, nephews, cousins and friends. In addition to his parents he was preceded in death by a daughter Joy; son, Brian; grandson; two brothers; and a sister.

The funeral was held at 10 a.m., on Feb. 28, at the Strang Funeral Home of Antioch. Interment with military honors followed in Hillside Cemetery in Antioch. Visitation was held Feb. 27, from 4 until 8 p.m. at the funeral home. Those desiring may make donations to a family memorial in his memory. Please sign Dutch's guestbook at www.strangfh.com. Please also sign the Guest Book at www.LakeCountyJournals.com/obits

RUTH R. ROPPELT

Born: Dec. 26, 1916 Died: Feb. 23, 2007 Often attended mass at Marytown

LIBERTYVILLE—Ruth R. Roppelt, age 90 of Libertyville, died Friday, Feb. 23, 2007 at her home. Ruth was a member of St. Joseph Parish, the Guild of the Blessed Virgin Mary, and often attended mass at Marytown.

Surviving are three children, Joy (Douglas) Culbert of Gig Harbor, Wash., Tim (Grace) Roppelt of Mundelein and Jannie (Gary) Schreifels of Cary; eight grandchildren and one sister.

She was preceded in death by her husband, Phil Roppelt on Feb. 18, 2001.

Prayers began at 10:30 a.m., Feb. 27 at the Burnett-Dane Funeral Home in Libertyville and services continued to St. Joseph Church for the Funeral Mass at 11 a.m. Interment followed at Ascension Cemetery. Visitation began at 9:30 a.m. on Feb. 27, before going to Mass. Memorials can be made to the charity of your choice. Please sign the Guest Book at www.LakeCountyJournals.com/obits

DONALD R. KIMMELL

Born: Sept. 4, 1949 Died: Feb. 25, 2007 Was an avid Rusty Wallace-NASCAR fan

ANTIOCH—Donald R. Kimmell, age 57 of Antioch, died Sunday, Feb. 25, 2007 at the Lake Forest Hospital. Don enjoyed the outdoors and hunting and was an avid Rusty Wallace-NASCAR fan.

Surviving are his wife and best friend, Randi Kimmell; two sons, William (Jennifer) Kimmell of Kenosha, Wis. and Matthew (Brandy) Maddocks of Waukegan; two grand-children; two sisters; and many other relatives and dear friends.

The funeral was held at 10:30 a.m., March 1 at the Burnett-Dane Funeral Home in Libertyville. Interment was in Mount Rest Cemetery in Newport Township. Visitation was from 5 to 9 p.m. on Feb. 28. Memorial contributions can be made to St. Jude Children's Research Hospital. Please sign the

Guest Book at www.LakeCountyJournals.com/obits

NIKKOLE A. TAYLOR

Born: Dec. 24, 1988
Died: Feb. 24, 2007
Was a cheerleader and performed at
the Pro Bowl in Hawaii in 2005

SALEM, WIS.—Nikkole A. Taylor, age 18 of Salem, Wis., died Saturday, Feb. 24, 2007 along with her mother and cousin from injuries received from an automobile accident. She was born in Oskaloosa, lowa, the daughter of Anthony and Brandy (Vance) Taylor. She was a senior at Wilmot High School.

Survivors include her father, Tony; her brother, Matthew; her maternal grandparents, Steve and Nancy Vance of Ankeny, Iowa; her paternal grandparents, Dave and Lynne Taylor of Vernon Hills; her great-grandparents; her great-grandmother; and her boyfriend, Brandon.

The funeral will be held at 11 a.m., Friday, March 2, at Faith Evangelical Lutheran Church, 24300 W. Grass Lake Road, Antioch. Private interment of her ashes will be at a later date in Hillside Cemetery East, in Antioch. Visitation was from 4 to 8 p.m., March 1 at the Strang Funeral Home of Antioch and at the church Friday, March 2 from 10 a.m. until the time of services. In lieu of flowers, those desiring may make contributions to the Susan G. Komen Breast Cancer Foundation in her memory. Please sign the Guest Book at www.LakeCountyJournals.com/obits

ZACHARY K. TAYLOR

Bom: Nov. 30, 1998
Died: Feb. 24, 2007
Was in the second grade at the
Antioch Elementary School

ANTIOCH—Zachary K. Taylor, age 8 of Antioch, died Saturday, Feb. 24, 2007, along with his aunt and cousin from injuries received as a result of an automobile accident. He was born in Park Ridge, the son of Michael and Karen (Adams) Taylor. He was in the second grade at the Antioch Elementary School and was very active with sports. He was a member of the Antioch Vikings football team; played basketball, soccer and liked to surf.

Survivors include his parents, Michael and Karen; his brother, Nicholas; his maternal grandparents, Ken and Helen Adams of Iowa City, Iowa; his paternal grandparents, David and Lynne Taylor of Vernon Hills and his many family members and friends.

The funeral will be held at 11 a.m., Friday, March 2 at Faith Evangelical Lutheran Church, 24300 W. Grass Lake Road, in Antioch. Interment of his ashes will be private at a later date was in her family. in Hillside Cemetery East in Antioch. Visitation was held from 4 to 8 p.m., on Thursday, March 1 at the Strang Funeral Home of Antioch, 1055 Main St. and at the church on Friday, March 2 from 10 a.m. until the time of services. In lieu of flowers, those desiring may make donations to the American Lung Association in his memory. Please sign the Guest Book at www.LakeCountyJournals.com/obits

BRANDY A. TAYLOR

Bom: Dec. 22, 1970 Died: Feb. 24, 2007 She enjoyed photography

SALEM, WIS.—Brandy A. Taylor, age 36 of Salem, Wis., died Saturday, Feb. 24, 2007 along with her daughter and nephew from injuries received in an automobile accident. She was born in Oskaloosa, lowa, the daughter of Steve and Nancy (Wells) Vance. She was a homemaker and was very active in supporting her children with their school activities. On Jan. 11, 1991, she married Anthony Taylor in Waukegan.

Survivors include her husband, Tony; her son, Matthew; her parents, Steve and Nancy Vance of Ankeny, Iowa; her brother; two sisters; maternal grandparents; paternal grandparents; her great-grandmother; and all her many loving family members and friends.

The funeral will be held at 11 a.m., Friday, March 2, at Faith Evangelical Lutheran Church, 24300 W. Grass Lake Road, Antioch, Private interment of her ashes will be at a later date in Hillside Cemetery East, in Antioch. Visitation was held from 4 to 8 p.m., Thursday, March 1 at the Strang Funeral Home of Antioch, 1055 Main St., in Antioch and at the church on Friday, March 2 from 10 a.m., until the time of services. In lieu of flowers, those desiring may make contributions to the Children's Miracle Network in her memory. Please sign the Guest Book at www.LakeCountyJournals.com/obits

GERALDINE M. MURRAY

Born: Jan. 3. 1927 Died: Feb. 20, 2007 Her passion was found in the music of her everyday life

GRAYSLAKE-Geraldine M.

OBITUARIES

Murray, (nee Karmele), age 80 of Grayslake, died Tuesday, Feb. 20, 2007. Born in Chicago to Nicholas and Florence Karmele. Her strength came from the Catholic faith, her joy was in her family.

She is survived by her children, Dennis (Betsy) Murray of Mundelein, Kevin (Susan) of Mundelein, Sharon (Donald) McCullough of Buffalo Grove and Robin Aimers of Wauconda; grandchildren; great-grandchildren; and a sisters-in-law. She was preceded in death by her husband, James P. Murray; a daughter, Carol Sue Murray; brothers; and a sister-in-law.

A mass and funeral services were private. Arrangements were handled by the Kisselburg-Wauconda Funeral Home. In lieu of flowers, memorial contributions can be made in her name to the American Heart Association. Please sign the Guest Book at www.LakeCountyJournals.com/obits

FLORENCE E. BUTZOW

Born: May 19, 1916 Died: Feb. 24, 2007 Was a member of Peace Lutheran Church in Bradenton, Fla.

LAKE ZURICH—Florence E. Butzow, age 90 of Lake Zurich, formerly of Bradenton, Fla. She was a member of the Peace Lutheran Church in Bradenton, Fla.

Mrs. Butzow was the beloved wife of the late Lester; mother of Neil (Bonnie) and Virginia (Joseph) Holwarth; grandmother of three; and great-grandmother of two.

Visitation was from 9:30 a.m. until the time of services at 10:30 a.m. on Feb. 28 at St. Matthew Lutheran Church in Hawthorn Woods. Interment was in Memorial Park Cemetery in Skokie. Arrangements were handled by the Ahlgrim Family Funeral Home in Lake Zurich. In lieu of flowers, memorials to St. Matthew Lutheran Church will be appreciated. Please sign the Guest Book at www.LakeCountyJournals.com/obits

KIRBY J. BREWSTER

Born: Dec. 17, 1960
Died: Feb. 19, 2007
Loved to go fishing with his dog,
Poncho

MUNDELEIN—Kirby J. Brewster, age 46 of Mundelein, died Feb. 19, 2007 at home. He was a fun loving man who always had a story to tell, filling the room with laughter.

Kirby is survived by his wife, Rita; daughter, Nikki Brewster; two stepchildren, Kelly (Juan) Reyes and

To submit an obituary, please call Nancy Thielsen at (847) 223-8161, ext. 143, or e-mail wjobits@weeklyjournals.com. Obituaries must be received by noon on Tuesday.

Jason Owensby; five grandchildren; a sister; a brother; and many other dear family and friends.

The funeral was held at 11 a.m., Feb. 26 at Kristan Funeral Home PC in Mundelein. Interment followed in Highland Memorial Park in Libertyville. Visitation was from 1 to 5 p.m. on Feb 25 at the funeral home. In lieu of flowers, memorials to Save-a-Pet, 31664 N. Fairfield Road, Grayslake, IL 60030, would be appreciated. Please sign the Guest Book at www.LakeCountyJournals.com/obits

JASPER 'BUTCH' RICCHIO

Born: June 25, 1958 Died: Feb. 19, 2007 Born in Kenosha, Wis.

ROUND LAKE PARK—Jasper The funeral was held at 11 a.m.,
"Butch" Ricchio, age 48 of Round Lake
Park, died Feb. 19, 2007 at home. Born
June 25, 1958 in Kenosha, Wis. The funeral was held at 11 a.m.,
March 1 at the Marsh Funeral Home
of Gurnee. Burial was in Ascension
Cemetery. Visitation was held from

- He is survived by his daughters, Crystal and Tiffany Ricchio; three grandchildren; brother; sisters; and many other relatives and friends.

Visitation was from 1 p.m. until the time of the services at 4:30 p.m., Feb. 25 at the Kristan Funeral Home PC in Mundelein. Please sign the Guest Book at

www.LakeCountyJournals.com/obits

THERESE H. JANIS

Bom: March 30, 1912 Died: Feb. 24, 2007 Loved bingo, crossword puzzles, playing cards with friends

WAUKEGAN—Therese H. Janis (Janiszewski), age 94 of Waukegan, died Saturday, Feb. 24, 2007 in Claridge Nursing Home of Lake Bluff. She was born in Waukegan, and was' employed by Fansteel in North Chicago for many years.

Survivors include two nieces, Gladys Forster of Waukegan and Elenore Riley of Beach Park; six great nieces and nephews; 10 great-great nieces and nephews. She was preceded in death by three brothers; two sisters; and a greatniece.

The funeral was held at 11 a.m., March 1 at the Marsh Funeral Home of Gurnee. Burial was in Ascension Cemetery. Visitation was held from 10 to 11 a.m. on March 1 in the funeral home. In lieu of flowers, the family requests donations to the Claridge Healthcare Center, 700 Jenkisson Ave., Lake Bluff, IL 60044 or Generations Healthcare, LLC 2 Westbrook Corporate Center, Suite 320, Westchester, IL 60154. Please sign the Guest Book at www.LakeCountyJournals.com/obits

Recent Deaths

MARY SANZONE, 88 of Waukegan, Feb. 14, 2007. Arr: Burnett-Dane Funeral Home in Libertyville

JAMES J. 'GIO' GIOVENCO, 56 of Grayslake, Feb. 13, 2007. Arr: Strang Funeral Chapel & Crematorium in Grayslake

IDA M. MICHELINI, 93 of Round Lake, Feb. 17, 2007. Arr: M. J. Suerth Funeral Home in Chicago

SHIRLEY ANN HADAD, 73 of Antioch, Feb. 17, 2007. Arr: Strang Funeral Home of Antioch

RICHARD ALLEN GOODMAN JR. 76 of Libertyville, Feb. 17, 2007. Arr: Burnett-Dane Funeral Home in Libertyville

LOUISE C. JAREMUS, 82 of Libertyville, Feb. 14, 2007. Arr: Burnett-Dane Funeral Home of Libertyville

DIANE L. TURNER (nee GISH), 53 of Wauconda, Feb. 16, 2007. Arr: Kisselburg-Wauconda Funeral Home.

GLENN A. JAHNKE, 53 of North Chicago, Feb. 13, 2007. Salata Funeral Chapel in North Chicago.

BRUCE ANTHONY SWOPES, 50 of Rockford, Feb. 11, 2007. Arr: Bradshaw & Range Funeral Home in Waukegan

LIBERTY MARY ALISE MARKOUTSIS, 5 months, Feb. 13, 2007. Arr: Congdon Funeral Home in Zion

GLORIA PRISCILLA TURKINGTON (nee HANGEBRAUCK), 66 of Winthrop Harbor, Feb. 17, 2007. Arr: Congdon Funeral Home in Zion.

PAUL COLEMAN, 42 of Waukegan, Feb. 8, 2007. Arr: Bradshaw & Range Funeral Home in Waukegan.

STANLEY ASHTON THOMAS, 47 of Chicago, Feb. 13, 2007. Arr: Bradshaw & Range Funeral Chapel in Waukegan.

JAMES P. SWALLEY, 63 of Beach Park, Feb. 17, 2007. Arr: Congdon Funeral Home in Zion

Waukegan, Feb. 15, 2007. Arr:
Bradshaw & Range Funeral Chapel
in Waukegan.

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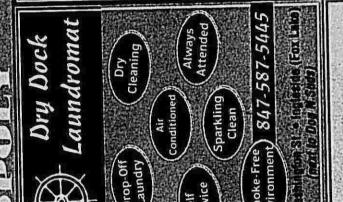
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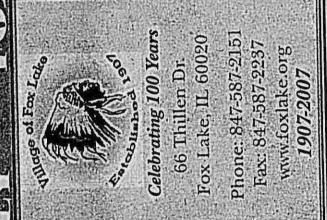
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:00 - Kung Fu Demonstration - Shen Dao Temple

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10:30 - Lakeland Apartments Kitchen Band

All Day - Caricatures by Marlene Goodman

2:30 pm - Musical Performance

:30 - "The Alternators" Choir

Lutheran Church Of All Saints

Grant Community High School





0:00 - Estate Planning - Leonard Thornburg,

11:00 - Cake Decorating Demonstration - Ann Robles The Cake And Flower Shop

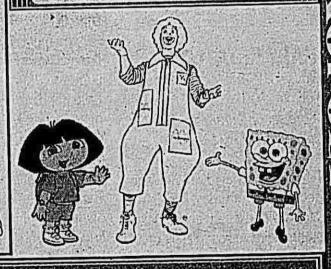
12:00 - Roth IRA vs. Standard IRA - Vicki Nielsen Integrity Planning & Retirement, Inc. 1:00 - Scrapbooking Demonstration - Linnea Pioro, Creative Memories

2:00 - Flower Arranging Demonstration - Ann Robles The Cake And Flower shop

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FOXOPOLY

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FOXOPOL

Friday March 2, 2007

Page A25

Check it out

The world of Spanish entertainment will soon come to life with new programs created by V-me, a national Spanish-language TV network.

Page A26

Movie critic Jeffrey Westhoff says overacting hurts "Wild Hogs," while raw emotion saves "Black Snake Moan." He also reviews the Academy Awards, which took place Feb. 25.

Pages A28-A29

Jane Goodall, a renowned chimpanzee expert, will join Richard Wrangham, a Harvard University anthropologist, for a discussion on chimpanzee cognition, care and conservation. The event will take place from 2 to 5 p.m. at the Navy Pier Grand Ballroom.

Page A32

Crying a river

Justin Timberlake's attorney, Gary Stiffelman, tells the Lake County Journals the pop icon will not stop by Round Lake for an after-party.

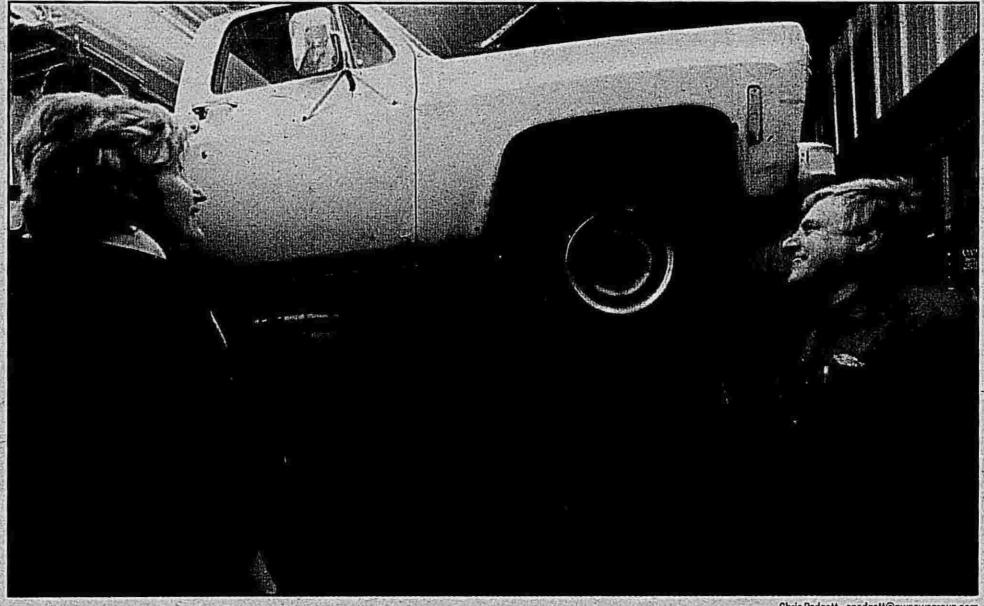
27

Marionette madness

Chicago Shakespeare Theater presents "Marionette Macbeth." The play uses more than 100 3-foot-tall marionettes.



Celebrity wheels



Chris Padgett - cpadgett@nwnewsgroup.com

Cyndi Wyss, Volo Auto Museum director, and Mike Passalaqua look at a truck that was driven by Leonard Nimoy and William Shatner in "Star Trek IV: The Voyage Home." The truck, which now resides at Volo Auto Museum in Volo, is for sale. See the story on page A26.

■ To Do

Skyway art

The artistic talents of 54 students from eight area community colleges will be on display at College of Lake County through March 18.

Art pieces will be on display in CLC's Robert T. Wright
Community Gallery of Art, 19351
W. Washington St., in Grayslake.
For more information, call cura-

tor Steve Jones at (847) 543-2240, or visit http://yyz.clcillinois.edu/artgallery.

Equine health

Horse owners are invited to attend an equine health checkup and workshop on Saturday, March 24. The program will offer

health-care tips and first aid information about horses, including a hands-on session.

The checkup will take place in Belleville, Wis. Registration prior to March 14 costs \$35 for adults and \$15 for youths age 18 and younger.

Registration can be completed at the University of Illinois Extension Lake County Web site, http://web.extension.uiuc.edu/lake/.

For more information, call (847) 223-8627.

Film screening

As part of its international film series, College of Lake County will present "Memories of Murder" at 7 p.m. on Friday, March 2, in Room A162 of the Grayslake campus, 19351 W. Washington St.

The movie is based on the actual case of South Korea's first documented serial killer. Film viewing is free.

To learn more, call Patrick Gonder at (847) 543-2555, or e-mail pgondor@clcillinois.edu.

Da Vinci code

Jim Kenney has studied "The Da Vinci Code" by Dan Brown and will discuss the controversial book at 4 p.m. on Sunday, March 11, at the Byron Colby Barn, 1561 Jones Point Road, in Grayslake. Event cost is \$10. No registration is necessary.

For more information, call (847) 543-1202.

Preparing tackle

Gear up for the upcoming fishing season by attending a Zion-Benton Public Library program called "Fishing Out of Your Tackle Box" from 1 to 2 p.m. on Saturday, March 24.

Paul Cox, owner of The Outdoorsman Sport Shop in Winthrop Harbor, will host the program.

To register for the program, call 847-872-4680, ext. 4. The Zion-Benton Public Library is at 2400 Gabriel Ave., in Zion.

Going where no truck has gone before

Trekkies can own a piece of Star Trek history with famous wheels in Volo

> By DANIEL J. PATRICK dpatrick@nwnewsgroup.com

VOLO - Juxtaposed against the backdrop of hundreds of classic cars, she sits in all of her rusted-out glory. Some of her stablemates come with asking prices in excess of \$150,000. She resides with countless star vehicles from TV and movies.

The latter are her true peers. As the only "earthly" vehicle that Star Trek's Kirk and Spock ever sat in, she is truly a one-ofa-kind truck. But she's also oneof-a-kind at the Volo Auto Museum as a rusted, barely-running blue 1975 Chevrolet pickup in a garage full of spotless clas-

"This truck is a real beater," Volo mechanic Mike Passalaqua said. "Other than the fact it was in a movie, there's really not much to this truck."

Passalaqua couldn't be more right, as the truck doesn't have tained muscle, vintage and hol- what they saw in the movie," from Paramount and kept it movie. People want what they much but its history. It appeared in the 1986 film "Star Trek IV: Trekkie." The Voyage Home," as the Starship Enterprise crew traveled back to the year 1986. Naturally, Kirk and Spock pickup truck was it.

cle backs up such an appraisal: fair amount of money. "To the average onlooker, this



Chris Padgett - cpadgett@nwnewsgroup.com

The truck pictured was once driven by Leonard Nimoy and William Shatner in "Star Trek IV: The Voyage Home" and is now at Volo Auto Museum.

lywood cars. But not to a Grams explained. "It makes it until finally selling it to the mu- saw on the big screen."

salespeople are banking on. be wondering why you brought Volo Web site prices the truck at the garage next to it, this truck Because the truck is the only "earthly" vehicle that Star Trek read the display and see its his- summed up in a few words needed a ride, and this beat-up characters ever sat in, Volo tory, then it all makes sense be- what you see is what you get. ployees hope that it would be salesman and part-owner Brain Even Volo Auto Museum's Grams believes that such a piece there." own advertisement for the vehi- of movie history could bring in a

"We won't be restoring the Paramount weathered '75 pickup truck truck because that's how it was Transportation might appear out of place among in the movie, and if we were to Volo Auto Museum's impressive restore it, it might anger the Barrett Barrett bought the car wasn't the way it was in the thing." array of meticulously main- buyer because they would want

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fun because if you were to pull seum earlier this year. That's exactly what Volo into a car show, everyone would that beat up truck there. But you \$14,998. And the condition can be cause Kirk and Spock were in And collectors wouldn't have it right at home in a true Star Trek

> The truck went from the big screen to Volo through a retired crew member named Robert ple don't want it because that movie stars have. That's a great

any other way.

"It's the originality that people are after," Volo detailer that it's been in a movie,"

With a mint-condition classic As for the asking price, the 1968 Dodge Charger sitting in definitely looks out of place in Volo Auto Museum. But Volo emfan's collection.

"It's different when you know Pictures Tracy Deerfield said, "If you re- Passalaqua said. "It's fun to Department store a truck like that, then peo- know that I'm sitting where

Get ready to be entertained - in Spanish

V-me TV creates new programs for viewers

New Spanish-television programs will soon be available to nounced by newly formed media and issues Hispanics share viewers.

guage TV network, will bring a new kind of entertainment to Latino viewers, starting March

Through public television cable and satellite. stations like WTTW, V-me (proand inspires viewers.

production and distribution digital broadcast network presented by public TV stations. It will be carried on basic digital

fresh Spanish TV content that - more visibility, more quality engages, entertains, empowers and more choices," said Carmen DiRienzo, president of visit www.V-me.tv.

V-me, in a release. "V-me provides intelligent entertain-V-me is the first venture an- ment that explores interests with all Americans and con-V-me, a national Spanish-lan- company V-me Media Inc. The nects the many diverse Latino network will launch as a 24-hour communities across, the country."

V-me will be included in the basic digital service of cable companies across the country. It "All across the country, will feature educational shows, nounced "veh-meh") will offer Latinos want more from media lifestyle programs, news and movies.

To learn more about V-me,

Tron'-clad cast makes play a success

By TOM WITOM thomaswitom@yahoo.com

Apple Tree Theatre's intimate in-theand space transforms into a bleak ottish women's prison for the comny's latest production, "Iron," by Rona

The forceful, revealing drama tells the ry of Fay, a "lifer" jailed for killing her sband. Fay's 25-year-old daughter, sie, is her first visitor during her 15 ars of confinement.

Josie, a well-traveled human resources ofessional and divorcee, was raised by r paternal grandmother, who wasn't inned to discuss tragic events from the st. Bereft of memories from her early ildhood, Josie finally tracks down her other's whereabouts.

After an awkward first reunion, other and daughter gradually reestabsh a bond – Fay helps Josie fill in the anks of her childhood, but in exchange, ie gets Josie to paint a picture of the itside world and to experience it rough her daughter's eyes. Josie deribes everything from the time she ent living in San Diego to the fiasco of n outing she had at a local wine bar.

"You're better than television," Fay ex-

As the relationship develops, Josie fan-



A scene from "Iron" at Apple Tree Theatre features (from left) Lindsay Gould, Anita Deely, Kirsten Fitzgerald and Steven Misetic.

tasizes about some as-yet-untried legal maneuver that would bring freedom for her mother.

She argues for an appeal with the help of a new solicitor and testimony from a psychiatrist. But it's a naive hope that

brings the two characters to a sudden impasse during a final visit. Fay, debilitated by a hunger strike, pleads with her

"Just take me [vicariously] dancing with you," she says.

Tickets, please

What: "Iron" Where: Apple Tree Theatre, 1850 Green Bay Road, Highland Park When: Through March 4 Tickets: \$35 to \$45 Show information: (847) 432-4335

While Munro successfully keeps the audience guessing about circumstances that led to the central crime, her flinty dialogue is spot-on in capturing the shame of incarceration, its regimentation and total lack of privacy and how long-time inmates feel their jailors own them, body

Director Kurt Johns' superior four-person cast squeezes "Iron" for all it's worth. resulting in an engaging 150-minute performance by Kirsten Fitzgerald as the manipulative Fay and Lindsay Gould, her well-meaning daughter.

Meanwhile, two other characters simply identified as Guard 1-George (Steve Misetic) and Guard 2-Sheila (Anita Deely), also are excellent in their rolls. George, a middle-aged family man, brings a philosophical perspective to life behind bars, while Sheila, an unhappy single mom who builds tenuous ties, allows the . boundaries to blur between herself and the prisoner.

Timberlake a no-go

By DANIEL J. PATRICK dpatrick@nwnewsgroup.com

It looks like Justin Timberlake won't be the only one "crying a river," as a reported appearance in Round Lake now looks like a hoax.

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However, it does not look like Round Lake will be graced by Timberlake's presence.

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ous interviews with the Lake County Journals, Piagentini said he had paid \$25,000 to Lake Forest-based promoter Fred Fleming to bring the pop icon to Round Lake.

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"He isn't doing any afterparties, and he never does," that he's doing afterparties or going anywhere else after the concert are all false."

Stiffelman, whose law firm such as Eminem, Michael Jackson and the Rolling Stones, said this is not the first time that Timberlake's name has been used in order to promote "fake" appearances.

"People are out there saying they're promoters representing stars and it's untrue," Stiffelman said. "People are so anxious to sign them, they pay money and get fake rights. It's really sad."

Fleming could not be reached for comment.



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Going where no truck has gone before

Trekkies can own a piece of Star Trek history with famous wheels in Volo

> By DANIEL J. PATRICK dpatrick@nwnewsgroup.com

VOLO - Juxtaposed against the backdrop of hundreds of classic cars, she sits in all of her rusted-out glory. Some of her stablemates come with asking prices in excess of \$150,000. She resides with countless star vehicles from TV and movies.

The latter are her true peers. As the only "earthly" vehicle that Star Trek's Kirk and Spock ever sat in, she is truly a one-ofa-kind truck. But she's also oneof-a-kind at the Volo Auto Museum as a rusted, barely-running blue 1975 Chevrolet pickup in a garage full of spotless clas-

"This truck is a real beater," Volo mechanic Mike Passalaqua said. "Other than the fact it was in a movie, there's really not much to this truck."

Passalaqua couldn't be more right, as the truck doesn't have much but its history. It appeared in the 1986 film "Star Trek IV: The Voyage Home," as the Starship Enterprise crew traveled back to the year 1986. Naturally, Kirk and Spock needed a ride, and this beat-up pickup truck was it.

Even Volo Auto Museum's own advertisement for the vehicle backs up such an appraisal: "To the average onlooker, this



Chris Padgett - cpadgett@nwnewsgroup.com

The truck pictured was once driven by Leonard Nimoy and William Shatner in "Star Trek IV: The Voyage Home" and is now at Volo Auto Museum.

Trekkie."

salespeople are banking on. be wondering why you brought Because the truck is the only "earthly" vehicle that Star Trek read the display and see its hischaracters ever sat in, Volo tory, then it all makes sense be- what you see is what you get. ployees hope that it would be Grams believes that such a piece of movie history could bring in a fair amount of money.

"We won't be restoring the Paramount might appear out of place among in the movie, and if we were to Volo Auto Museum's impressive restore it, it might anger the array of meticulously main- buyer because they would want

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tained muscle, vintage and hol- what they saw in the movie," lywood cars. But not to a Grams explained. "It makes it until finally selling it to the mu- saw on the big screen." fun because if you were to pull seum earlier this year. That's exactly what Volo into a car show, everyone would that beat up truck there. But you there."

> The truck went from the big Barrett. Barrett bought the car wasn't the way it was in the thing."

from Paramount and kept it movie. People want what they

summed up in a few words any other way.

"It's the originality that peo-

With a mint-condition classic As for the asking price, the 1968 Dodge Charger sitting in Volo Web site prices the truck at the garage next to it, this truck \$14.998. And the condition can be definitely looks out of place in Volo Auto Museum. But Volo emsalesman and part-owner Brain cause Kirk and Spock were in And collectors wouldn't have it right at home in a true Star Trek fan's collection.

"It's different when you know screen to Volo through a retired ple are after," Volo detailer that it's been in a movie," Pictures Tracy Deerfield said, "If you re- Passalaqua said. "It's fun to weathered '75 pickup truck truck because that's how it was Transportation Department store a truck like that, then peok now that I'm sitting where crew member named Robert ple don't want it because that movie stars have. That's a great

Get ready to be entertained - in Spanish

V-me TV creates new programs for viewers

New Spanish-television proviewers.

guage TV network, will bring a network will launch as a 24-hour communities across, the counnew kind of entertainment to digital broadcast network pre-Latino viewers, starting March sented by public TV stations. It

Through public television cable and satellite. stations like WTTW, V-me (proand inspires viewers.

production and distribution V-me, a national Spanish-lan- company V-me Media Inc. The

"All across the country, fresh Spanish TV content that - more visibility, more quality engages, entertains, empowers and more choices," said Carmen DiRienzo, president of visit www.V-me.tv.

V-me, in a release. "V-me provides intelligent entertain-V-me is the first venture an- ment that explores interests grams will soon be available to nounced by newly formed media and issues Hispanics share with all Americans and connects the many diverse Latino try."

V-me will be included in the will be carried on basic digital basic digital service of cable companies across the country. It will feature educational shows, nounced "veh-meh") will offer Latinos want more from media lifestyle programs, news and movies.

To learn more about V-me,

'Iron'-clad cast makes play a success

By TOM WITOM thomaswitom@yahoo.com

Apple Tree Theatre's intimate in-theround space transforms into a bleak Scottish women's prison for the company's latest production, "Iron," by Rona Munro.

The forceful, revealing drama tells the story of Fay, a "lifer" jailed for killing her husband. Fay's 25-year-old daughter, Josie, is her first visitor during her 15 years of confinement.

 Josie, a well-traveled human resources professional and divorcee, was raised by her paternal grandmother, who wasn't inclined to discuss tragic events from the past. Bereft of memories from her early childhood, Josie finally tracks down her mother's whereabouts.

After an awkward first reunion, mother and daughter gradually reestablish a bond - Fay helps Josie fill in the blanks of her childhood, but in exchange, she gets Josie to paint a picture of the outside world and to experience it through her daughter's eyes. Josie describes everything from the time she spent living in San Diego to the fiasco of an outing she had at a local wine bar.

"You're better than television," Fay exclaims.



A scene from "Iron" at Apple Tree Theatre features (from left) Lindsay Gould, Anita Deely, Kirsten Fitzgerald and Steven Misetic.

tasizes about some as-yet-untried legal maneuver that would bring freedom for her mother.

She argues for an appeal with the help of a new solicitor and testimony from a As the relationship develops, Josie fan- psychiatrist. But it's a naive hope that

brings the two characters to a sudden impasse during a final visit. Fay, debilitated by a hunger strike, pleads with her daughter.

"Just take me [vicariously] dancing with you," she says.

Tickets, please

What: "Iron"

Where: Apple Tree Theatre, 1850 Green Bay Road, Highland Park When: Through March 4

Tickets: \$35 to \$45

Show information: (847) 432-4335

While Munro successfully keeps the audience guessing about circumstances that led to the central crime, her flinty dialogue is spot-on in capturing the shame of incarceration, its regimentation and total lack of privacy and how long-time inmates feel their jailors own them, body and soul.

Director Kurt Johns' superior four-person cast squeezes "Iron" for all it's worth, resulting in an engaging 150-minute performance by Kirsten Fitzgerald as the manipulative Fay and Lindsay Gould, her well-meaning daughter.

Meanwhile, two other characters simply identified as Guard 1-George (Steve Misetic) and Guard 2-Sheila (Anita Deely), also are excellent in their rolls. George, a middle-aged family man, brings a philosophical perspective to life behind bars, while Sheila, an unhappy single mom who builds tenuous ties, allows the . boundaries to blur between herself and the prisoner.

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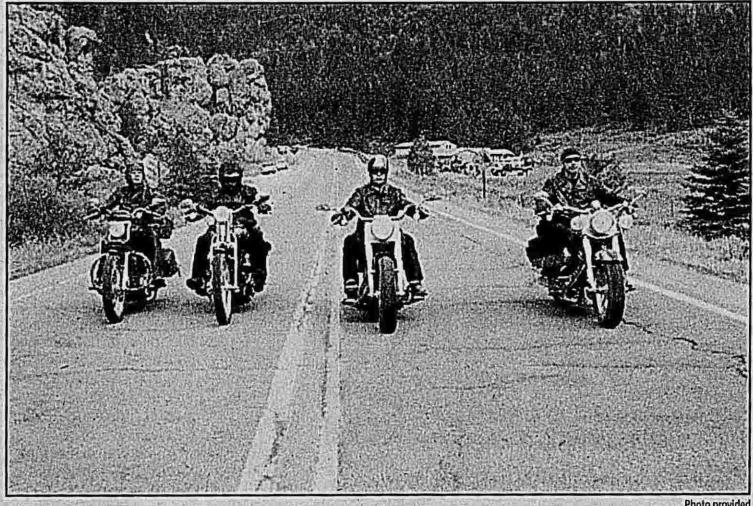


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水水水水 **EXCELLENT** *** GOOD

AVERAGE

AWFUL



Martin Lawrence, William H. Macy, John Travolta and Tim Allen star in "Wild Hogs," directed by Walt Becker.

'Wild Hogs' skids success

By JEFFREY WESTHOFF sidetracks@nwnewsgroup.com

When the four main characters are introduced one by one as "Wild Hogs" begins, Martin Lawrence comes off as the least cartoonish.

Yes, William H. Macy and John Travolta seem to be bigger buffoons than the star of "Big Momma's House," while Tim Allen plays his usual character, only surrounded by bigger idiots than himself for a change.

The stars play Cincinnati friends who take a cross-country motorcycle trip to combat midlife crisis. Travolta plays Woody, a real estate mogul who just declared bankruptcy. Allen plays Doug, a dentist who wants to win his son's respect. Lawrence portrays Bobby, a hen-pecked plumber: Macy stars as Dudley, a computer programmer who can barely talk to women and though you might think this would disqualify him from being in a motorcycle club - can barely ride a motorcycle.

> "Wild Hogs" is an especially lame comedy based on nothing but a situation. The humor is . farce or slapstick, so character development doesn't matter: Establish the types, put them in one crazy mix-up after another,

"Wild Hogs"

* 1/2

Director: Walt Becker Genre: Comedy More information: Rated PG-13 for crude and sexual content and some violence; running time is 99 minutes.

and you're done.

Screenwriter Brad Copeland doesn't even develop a background to the four men's friendship. We know Woody and Doug are college pals, but how they met Bobby and Dudley is never explained. But, if you want Hollywood to make a comedy about you and your buddies, they had better include a minority and a nerd.

Director Walt Becker ("National Lampoon's Van Wilder") understands only cheap jokes. An embarrassing series of gags features a motorcycle cop (John C. McGinley) who catches the guys in compromising situations (sharing a sleeping bag or skinny dipping in a roadside water hole) and enthusiastically offers to join the fun. Shouldn't this level of gay humor have died when "Three's Company" went off the air?

Unable to resist the genre's

biggest cliché, Copeland has the Wild Hogs incur the wrath of a hard-core motorcycle gang, the Del Fuegos, led by Ray Liotta. The four heroes defend a small New Mexico town from the Del Fuegos in a climax that takes the second half of the movie to develop.

As often happens in dumb comedies, supporting actors get the few genuinely funny moments. Liotta enjoys spoofing his psycho roles, but the one really amusing line belongs to Stephen Tobolowsky, as the town's cowardly sheriff. "I got my law-enforcement degree on

the Internet," he says. "For arms training, they just told us to play 'Doom."

The idiocy of "Wild Hogs" is disheartening because a much funnier, emotionally honest comedy about middle-aged friends biking to the Pacific could be made if the characters were believably human.

I'll bet the same four stars would really have gotten their motors running in that version.

Instead, they leave skid marks all over the screen.

 Jeffrey Westhoff is a movie critic for the NorthWest News Group. He can be reached by e-mail at sidetracks@ nwnewsgroup.com.

Still playing

Smokin' Aces: R The Queen: PG-13 Night at the Museum: PG Hannibal Rising: R Norbit: R **Astronaut Farmer: PG Ghost Rider: PG-13** Bridge to Terabithia: PG The Abandoned: R Because | Said So: PG-13 Reno 911!:Miami: R The Number 23: R

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ROUND LAKE BEACH STADIUM 18

dv. Tix on Sale 300 (R) - ID REQ'D * lia Screen: WILD HOGS (PG-13) (1245 315 545) 815 1045 g Screen: ZODIAC (R) - ID REQ'D (1230 350) 710 1030. (130 450) 810

MAZING GRACE (PG) (105 345) 655 940 (1205 230 455) 720 950 HE NUMBER 23 (R) - ID REQ'D (1255 305 515) 725 935 (115 355) 705 1005

BRIDGE TO TERABITHIA (PG) (1140 1240 200 300 420 520) 640 740 900 1000 GHOST RIDER (PG-13) (1200 100 235 335 510) 645 745 920

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Wild Hogs (PG13) 12:30, 1:45, 2:40, 4:05, 5:10, 6:30, 7:35, 9:05, 10:00 Happy Feet (PG) Astronaut Farmer (PG)

1:15, 4:00, 6:55, 9:30 Number 23 (R) 12:55, 3:10, 5:25, 7:40, 9:55 Reno 911: Miami (R) 🗸 🗶

1:30, 3:30, 5:30, 7:35, 9:50 Abandoned (R) 6:20, 9:10 Amazing Grace (PG) 1:25, 4:10, 6:50, 9:25 Ghost Rider (PG13)

12:25, 1:40, 2:55, 4:25, 5:35, 7:00, 8:05, 9:35 Bridge To Terabithia (PG) 12:35, 2:50, 5:10, 7:30, 9:45

Breach (PG13) 1:20, 4:00, 7:00, 9:40 Music And Lyrics (PG13) 12:25, 2:50, 5:15, 7:40, 10:05

Daddy's Little Girls (PG13) 12:40, 3:00, 5:15, 7:30, 9:45

Norbit (PG13) 12:30, 2:55, 5:20, 7:45, 10:05 Hannibal Rising (R) Because I Sald So (PG13) 12:45, 5:20, 9:50 The Messengers (PG13)

12:50, 3:05, 5:25, 7:35, 10:00 Epic Movie (PG13) Ghost Rider (PG13)

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BREACH (PG-13) (4:45) 7:30 10:10;

NIGHT AT THE MUSEUM (PG) (4:15) 7:15 10:00;

SHOWPLACE 8

ZODIAC (R) (4:30) 8:15; SAT - MON MATINEE 1:00 HE ASTRONAUT FARMER (PG) (4:00) 6:45 9:30;

THE NUMBER 23 (R) (5:15) 7:45 10:15; SAT - MON MATINEE 2:30 BRIDGE TO TERABITHIA (PG) (4:50) 7:15 9:40;

GHOST RIDER (PG-13) (5:00) 8:00 10:30; SAT - MON MATINEE 2:00 MUSIC AND LYRICS (PG-13) (4:40) 7:30 10:00; SAT - MON MATINEE 1:45

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ZODIAC*[R] Daily 12:20 3:30 6:40 9:50 ASTRONAUT FARMER* [PG]

RENO 911: MIAMI" [R] Dally 12:10 2:05 4:00 5:55 7:50 9:45

THE NUMBER 23* [R]

Daily 1:10 3:15 5:20 7:25 9:30 BRIDGE TO TERABITHIA [PG]

Dally 12:00 2:10 4:20 6:30 8:40 GHOST RIDER [PG:13]

Daily 12:30 2:50 5:10 7:30 9:55

BREACH [PG-13] Daily 4:40 9:10

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Running Time

The unpredictable predictability of the Oscars

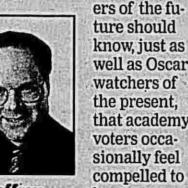
Decades from now, after this year's Academy Award nominees have departed, Oscar fans might wonder whether Martin Scorsese and Clint Eastwood were practical jokers.

On Sunday, Scorsese won best director, and "The Departed" was named best feature, even though Eastwood's "Letters From Iwo Jima" was clearly a better film. Two years ago, Eastwood won best director, and "Million Dollar Baby" was named best feature, even though Scorsese's "The Aviator" was clearly a better film.

"Perhaps," movie fans of the future might say, "Scorsese and Eastwood worked out a deal to switch Oscars, maybe as a

sneaky way to prove the best pic- while he was clearly relieved to ture doesn't always win."

It would be a fun little conspiracy theory, but Oscar watch-



Jeffrey Westhoff

ture should know, just as well as Oscar watchers of the present, that academy voters occasionally feel compelled to honor a particular filmmaker, even if he or she

doesn't deserve it that year. Such was the case with Scorsese. No modern director deserved an Oscar more, and

finally win - and the standing ovation he received proved the Hollywood community was relieved as well - Scorsese won for the wrong film.

"The Departed" is an entertaining crime drama, but it doesn't have anywhere near the depth of "GoodFellas" or "Mean Streets" or even "Casino." Scorsese won because academy voters didn't want to see any more "Scorsese snubbed again" headlines.

The upside of this is that the next time Scorsese wins - and he will - it will be because he deserves it.

While people were talking about Alan Arkin beating Eddie Murphy in the best supporting

actor race, or Melissa Etheridge's "An Inconvenient Truth" theme trumping all three songs from "Dreamgirls," the evening's biggest upset had a Spanish accent.

Guillermo del Toro's "Pan's Labyrinth" was the most highly praised of all the year's nominated films. It racked up several early technical awards and was poised to become the night's big winner. But the award that was supposed to cap its achievement, best foreign language film, went to the German spy drama "The Lives of Others."

Perhaps it was because I watched it at a party, but this year's Oscar show was the most enjoyable for at least a decade. It was still too long, but Ellen

DeGeneres kept things moving better than most recent hosts. Most of the winners, including those in the lesser categories, gave heartfelt speeches. Name the last time the winner of best live-action short was eloquent.

The presenters were more. polished than usual, too. In terms of laughs, Al Gore was the night's big winner for the hilarious moment when the orchestra played him off as he was about to announce his candidacy for president.

Maybe he's saving it for the Emmys.

 Jeffrey Westhoff is a movie critic for the NorthWest News Group. He can be reached by e-mail at sidetracks@ nwnewsgroup.com.

'Black Snake Moan' slithers with emotion, great acting

By JEFFREY WESTHOFF sidetracks@nwnewsgroup.com

Writer-director Craig Brewer places two interlocking puzzles into his films. He doesn't make it clear how much, if any, ironic distance he places between himself and his characters. Nor is it certain Brewer expects the audience to observe that distance.

 In other words, while watching "Hustle & Flow" are we really meant to feel it's hard out there for a pimp?

Brewer's follow-up, "Black Snake 'Moan," is more confounding. Its characters, like those in "Hustle & Flow," genuinely wish to rebuild their lives and find redemption. Few films present Christian faith and forgiveness so compellingly.

Yet "Black Snake Moan" also is built upon a deep, and deeply lurid, misogyny. Symbols of female oppression are treated as jokes. The repugnance of these elements erodes the goodwill of the film's message.

The story takes place in rural Tennessee and opens with a pair of departures. Lazarus (Samuel L. Jackson) sits and seethes as his ex-wife (Adriane Lenox) announces she is leaving with his younger brother. Elsewhere in the county Rae (Christina Ricci) cries as Ronnie (Justin Timberlake), her boyfriend in the National Guard, leaves for Iraq.

Ronnie has been the only cure for what Rae calls her "sickness" (psychiatrists would call it nymphomania). Ronnie's truck has barely cleared the driveway before Rae writhes on the



Photo provided

Christina Ricci stars in "Black Snake Moan," a film that discusses human sexuality.

ground in heat, then takes off on a bender that leaves her drugged, raped, beaten and deposited half-naked on the road outside Lazarus' farm.

Lazarus takes her in to tend to her wounds. When he learns of her wanton ways, Lazarus decides to cure Rae of her urges by chaining her up. The padlock hangs so low on Rae's waist that the chain isn't so much a symbolic chastity belt as the real thing.

Here is where Brewer sadistically whips his audience into conflicted feelings. Lazarus' intentions are pure. His methods are cruel and bizarre, but he honestly wants to save the girl, and he

never touches her with carnal intent.

At the same time, he doesn't have a problem with leaving Rae in the clothes he found her wearing - white panties and a cutoff sweatshirt so tiny that nothing short of divine intervention keeps her breasts covered.

. The bizarre premise isn't the only reason you can't tear your eyes away from "Black Snake Moan." The performances are excellent and the characters well drawn.

Jackson hasn't been this magnetic since "Changing Lanes," and John Cothran Jr. gives him strong support as his minister. Timberlake's role is small,

"Black Snake Moan"

Director: Craig Brewer Genre: Drama

More information: Rated R for strong sexual content, language, some violence and drug use; running time is 116 minutes.

but he does well and deserves credit for seeking challenging projects such as this and "Alpha Dog."

Ricci is convincing, too, when Brewer allows her to switch off the sex kitten

The film's look and feel are drawn from two inspirations, 1970s cinema and delta blues music. Brewer patterns "Black Snake Moan" after the gothic, rural Southern films of the early '70s (two shots are lifted from the original "Texas Chain Saw Massacre"), and the film's title comes from a blues song. Rescuing Rae reawakens the ferocious blues man dormant within Lazarus since he got married because you know a character named Lazarus must experience a rebirth.

One of those scenes stolen from "Texas Chain Saw Massacre" equates Rae's libido with Leatherface's murderous rage. That's the hypocrisy that tears this fascinating film apart - The female sexual urge must be broken, but the male sexual urge can be celebrated in song.

 Jeffrey Westhoff is a movie critic for the NorthWest News Group. He can be reached by e-mail at sidetracks@nwnewsgroup.com.

Enter the mystical world of marionettes



Photo provided Chicago Shakespeare Theater will present

"Marionette Macbeth" March 13 through 25.

Chicago Shakespeare Theater presents play with Carlo Colla e Figli

Chicago Shakespeare Theater and Italy's premiere marionette company, Carlo Colla e Figli, will present the world premiere of "Marionette Macbeth" Shakespeare Theater on Navy Pier.

Scottish thane who murders his king will be told by Chicago Shakespeare Theater actors speaking Shakespeare's text and more than 100 3-foot-tall marionettes designed and built for the production by Carlo Colla e Figli's master aters were being constructed at the same craftsmen.

Ticket information

To buy tickets for "Marionette Macbeth," call (312) 595-5600, or visit www.chicagoshakes.com.

Carlo Colla e Figli. The actors and spo-Buckley.

Marionettes first made their appearcentury Medieval Church, where they Shakespeare's tragic tale of the were used to stage passion plays. into an art form that sought to create audiences throughout the world. theater, ballet and opera - in miniature

In Shakespeare's era, marionette the- students age 21 and younger.

claims he saw Shakespeare's Julius Caesar performed by marionettes prior to the play's premiere staging at the Globe in 1599.

In the following two centuries, marionettes became part of the world of Europe's intelligentsia and aristocracy, performing great works of drama and ken word are directed by Chicago's Kate opera - including, of course, the works of William Shakespeare.

During the 18th century, marionettes March 13 through 25 at Chicago ance as a theatrical device in the 15th were the rage of the great artists and writers, and they performed great works of the finest creative minds. Today, mar-Throughout the years, their use evolved ionette companies continue to entertain

Tickets for "Marionette Macbeth" cost \$35 to \$45 for adults and \$30 to \$40 for

Performances are 75 minutes long time as the great public theaters, and and will begin at 7:30 p.m. on March 13, Eugenio Monti Colla directs the pup- were a widely popular form of entertain- 14, 15, 16, 22 and 23; at 1 p.m. on March 21; petry, which is performed by members of ment. Playwright Thomas Dekker and at 3 p.m. on March 17, 18, 24 and 25.



The "American Passion Play" will be performed at the Bloomington Center for the Performing Arts in Bloomington this month. The play, which tells the story of Jesus Christ, has been performed for 84 years.

Take a spiritual journey to the past

Religious play to take place in Bloomington

the "American Passion Play" has shared a story of spirifual majesty in an ornate southern-Illinois edifice built solely for its telling.

Thanks to a \$14 million dollar facility renovation by the designers of Chicago's Millenium Park, the story returns to spread its up-

For more than eight decades, lifting message in a setting that is Performing Arts in Bloomingrefreshed and restored.

ney to Palestine, 30 A.D.," produc- begin at 2 p.m. tion manager Wally Crouch said in a release. "We travel with the living Christ, meet His apostles and follow His ministry from the sermon on the mount to His res- www.americanpassionplay.org.

urrection and ascension."

The play is performed at the Bloomington Center for the ton: Performance dates are "The American Passion Play March 3, 10, 17, 18, 24 and 31; and takes viewers on a spiritual jour- April 1 and 14. All performances

To order tickets or a free planner's packet, call (309) 829-3903, or (800) 354-9640. Tickets cost \$20.

For more information, visit

Pet for adoption



Photo provided

Timmy is a 1-year-old bunny looking for a place to live. He is available for adoption through Animal Education and Rescue. For more information about Timmy and other animals, visit www. animaleducationandrescue.org, or call (847) 816-0831.

Musical of Musicals' shows life is a cabaret

By TOM WITOM thomaswitom@yahoo.com

As a theatrical genre, spoofs ave gained currency. Consider he success of "Forbidden roadway" and "Forbidden lollywood."

"The Musical of Musicals: he Musical!," which pokes fun t five musicals, was first preented off Broadway in late 2003 nd is now proving a good vehile for Noble Fool Theatricals.

Created by Eric Rockwell music) and Joanne Bogart lyrics), it's getting a lively stagng under director Bill Jenkins nd his hard-working cast -Mark Houlahan, Catherine ord, Tom Taylorson and Leah Morrow, plus onstage pianist Tom Clear.

"The Musical," justifiably decribed as lightweight, bases its remise on an old showbiz storyline – ingénue June can't come up with the rent demanded by her insistent landord. Will her boyfriend Bill bail her out? How helpful is the advice she gets from her friend Abby?

Tickets, please

The Musical!" Where: Noble Fool Theatricals, Pheasant Run Resort, 4051 E. Main St., St. Charles When: Through April 21 Tickets: \$27-\$37 (Dinner show packages also available.) Show information: (630) 584-6342

What: "The Musical of Musicals -

. The "plot" is played out repeatedly during the course of the show - five times, in fact, each parodying the style of a different composer-lyricist.

It starts with Richard Rodgers and Oscar Hammerstein ("Oklahoma," "The King and I") and continues on through Stephen Sondheim ("Into the Woods," "Sweeney Todd," "Send in the Clowns"), Jerry Herman ("Hello, Dolly," "Mame"), Andrew Lloyd Webber ("Phantom of the Opera," "Evita") and John Kander and Fred Ebb ("Cabaret," "Fosse").

Along the way there are multiple inside jabs at specific musicals, so it's easy to miss some of the satirical references. Still,



Ensemble members (from left) Leah Morrow, Tom Taylorson, Mick Houlahan and Catherine Lord star in a scene from "The Musical of Musicals - The Musical!." The play will take place through April 21.

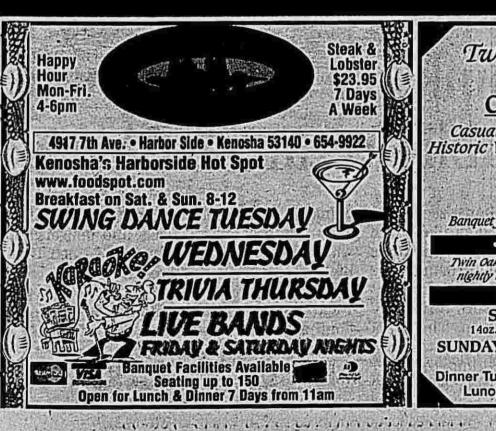
"The Musical" has enough legs to stand up on its own.

Later, other familiar titles

pop up with humorous twists, such as "A Funny Thing Happened on the Way to

Decorum" and, during the "Cabaret" send-up, "Drink your wine ... 'cause life's a Cabernet."







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Everymom

A laugh a day chases wintry blues away

My children and I had plenty of time to bond at home lately because of a recent bout of colds and the extreme winter weather.

And it's been wonderful. Really. Well, most of the time. So I've maybe had some stir-crazy afternoons. Just a few too many. OK, a lot. Who am I kidding? Must get out of this house soon.

It's just that I could use some warm weather, some time outside. A day in which I don't end up watching at least one Barbie

Before I had children, I was the aunt who eagerly bounced in and entertained the children.

I didn't quite get it when my sister told me not to wake up her son when I arrived. "Why not?" I thought. "I want to see him."

Or why it wasn't a great idea to get the Play-Doh out on the living room floor.

I didn't understand how moms suddenly went deaf when their children repeatedly asked them for something.

How could they completely tune out their children?

"I'll never do that," I thought. Again, that was before I had children.

These days, I'd rather walk through an icy parking lot in high heels (and I never wear high heels) than wake up my children.

And I love my 3-year-old's stories and marvel at the questions she comes up with. But sometimes, I hear her repeating, "Mommy, mommy." I'm pretty sure she just spent the past few minutes talking, but I can't for the life of me comprehend what she just said.

Sometimes, especially in the car, I just want to sing along to the radio or stare blankly out the window and ponder life's questions. Questions like: Exactly how do other moms store bath toys. without them turning showers into obstacle courses? Instead, I usually hear:

"Why are we stopping?"

"Why is it bumpy?"

Jami Kunzer

"Where are we going?"

And so, I answer accordingly, and I regularly deliver the day's marching orders. Pick up those blocks. Time for supper. Get ready for bed. Because that's a part of motherhood.

I just didn't quite get it until I became a mother.

Still, in an effort to fight the winter blahs and bring out my inner aunt; I'm making a vow here and now to spend at least a portion of the day, you know, really having fun.

Want to fill the tub with snow? Go ahead.

Want to play in the sink and splash water all over the floor? Just this once.

Want to paint yourself purple? OK. Hey, let's go on a magic carpet ride.

Because, lately, I could use a reminder that having fun should be as much a part of motherhood as marching orders.

· Columnist Jami Kunzer is the mother of Summer, 2, and infant twins Anna and Lilly. She writes about the everyday challenges facing parents. You also can connect with Jami online Tuesday, Thursday and Saturday through her blog, which can be found at www.nwherald.com. Reach Jami at jkunzer@nwnewsgroup.com, or (815) 459-4122.

Correction

In the Feb. 23 editions, the article "Feeding frenzy" incor- children and three grandchilrectly stated that Aviva Suppo dren. raised three children.

Suppo actually has four

We regret the error.

Worth a thousand words

War photojournalist shares work with public at exhibit

War photojournalist Sean Sutton, of Mines Advisory Group (MAG), will display his "Surviving the Peace" exhibit in the U.S. for the first time March 10 through April 29 at the Chicago Cultural Center Michigan Avenue Galleries, 78 E. Washington St., in Chicago.

This traveling collection of photographs documents the challenges faced by war survivors. It also relates how the work of the humanitarian organization MAG helps rebuild lives in countries like Iraq. Sudan and Lebanon.

"The exhibition is not about doom and gloom," Sutton said in a release. "Yes, there are sad images. It would be dishonest to filter them out. But that's not what the exhibition is about. It's about hope, humanity and courage."

MAG, co-laureate of the 1997 Nobel Peace Prize, is a United Kingdom-based charity that partners with U.S.-based MAG America to help communities recover from conflict by clearing land mines, unexploded bombs and small arms and light weapons that threaten the lives of millions worldwide.

"Surviving the Peace" aims to show viewers that this extraordinary work, supported by the U.S. government, continues. to change the lives and cultures of conflict-affected countries and communities.



This photo of amputee deminers taking a break from work in Rum Chek village in Cambodia will be on display at an exhibit in Chicago this month.

Want to know more?

- For more information about Mines Advisory Group, visit www. magamerica.org.
- For more information about the Chicago Cultural Center Michigan Avenue Galleries, visit

www.ci.chi.il.us/Tourism/CultureCenterTour/1stfloor.html.

Learn to think like a chimpanzee during a public lecture in Chicago

Internationally renowned chimpanzee expert mankind. During the lecture, the two will dis-Jane Goodall will provide an in-depth look into cuss chimp cognition, care and conservation, the mind of our closet living relative at a public while sharing personal insight gained from a lecture at the Navy Pier Grand Ballroom from 2 - lifetime of work with these animals. to 5 p.m on Sunday, March 25.

world's foremost authorities on chimpanzees.

Goodall and Wrangham have changed the way the world thinks about chimpanzees and hu-

In addition to learning about Goodall's per-Goodall will be joined by Harvard University sonal passion for chimps and Wrangham's firstanthropologist Richard Wrangham. The event hand accounts of studying the animals in the will offer the rare opportunity to hear two of the wild, attendees will learn what they can do to ensure chimpanzees have a bright future.

Cost to attend the lecture is \$20.

For more information, visit www.lpzoo.org.

Relish the American Table

Taste of Kentucky

By JEANETTE HURT editorial@relishmag.com

Home cooks have always used indigenous ingredients, and in Kentucky, bourbon has always been on hand. Even in dry counties, this special spirit has been used to flavor many things, including pork chops and ice cream.

"My grandmother was a strict teetotaler, but she never minded tipping the bottle into anything she was fixing," said David Larson, chef-in-residence at the Woodford Reserve distillery, in a release.

Perhaps nowhere does bourbon's blend of spice and sweetness meld so well as with pie, and bourbon pie is a classic Kentucky recipe.

"The bourbon gives the pie a more complex flavor," Larson said. "The bourbon flavor rides on the wings of the sugar, and they really work well together. You have to remember that to make bourbon, there are yeasts and sugars involved. There's a wonderful kinship there."

That relationship adds depth, but because the pie is baked, the alcohol is cooked out. Bourbon can be added to almost any sort of pie - from peach cobblers to chocolate creams - but the classic recipe is just a basic, filledcustard affair, similar to a pecan pie without the pecans (but some cooks do add nuts or chocolate bits, too).

Nutmeg, mace, cinnamon and even black pepper also can be added to bring out different nuances of the bourbon in the pie, but be careful not to add too much. The pie can be served plain or topped with cream or an elegant meringue.

it's especially popular around Derby time."



Bourbon Pie (Serves 8)

Ingredients: 2 cups granulated sugar 4 eggs

1/4 cup heavy cream 2 tablespoons bourbon 1 tablespoon unsalted butter,

11/2 teaspoons commeal 11/2 teaspoons all-purpose white flour

1/4 to 1/2 teaspoon cinnamon (optional)

1 uncooked pie shell

Directions:

Preheat oven to 350 Fahrenheit. Whisk all ingredients (except pie shell) together and pour into pie

Bake 35 minutes, or until top is crusty.

 Jeanette Hurt is a contributor with Relish Magazine. Look for Relish magazine each month in the Lake County "It's kind of a Sunday dinner- Journals. For more Relish recipes, to type of pie," Larson said. "And sign up for a biweekly newsletter, or to leave a note on a Relish message board, log on to www.relishmag.com.



The city of Chicago is celebrating its 170th birthday. In honor of the event, the Chicago History Museum will waive admission March 3 and 4.

Happy birthday, Chicago!

Admission to Chicago History Museum waived

In recognition of Chicago's 170th birthday, the Chicago History Museum (formerly the Chicago Historical Society) will waive admission March 3 and 4.

The museum also will have refreshments that weekend, as well as live music.

The historical society announced it changed its name to in February 2006.

Society was founded in April senses. 1856 by the city's leading entre-

Where it's at

The Chicago History Museum is at 1601 N. Clark St. in Chicago. For more information, call (312) 642-4600.

preneurs Chicago's transformation from a frontier town into a major urban center.

Recently renovated, the museum features artifacts, installations and new galleries.

The Costume and Textile themed sections. Gallery displays changing exrenowned costume and textile collections.

lows children to learn about and toys. The Chicago Historical Chicago through their five

document verse people and places, visitors might want to visit the KPMG and Paul and Katherine Snyder Community Gallery, "Chicago: Crossroads America." This gallery showcases Chicago's past in several

The museum's gift shop ofhibits from the museum's fers a wide selection of items on the history and culture of Chicago and the United States. For children, the Konen It includes a large selection of the Chicago History Museum Family Children's Gallery al- books, posters, photos, jewelry

> To learn more about the Chicago History Museum, To explore Chicago's di- visit www.chicagohistory.org.

Discover how to make tax season a little less taxing

Most Americans view their tax return returns manually. as a document that represents all things financial to them - containing both personal and financial information for all household members.

As the Internal Revenue Service motivates Americans to electronically file to defend against intruders, viruses and their tax returns, the future can seem a spyware that can compromise files and little scary for the millions of taxpayers passwords. who have continued to prepare their tax

Several steps can be taken to ensure a tax return is filed safely online.

1. Update your computer's virus protection software. Install patches for its operating system and software programs

2. Only store financial information on

protect access to your programs by using fields. something called a "strong" password - a (upper and lower case) to ward off possible identity thieves.

word is to come up with a memorable your computer. phrase.

3. Never use an automatic login fea-

your computer that is necessary. And ture to populate user name and password

4. Use a firewall program if you use a combination of letters and numbers high-speed Internet connection like cable, DSL or T-1 that leaves your computer connected to the Internet 24 hours A good way to create a strong pass- a day. Without it, hackers can take over

Information courtesy of ARA Content

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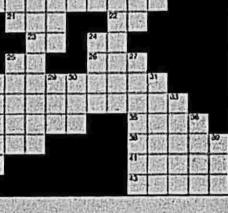
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Horoscope

PISCES - Feb 19/Mar 20

One way or another you'll make a name for yourself this week, Pisces. You attract people who like controversy.

ARIES - Mar 21/Apr 20

Unfortunately, you're not very popular this week, Aries. You feel like you're stranded behind enemy lines with nothing but your wits.

TAURUS - Apr 21/May 21

Taurus, you are the life of the party this week and you're enjoying the spotlight immensely.

GEMINI - May 22/Jun 21

Gemini, even though you feel exposed and unready to conquer a major obstacle, you are actually ahead of the game. You have nothing to lose.

CANCER - Jun 22/Jul 22

Surprise everyone with your extensive knowledge and personality, Cancer.

LEO - Jul 23/Aug 23

Leos don't always know what they can and cannot do, Leo.

VIRGO – Aug 24/Sept 22 Once again, you are looked to for your

leadership, Virgo.

LIBRA - Sept 23/Oct 23 If you're too eager this week, Libra, you'll only alienate friends and coworkers.

SCORPIO - Oct 24/Nov 22

You're on a roll, Scorpio. You are a hero, a genius and generally entertaining to many around you.

SAGITTARIUS - Nov 23/Dec 21 If pushed too far you might be unable to

stop this week, Sagittarius.

CAPRICORN - Dec 22/Jan 20

If your clients or coworkers are smart this week, Capricorn, you'll get the final say.

AQUARIUS - Jan 21/Feb 18

You're a slave to your reactions, Aquarius.

Elements of the Ridiculous

Beauty is truly in the eye of the beholder

Boy, I hate jewelry ads. The scene: There's this holi-

day party, and several women are wearing gorgeous jewelry (no arguments here). One poor, unadorned woman fawns at the well-bejeweled ladies (because we all know that women, much like raccoons, are attracted to shiny things).

The set-up: This unhappy lady realizes her jewelry is apparently inferior (because styrared styleter of the miletal at all ale to take to women are shallow creatures

ject to is?

Jana Thompson

who are subtantrums),

and guess whose fault it The punch line: Why, it's

her dumb husband's fault for not buying jewelry from the right store (because a man's worth is measured by his jewelry-purchasing power). She dumps something (an hors d'oeuvre, her icky jewelry, her dignity?) in his drink, just to show how miffed she is (take that, stupid man).

Some day, my knight in shining armor will bend down on one me hugging the microwave. knee and say, "Jana, I love you." Will you take this ... dishwasher ... as a token of my love, and will

you marry me?"

The microwave will emerge from an enormous velvet box. "Ohhhh," I'll sigh, "He went

to Best Buy."

People will see me at parties and say, "Can we see your engagement microwave?"

I'll have wallet-sized photos of "Ooooooh, ahhhhhhh, it's

sooooo ... umm ... kitchen-y," they'll say.

"It's going to be an heirloom," I'll tell them. "I'll pass it down to my first daughter."

"Oooooh, I heard he changed your oil that day, too. How romantic."

"Yes," I'll say, "(Sniff.) It was a beautiful day."

 Jana Thompson is a columnist for the NorthWest News Group. She can be reached at jthompson@ nwnewsgroup.com.

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Spring into fashion

Fill your closet with the latest clothing styles

Spring is in the air. It's time to pack away all your winter clothes and take stock of what you need to complete your spring wardrobe.

Do you need just a few pieces, or a complete closet overhaul? Where do you start?

First, you need to know what the latest trends are. With couture runway collections featuring more wearable fashions, retailers are easily converting the latest looks into pieces that fit right into your closet - at a fraction of the price.

Below are a few of this season's hottest trends.

 Nautical – The old classic is back again. Mix and match patterns and solids while keeping within the red, white and blue family.

· Metallic - Gold has been the front-runner for the past few years, but silver is now taking center stage. Shoes, bags, skirts and cropped jackets all come metallic-colored materials. Pick one piece and keep everything else simple.

· Bright whites - Crisp linen and cotton from head to toe create a chic uniform. Beware of anything too tight. This look should be sophisticated and breezy.

 Dresses, dresses, dresses -All patterns, solids, fabrics and shapes are hot this season. Take advantage of the ease

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The winter season is ending, and that means spring is nearly here. It's time to go through your closet and revamp your clothes collection, keeping the latest styles in mind. Current fashion trends include nautical patterns, metallic colors, bright whites and dresses.

you from day to night with a top looks. simple change of accessories.

or a pop of color - there is a you're looking for.

with which your outfit can retailer that will make it easier come together. A dress can take for you to pull off this season's

Your annual closet-cleaning Whatever you need - should seem a little less dauntwhether streamlined simplicity ing now that you know what

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Cell phone users can now receive sale information

Americans finally have tapped into the text messaging craze full force.

Telecommunications and Internet Association, a trade association for the wireless communication industry, U.S. cell phone users sent more than 64.8 billion text messages in the first six months of 2006, up 98.8 percent from the first six months of the previous year.

to do with that tiny keypad than text messaging your friends and family.

House hunters, for example, can receive the listing information for some homes by text mes-

home sale information through a property ID number. All a person has to do is send a text message for-sale signs) to "TXT ERA," or buyers.

House hunters also can choose to be notified by text message when homes that meet their requirements become available.

"We're always looking for ways to better service our customers, including communicating in ways that best fit their ever-changing lifestyle," said Bill According to the Cellular Cogan, ERA vice president of interactive marketing, in a release.

Noting that ERA was "founded on technology," Cogan said his company was the first national real estate brand to tap into the mobile frontier www.ERA.com Mobile, a service that allows customers to view. These days, there's a lot more ERA's listings and more from cell phone Internet browsers.

> Text messaging seemed like a logical next step for the techsavvy company. In fact, it might be ahead of the curve.

According to the research firm In-Stat, wireless text mes-ERA Real Estate provides saging is expected to increase six-fold between now and 2009.

So far, ERA has found that its text messaging service is most with the number (displayed on popular with first-time home-

Opera opportunity

An afternoon of music comes to Barrington Hills

An opera opportunity is coming to area residents.

An "Afternoon of Opera, Operettas and Classical Piano.' featuring baritone Hernandez and pianist Luciano Laurentiu, will be performed at 2 p.m. on Sunday, March 25, at a residence in Barrington Hills.

Laurentiu will perform on a recently renovated baby grand piano from Henry Steinway's golden age.

Hernandez is now a highly sought after artist on the operatic stage.

He will sing in "La Boheme" during Lyric Opera of Chicago's upcoming season.

Chicago resident. Laurentiu has performed with. Elmhurst Symphony Orchestra and the American Opera Group.

He also helped establish the. Chicago

Resurrection Concert Series five years ago.

Following

the program, guests enjoy wine hors d'oeuvres.

The event costs \$35 for Lyric Opera \$45 for guests. Checks payable BCLOC can be sent to Margit Vogel, 380 Oak Hill Road, Lake Barrington,

IL 60010.

For more

information

about the show, visit the

Lyric Opera

of Chicago's

Web site at

www.lyric-

opera.org, or

call (847) 304-

0422.



Levi Hernandez A baritone who will sing with Lyric Opera of



Laurentiu

Will play a baby

grand piano at a

March 25 concert

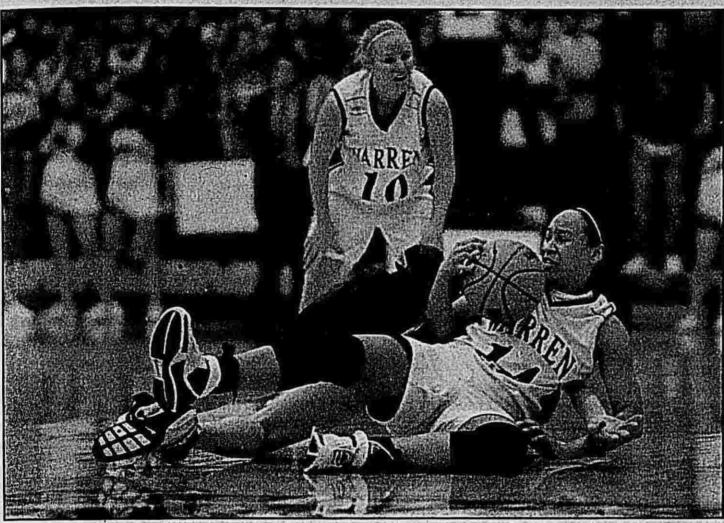
Other sections

SPORTS Our Town A5 Neighbors A8 NASCAR A45 Police Beat A7 Calendar A11 Classified B7

Page A39 LakeCountyJournals.com Friday, March 2, 2007

IHSA CLASS AA GIRLS BASKETBALL SUPERSECTIONAL: BUFFALO GROVE 60, WARREN 41

Bison stifle Blue Devils' title hopes



Warren's Melanie Duplessis gets tangled with a Buffalo Grove player while struggling for the ball during Warren's 61-40 IHSA Class AA Supersectional loss at Loyola University in Chicago.

Buffalo Grove knocks off Warren

By MATT PERA

mpera@nwnewsgroup.com

CHICAGO - This was supposed to be Ali-Frazier III - two heavyweights going toe-to-toe for the third straight year, with the same high stakes on the

In one corner stood the Warren Blue Devils and junior center Sarah Boothe, a varsity starter since her freshman year and a college recruiter's dream with slick post moves and a 6-foot-5 frame.

In the other corner - the Buffalo Grove Bison and junior guard/forward Maggie Mocchi, a versatile player equally at home in the paint or on the perimeter.

The stage was set for an epic battle. Each team had one win under their belt in head-tohead competition.

Warren had defeated the Bison two years ago in the IHSA Class AA Supersectional; and Buffalo Grove returned the. a knockout punch before half-



Sandy Bressner - sbressner@nwnewsgroup.com

Warren super fans Jim Hilliard, Eric Quall, Patrick Palmieri, Andrew Ostrander, Josh Keene, Taylor Quintero and Casey Weaver, all juniors at the Gurnee school, argue a call in the fourth quarter of Warren's 61-40 Class AA Supersectional loss to Buffalo Grove.

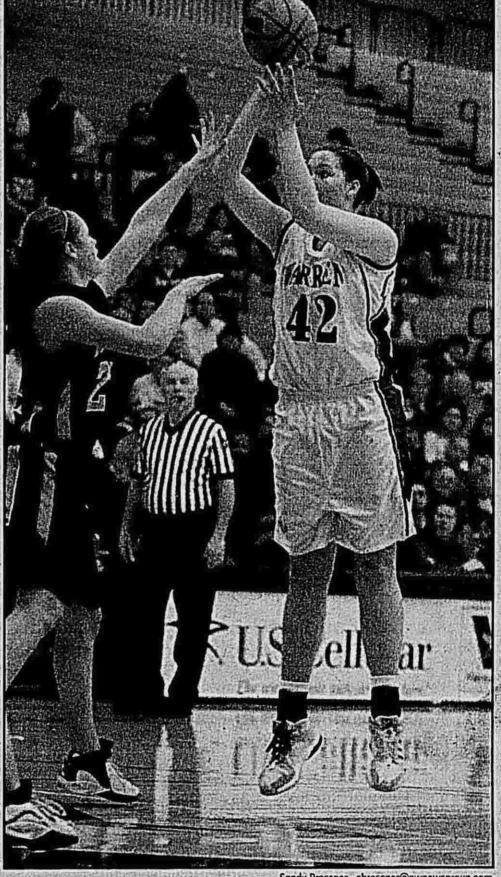
favor last year to snatch the time. Blue Devil's crown.

University, again in a supersectional game, it was time to complete the trilogy.

This one, however, featured

The Bison played their On Feb. 26 at Loyola patented trap defense to perfection, forced Warren into several early mistakes and capitalized on them early and often.

See WARREN, page A40



Sandy Bressner - sbressner@nwnewsgroup.com

Warren center Sarah Boothe, a junior, attempts a shot during Warren's 61-40 Class AA Supersectional loss to Buffalo Grove.

Bison limit Boothe's boards

By MATT PERA

mpera@nwnewsgroup.com

unheard of in the three-year varsity career of Warren junior center Sarah Boothe.

As the halftime buzzer sounded in the Class AA from the backboard. Supersectional game against Buffalo Grove, she headed into

the locker room with no rebounds.

Standing at 6-foot-5, Boothe is CHICAGO - It is almost almost always the tallest - as well as one of the best - on the court. Not many players can successfully box her out in the paint or keep her at a safe distance

See BOOTHE, page A46

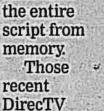
On The Sidelines

Where we're going, we don't need jumpsteps

It goes without saying that everyone has a certain movie that they love. Everyone has that one piece of cinematography that speaks to them and for me, that movie is the comedy classic "Back to the Future."

As a child, I must have

watched that movie more than 100 times and even as an adult, I can recite the entire script from memory.



commercials with Christopher Lloyd set in the Back to the Future universe recently dredged up my love for the movie.

Daniel J.

Patrick

But why would a sports writer ramble on about a movie that was made 22 years ago, you ask? Well, it's because I would love to take Doc Brown's Delorean time machine up to 88 miles an hour and back to a time when high school basketball didn't have the jumpstep as a legal move.

Back in my playing days, and it wasn't all that long ago, jumpsteps and hopsteps were illegal and got a traveling call every time. It's a wonder that in just seven years, the prep basketball world has changed so much to allow such a move.

While giving an offensive player another jump after dribbling might not seem like much, it's another move toward the NBA game that does not need to be taken in varsity contests.

For years, the jumpstep and hopstep was relegated purely to the NBA ranks to allow for a faster, more athletic game and consequently, more slam dunks. While I'm all for faster games in the high school

ranks, hopsteps typically lead to more collisions in the paint as defenders can misjudge how far an offensive player will hop.

A lot of oldtimers will talk about the good-old days when basketball was more about the jump shot and less about the slam dunk. As enjoyable as watching an athletic player get that extra jump on the defense is, it also makes for harder hits down low and the added potential for injury.

Well that, and a lot of former players like myself whining about the good old days. So Doc Brown better fire up the time machine, because I want to go back to the time when driving to the basket didn't have that little hop at the end.



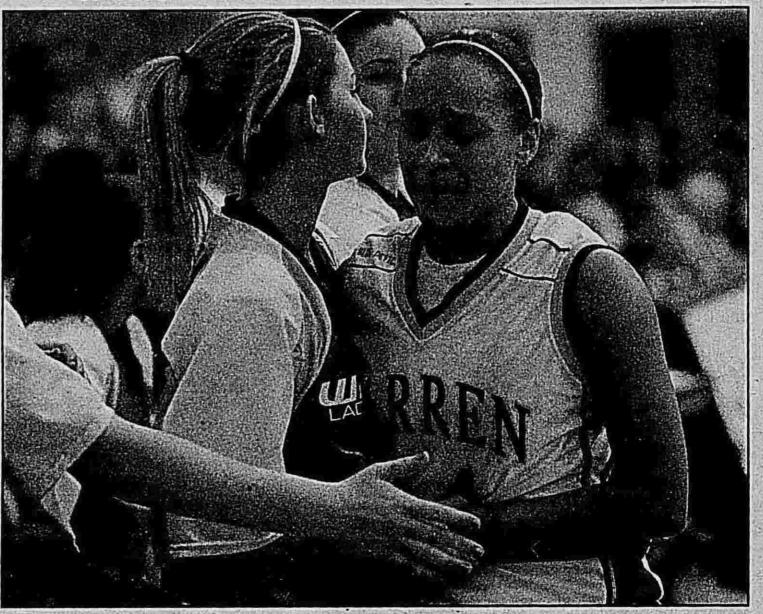
Congratulations to the Warren girls basketball team on a fine season. While a 21point loss probably wasn't what the Blue Devils had in mind for their season finale, Warren had the deepest run in the Lake County Journals' coverage area yet again.

While fine players like Melanie Duplessis, Brittany Innes, Stacy Leach and Deanna Payne have suited up for the last time, take it from a former basketball player that the memories that you have just made will never fade.

With a 28-4 final record and a thrilling last second threepointer from Innes to win over Johnsburg, there's plenty this team will have to look back on long after the rigors of high school life are gone.

The Blue Devils aren't the only ones that have given this sports writer a few more memories to hold on to. So thanks to all the area girls basketball teams for another great season.

· Daniel J. Patrick is the sports editor for the Lake County Journals. Write to him at dpatrick@nwnewsgroup.com.



Warren senior Melanie Duplessis is consoled by teammates as she leaves the floor in the final minutes of the team's 61-40 Class AA Supersectional loss to Buffalo Grove at Loyola University in Chicago.

Blue Devils succumb to Bison defense

WARREN

Continued from A39

The result was a 61-40 win that sends Buffalo Grove (34-1) to state for the second straight

The supersectional champs' game plan consisted of playing the passing lanes for key steals (10 overall), aggressive man-toman defense, and an offense that featured few flaws.

"I'm a tough guy to impress but these kids were awesome, Buffalo Grove head coach Tom Dineen said of his squad. "I don't know if anybody would eral double- and triple-teams to have beat us [Feb. 26]."

Mocchi stole the show, stuffing the stat box with 28 points, seven rebounds, five steals and plan ... They're good at trapthree assists.

Her twin sister, junior forward Allison Mocchi, played Boothe tough throughout the game, holding the star center to six points and zero rebounds in the first half and 14 points and six rebounds for the game.

While Allison was the defensive anchor, boasting eight rebounds, four blocks and two steals on the night, she also got a little help from her friends.

The Bison implemented sev-

Everything went right for them, it looked effortless for them. And, for us, it seemed to be a real struggle to get any type of flow and rhythm going.

John Stanczykiewicz Warren girls basketball coach

neutralize Boothe into a near nonfactor in the first half.

ping" Boothe said of Buffalo Grove. "We just didn't execute on the offensive end, we just did not come out strong and ... they just executed on everything, hitting all of their shots."

The result was a 31-13 halftime score, highlighted by Warren (28-4) managing just one field goal in the second quarter.

And, with that, the second half was little more than a curtain call.

The Bison continued to pick off errant Warren passes and implemented its fast break to perfection after halftime.

Buffalo Grove capitalized on 18 turnovers overall by the Blue Devils, which Warren senior guard Stacy Leach identified as a key stat.

"We started turning the ball over and it was tough," she said. "You can't [have] turnovers against Buffalo Grove, because they turn those into points"

Leach battled through early foul trouble to contribute nine points and four rebounds.

Other top performers for the Bison were junior center Ellen "It was a great defensive Ayoub (14 points, 11 rebounds) and senior guard Rachel Buchek (11 points; four rebounds, three assists).

Warren coach John Stanczykiewicz said the Bison were nearly unstoppable, while his Blue Devils appeared uncomfortable for much of the game.

"Everything went right for them, it looked effortless for them," he said. "And, for us, it seemed to be a real struggle to get any type of flow and rhythm going.'

Lake Forest freshman gives his all at state finals

Nine athletes represent NSC

By EMILY PREVITI

epreviti@nwnewsgroup.com

WINNETKA - Talent.

School High Illinois Association Boys Swimming and Diving State meet was full of it.

Winning times of swimming events during two-day competition were, in the general, faster than many state's meets that took place so far this school year.

Nine athletes from the North Suburban Conference made it back for the second round of races.

Though they did not win any events, swimmers represented the NSC in the final and consolation heats of all freestyle events but the 400-yard free relay.

Lake Forest's Mitch Stoehr was the only freshman in the state to race in an individual swimming event during the final heats of the meet, on Feb. 23 and 24 at New Trier High School.

Scout's 16th-place finish, the highest of any team from the NSC.

ment after 500 free, given his ... it's impressive." sixth-place 4:44.19 was slower



Sandy Bressner - sbressner@nwnewsgroup.com

Libertyville's Danny LeJeune competes in the 200-yard individual medley during the IHSA Swimming and Diving State Meet Preliminaries at New Trier High School in Winnetka.

4:39.43.

the added time to his exhaustion from swims in two relays and two individual events on Feb. 23.

Lake Forest head coach Cindy Dell pointed out that Stoehr's time was more than 20 Stochr contributed to the seconds faster than his first swim of the season.

"He trains like I've never seen," Del said. "He is so focused Stochr expressed disappoint- and disciplined for a 14-year-old

During the prelims Feb. 23,

than the previous night's Stoehr hung with senior Chris 24. Bateman, of Naperville North. the 500 free in 4:39.43.

The move banished Bateman

"I knew he was a faster seed The 14-year-old attributed During the last 100 yards, than me," Stoehr said." I decided Stoehr motored ahead to win to try to hang with him and ... I had so much energy at the end."

Stoehr finished 12th in the to the consolation finals on Feb. 200 free (1:43.73). He said he's

aiming for a state title by his junior year.

The team's future looks bright, Dell explained, given that Stoehr illustrates the ability among the Scouts' freshmen and sophomores.

Lake Forest senior Jim Doetsch placed sixth and ninth, respectively, in the 50 (21.29) and 100 (46.82) freestyle, both personal bests.

"I'm really happy," Doetsch said of his performance.

"But it would have been a lot of fun to swim some relays ... I was kind of disappointed about that," he added.

Mundelein senior Aaron Slattery also finished his season with a smile.

On Friday, Slattery had missed finals for the 100 free by 0.01 seconds, but made it back in the 50 free.

"I was so upset," Slattery said. "I didn't really feel like swimming today at all."

But Slattery showed up, and donning a tie-dyed cap, swam well.

He started the day seeded 12th, and took seventh.

See SWIMMING, page A47

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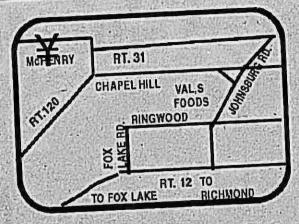
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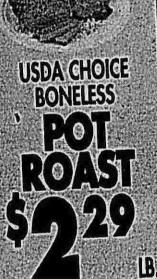
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BOYS BASKETBALL: MUNDELEIN 85, ANTIOCH 41

Triple threat too much for Sequoits

By DANIEL J. PATRICK dpatrick@nwnewsgroup.com

LAKE VILLA - Less than a day after a thrilling two-point against. victory 19th-seeded Johnsburg, Antioch's magic ran out as No. 4 Mundelein trounced Regional.

With a quick jumper from Antioch senior Royce Applegren, the Sequoits struck the first blow for the 2-0 lead. It would be their last lead of the night.

Mustang trio of Raffi Mantilla (19 points, six rebounds), Pat Barron (14 points) and Navjot Singh (nine points, nine rebounds), ran a quick fastbreak-based offense that put up 20 or more points in all but one quarter.

By halftime, the Mustangs had a comfortable 16-point lead, but didn't give the Sequoits any room to breathe in the second half. Led by Mantilla's 10-point quarter outburst, third Mundelein outscored Antioch 23-9, and in the fourth quarter, the Mustangs put up 25 to the Sequoits' 11.

"It's definitely a good way to start the tournament [with a 44-Dick Knar said. "We started off with a frenetic pace, but we started to make mistakes. When we calmed down at halftime, we were really able to score."

Antioch Mundelein's usual run-and-gun round to meet the Mustangs.

approach, but just couldn't keep up with the Mustangs' scoring. Mundelein was deadly from beyond the arc despite dry runs including an 0-for-6 spell. All in all, the Mustangs hit 11 threepointers to the Sequoits' 1.

"My jumpshot felt good today," Mantilla said after Sequoits 85-41 in the Lakes drilling three three's. "We didn't start out so well, but our coaches let our shooters shoot when they're free. If you're open, you are free to shoot and you aren't afraid that you'll get pulled out of the game."

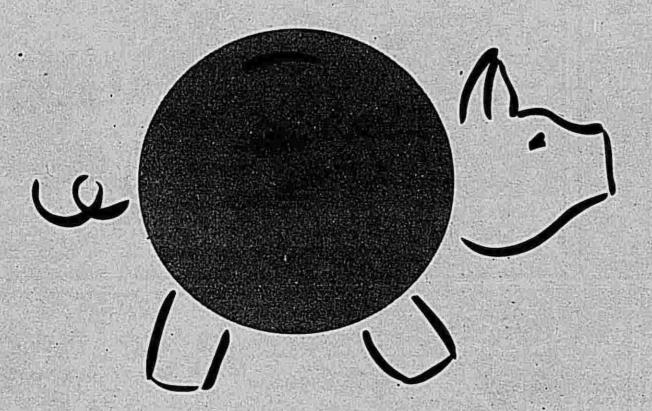
Sequoit senior Andre Mundelein, led by the potent Sobalvarro was the lone Antioch player to score in double-digits with 12 points while junior Austin Grimm scored all six of his points in the fourth quarter.

As for the Mustangs, all but two players were able to score in the game.

Antioch 50, Johnsburg 48

Before the Mustangs even had a chance to live up to their No. 4 seeding, No. 19 Antioch was able to pull of an impressive 50-48 upset over No. 14 Johnsburg Monday night. Sobalvarro once again led the way with a game-high 14 points while senior guard Trevor Popp chipped in 10 in the win.

The game ended in dramatic point win]," Mundelein coach fashion as Johnsburg had a chance to send the game into overtime with a driving layup with just more than a second left in the game. Luckily for the Sequoits, the layup rimmed out followed to send Antioch into the next



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-NEXTEL CUP SERIES

- Race: UAW-DalmlerChrysler 400 ■ Where: Las Vegas Motor Speedway (1.5 miles), 267 laps/400.5 miles.
- When: Sunday, March 11
- Last year's winner: Jimmie John-
- Qualifying record: Kasey Kahne, Dodge, 174.904 mph, March 5, 2004.
- Race record: Mark Martin, Ford, 146.554 mph, March 1, 1998.
- Last week: It's not often that the terrain of Southern California reminds a Badger of home. For two years running, Cambridge, Wis.'s Matt Kenseth has come to California Speedway and felt as if it were home sweet home. It's not often that a flat tire smells like home cooking, either, but the one Kevin Harvick had in the waning

laps of the Auto Club 500 sure came in handy. Harvick, who won the Daytona 500 in a side-by-side finish, met disaster a week later when his Chevrolet had a flat tire at the worst possible time. The race had been stopped. Harvick's Chevy had been drawing ever closer to Kenseth's Ford when a grinding crash, one that knocked Toyota driver David Reutimann silly, occurred between turns three and four of the two-mile track. The crash happened on lap 243. After the red flag, the green flag was set to wave again with Harvick now right on Kenseth's bumper and four laps remaining. Harvick never took the green flag. He rolled down pit road with a flat tire. As a result, Kenseth won the race.

BUSCH SERIES

- Race: Telcel-Motorola Mexico 200
- Where: Autodromo Hermanos Rodriguez (2.518 miles), 80 laps/201.44 miles.
- When: Sunday, March 4 Last year's winner:
- Denny Hamlin
- Qualifying record: Jorge Goeters, Ford, 103.366 mph, March 5, 2005.
- Race record: Martin Truex Jr., Chevrolet, 67.591 mph, March 6, 2005.
- Last week: Matt Kenseth, in a Ford, won for the 22nd time in his career, winning the Stater Brothers 300 at California Speedway.

CRAFTSMAN-TRUCK

- Race: American Commercial Lines 200
- w Where: Atlanta Motor Speedway, Hampton, Ga. (1.54 miles), 130 laps/200.2 miles.
- When: Friday, March 16 Last year's winner: Todd Bodine
- Qualifying record: Rick Crawford, Ford, 182.735 mph, March 17, 2005.
- Race record: Ron Hornaday Jr., Chevrolet, 142.424 mph, March 18, 2005.
- Last week: Mike Skinner, in a Toyota, won the San Bernardino County 200 at California Speedway. It was his 20th career victory.

LAS VEGAS DATA March 11 FINISH STARY LAS VEGAS MOTOR SPEEDWAY Distance:.... .1.5 mile oval Length of frontstretch:....2,275 ft Length of backstretch:1,572 ft. Miles/Laps:400 ml. = 267 laps

F-TOP-10-IN-POINTS-

NEXTEL CUP 335 1. Mark Martin - 5 Jeff Burton - 26 Jeff Gordon - 28 Kevin Harvick - 65 David Ragan Clint Bowyer - 71 - 76 Joe Nemechek - 84 8. J.J. Yeley - 96 Kyle Busch - 99 10. David Stremme BUSCH SERIES Kevin Harvick 345 Carl Edwards - 15 Matt Kenseth - 18 - 36 Dave Blaney - 56 Greg Biffle **Denny Hamlin** - 65 Tony Stewart - 73 Kyle Busch - 113 Regan Smith - 122 10. Marcos Ambrose -142 CRAFTSMAN TRUCK SERIES Jack Sprague 355 Mike Skinner 355 Johnny Benson - 25

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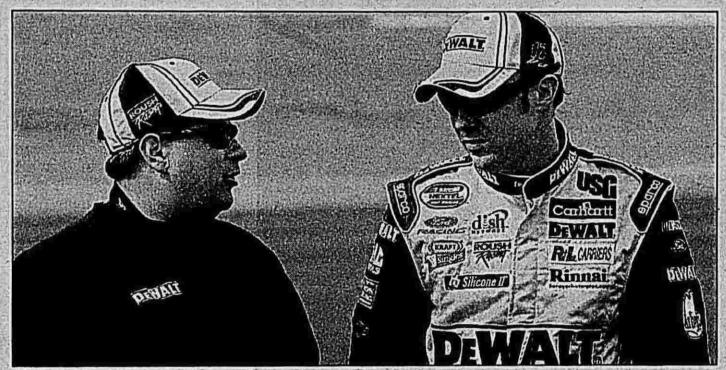
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WHO'S HOT AND-WHO'S NOT-



John Clark/NASCAR This Week

Matt Kenseth talks to a crew member in Daytona earlier this season.

- ▶ Who's hot Matt Kenseth, who's won the first race at California two years in a row. ... Mark Martin, who leads the points despite the fact that he has no interest in winning the championship.
- ▶ Who's not Kevin Harvick, who might have won the Auto Club 500 if not for flat tire at the worst possible moment. ... Tony Stewart, who has been fast in both races but ranks only 21st in the standings.

FEUD OF THE WEEK



S



Reutimann

David Reutimann vs. Greg Biffle

Reutimann was shaken up in a fiery crash on lap 243 of the Auto Club 500. A tap from behind by Biffle's Ford sent Reutimann's Toyota into the California Speedway wall between turns three and four. The impact briefly left Reutimann stunned, but he was able to climb out of the burning car with the assistance of California Speedway safety personnel.

NASCAR This Week's Monte Dutton gives his take: "The final laps of any race are dangerous, with drivers desperately trying to pick up positions. It's highly unlikely that Biffle wrecked Reutimann intentionally, but neither driver was available for comment afterward."

Smaller fuel tanks make patience even more important

By Monte Dutton NASCAR This Week

Ron Hornaday

Ted Musgrave

Travis Kvapil

Rick Crawford

9. Mike Crafton

10. Erik Darnell

Todd Bodine

FONTANA, Calif. — The standard fuel-cell size is now about 18 gallons, or four less than at most tracks in the past. NASCAR is abandoning the 22gallon tank that has been in use for decades. Lower capacity, obviously, means more pit stops during a 500-mile race.

"When you pit more often, it can go either way," said Casey Mears. "You might start to feel you've done it 10 times already,

-NUTS-AND-BOLTS-

back and say, 'All right, right here is not where we need to pass 10 guys; we just need to come out where we came in, and if we can pick up a spot or two, great.' You need to be patient because a small mistake is a big mistake on pit road because you lose so much time."

The heat is on - Team Red more comfortable and start Bull is feeling the pressure. pushing the limits because Neither of its drivers, Brian Vickers and A.J. Allmendinger, but you've got to hold yourself made the Daytona 500, and

only Vickers made the field at off his runner-up finish in the California Speedway.

"The best thing we can do right now," said Vickers' crew chief, Doug Richert, "is exactly what we've been doing: building the best cars we can and racing them as best we know how. There are a lot of smart, talented and experienced guys working on these cars. It's just a matter of time before we get our race cars competitive and get to where we want to be on the speed charts."

Daytona 500, Mark Martin decided to make his schedule slightly less limited.

He'll be back in the No. 01 Chevrolet come July at Daytona for the Pepsi 400. That boosts Martin's Cup schedule to 23 of the 36 Cup races and backs up rookie Regan Smith to 13 races.

"I just don't see any reason not to go back to Daytona and see if we can't finish the job in July," said Martin.

Lawless — Elliott Sadler said Surprise, surprise — Coming he was glad NASCAR officials

ignored their own rules at the end of the Daytona 500.

"As a fan of NASCAR and a competitor now," said Sadler, "I'm glad they didn't throw the caution. This is our Daytona 500. This is our Super Bowl of racing. Don't make it where NASCAR should be that much involved in who won the race. Let the boys race, and it ended up being a great finish.

"Every NBA Finals I've ever watched, the referees let the guys play a little bit more. ... I think it was the right call for the race and the situation and the circumstances. I think they made the right call."

BOYS BASKETBALL: Waukegan 73, Grayslake North 41

Speedy Bulldogs too much for rookie Knights

By DANIEL J. PATRICK dpatrick@nwnewsgroup.com

bang. That is, a bang from an illfated Waukegan warm-up dunk

41 victory.

With two pregame technical CARY - Grayslake North's foul shots, Grayslake North led first foray into the boys basket- 2-0. Unfortunately for the ball postseason began with a Knights, that lead didn't last

that belied of the Waukegan 73- leticism led to multiple sequent quarter. turnovers (20 total) and a speedy fast break offense that put problems where we're not box- three steals while Rashaan quarter deficit. From there, it North coach Todd Grunloh said. seven rebounds, and Josh got worse for the young Knights as the 10-16 Bulldogs proceeded Waukegan's tenacious ath- to outscore North in every sub-

"It's pretty much an impossible Nickerson finished with 13,

task to keep [Waukegan] off the boards. In the second half, they switched it up to man ... they picked up the pace the way they wanted to and that was the difference."

Despite the final score, North showed some brief moments brilliance.

After the Bulldogs were able to up because they're our two senthird quarters, the Knights were able to slow Waukegan down with a zone defense that limited point production in the second and fourth stanzas to 11 and 15 points, respectively.

Junior Noel DeLaMar was a bright spot for the Knights as he scored 16, including 10 of North's 14 fourth quarter points.

Waukegan was rather demo-

cratic on offense as Naudgee "We still had athleticism Carpenter led with 14 points and Grayslake North in a 22-9 first ing out well enough," Grayslake Melvin added 13 points and

> points, rebounds and four steals. Six-foot-six big - man Justin Richmond also turned in a fine performance with nine points, eight rebounds and three blocks.

> "Richmond a n d Nickerson really stepped

run up the score in the first and iors," Bulldog coach Al Rogers said. "They both understand that it's win and go on or lose and go home and I don't think they want to end their season right now."

> With the loss, Grayslake North ends its inaugural boys basketball varsity run at 1-26. Waukegan faced Cary-Grove in the regional semifinal on Feb. 28, results were not available at press time.

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Warren center's improved second half doesn't earn win

We still had

athleticism problems

where we're not boxing

out well enough.

Todd Grunloh

Grayslake North boys basketball coach

BOOTHE

Continued from A39

the Bison?

Buffalo Grove head coach Tom Dineen gave much of the Boothe was guarding Bison juncredit to junior forward Allison ior center Ellen Ayoub, who Mocchi, who had the tough assignment of guarding Boothe man-to-man for most of the game.

paint, the 5-foot-10 Mocchi was right there, sealing the junior center off and keeping her away from most rebound opportunities.

Mocchi had similar success, Dineen said, in last year's Supersectional battle with the Blue Devils.

"Allison's job on Sarah was just awesome," he said. 'Individually, Allison two years in a row now has really shut down Sarah."

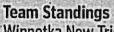
On top of Mocchi's individual exploits, Warren head coach John Stanczykiewicz credited So what went wrong against Buffalo Grove's help defense on Boothe.

> He added that, because often prefers the perimeter to posting up, Boothe was not in the paint as much as usual.

"For most of the season; When Boothe was in the Sarah's been able to stay in the lane because the girl she was guarding played a traditional post position or [was] only a threat to score ... near the basket," Stanczykiewicz said. "In this game, Sarah has to guard a kid [in Ayoub] that's their first or second [best] three-point shooter."

> Boothe was more successful on the boards in the second half, pulling down six rebounds. But, by that point, the Bison had built a comfortable lead.

Check out the North Suburban Conference competitors



Winnetka New Trier, 177; Glenview Glenbrook South, 129; Naperville Neuqua Valley, Naperville North, 108; (16) Lake Forest, 23; (19) LaGrange Lyons, Lincolnshire Stevenson, 18; (30) Mundelein, Urbana, 7; (35) Aurora Waubonsie Valley, Libertyville, Riverside-Brookfield, 2.

200-Yard Freestyle

1. Chris Peterson, St. Charles North, 1:39.74; 2. Kevin Overholt, Naperville Neuqua Valley, 1:40.98; 3. Stephen Pendleton, Winnetka New Trier, 1:41.17; 12. Mitch Stoehr, Lake Forest, 1:43.73.

200-Yard Individual Medley

1. Brett Lullo, Naperville Central, 1:50.57; 2. James Ridgeway, Chicago St. Patrick, 1:51.89; 3. Conor Handley, Naperville North, 1:53.66.

50-Yard Freestyle

1. Brian Alden, Naperville Neugua Valley, 20.14; 2. Jake Grosser, St. Charles East, 20.64; 3. Ben Wampler, -Winnetka New Trier, 20.88; 6. James Doetsch, Lake Forest, 21.29; 7. Aaron Slattery, Mundelein, 21.48.

100-Yard Butterfly 1. Brett Lullo, Naperville Central, 49.57; 2. Andrew Schmitt, Glenview Glenbrook South, 50.09; 3. Nick Garvy, Lisle Benet Academy, 50.33.

100-Yard Freestyle

1. Brian Alden, Naperville Neugua Valley, 44.86; 2. Jake Grosser, St. Charles East, 46.0; 3. Colin Cordes, Glenview Glenbrook South, 46.16; 7. Duncan Partridge, Lincolnshire Stevenson, 46.62.

500-Yard Freestyle

1. Chris Peterson, St. Charles North, 4:34.40; 2. Alex Fraser, Darien Hinsdale South, 4:36.75; 3. Ben Hengels, Glenview Glenbrook South, 4:38.02; 6. Mitch Stoehr, Lake Forest, 4:44.19.

100-Yard Backstroke

1. Colin Cordes, Glenview Glenbrook South, 51.47; 2. Will Vodak, Winnetka New Trier, 51.67; 3: Jason Choi, Northbrook Glenbrook North, 51.82.

100-Yard Breaststroke

1. James Ridgeway, Chicago St. Patrick, 56.52; 2. Kevin Puskaric, Frankfort Lincoln-Way East, 56.65; 3. Will Ikeda, Skokie Niles North, 58.81.

200-Yard Medley Relay Winnetka New Trier (Will Vodak). Joe Welnhofer, Sam Metz, Ben Wampler), 1:35.11; 2. Glenview Glenbrook South, 1:35.44; 3. St. Charles North, 1:36.92; 3. Naperville Central, 1:36.11.

200-Yard Freestyle Relay

1. Winnetka New Trier (Stephen Pendleton, Michael Wilson, Joe Welnhofer, Ben Wampler), 1:23.41; 2. St. Charles East, 1:23.93. 3, Naperville North, 1:24.07; 11. Lincolnshire Stevenson (Duncan Partridge, Jamie Clark, Chris Finocchi, Matt Duncan), 1:27.59.

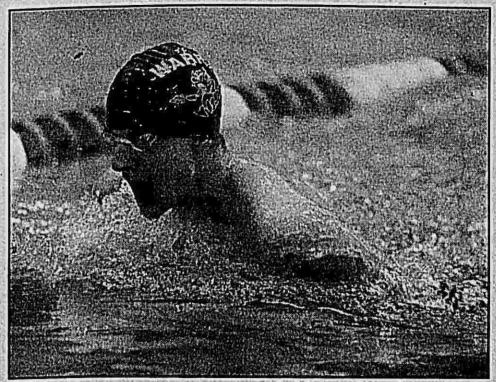
400-Yard Freestyle Relay

1. Winnetka New Trier (Stephen Pendleton, Ben Wampler, Mike Dominski, Will Vodak), 3:06.10; 2. Naperville North, 3:07.03; 3. Glenview Glenbrook South, 3:07.49.

Diving

1. Wes Villaflor, Glenview Glenbrook South, 483.70; 2. Jordan Dyson, Darien Hinsdale South, 455.85; 3. Philip Devine, Byron, 454.40; 7: Sean Vallely, Lincolnshire Stevenson, 397.80; 11. Scott Brzezinski, Libertyville, 363.80.

For complete results, go to www.ihsa.org/activity/swb/



Sandy Bressner - sbressner@nwnewsgroup.com

Brandon Olsen, of Warren, competes in the 200-yard individual medley during the IHSA Swimming and Diving State Meet Preliminaries.



Sandy Bressner - sbressner@nwnewsgroup.com

Ben Glick, of Libertyville, competes in the 500-yard freestyle during the **IHSA Swimming and Diving State Meet Preliminaries.**

New Trier wins meet for second year in a row

SWIMMING

Continued from A41

He credited Ian Sokoloski, also a senior Mustang, with setting him straight and motivating him to turn out his fastest 50 to date (21.48).

There is more to Slattery's accomplishment than meets the eye: the Los Angeles native did not start swimming until he hit high school.

Swimming veterans often joke they've been swimming as situation a "first." long as they've been walking, so his speed in light of his experience is somewhat of an anomaly.

Stevenson's 200 freestyle relay team of Duncan Partridge, Jamie Clark, Chris Finocchi and Matt Duncan clinched fifth place during finals with a time of 1:27.59. The finish was the

Additionally, Partridge won the consolation heat of the 100 free (46.62).

Stevenson diver Sean Valley placed seventh (397.80) in the diving competition.

Libertyville senior Scott Brzezinski's 363.80 earned him the 11th spot.

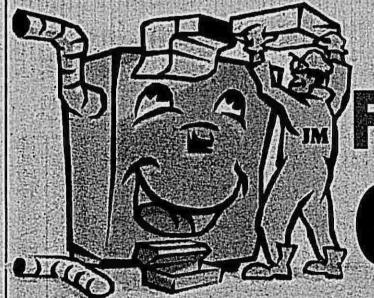
Normally, 12 divers compete on the meet's second day. However, a tied score allowed an extra diver to compete.

Meet officials declared the

For the second year in a row, New Trier won the meet.

They also swept the relays, Trevians Stephen with Pendleton, Michael Wilson, Joe Welnhofer and Ben Wampler off the state mark in the 200 free relay by 0.02. Lake Forest set that record in 2003, when the best posted by an NSC team at Scouts also won the team title.





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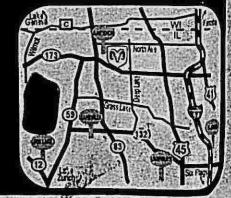
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JOURNAL MARKETPLACE



This photograph taken by Vernon Hills High School student Samantha Feld was one of five winning images in the Lake County Discovery Museum's student photo contest.



NEW TRENDS
IN HOME
SPACES
Page B2

SLIPCOVERS OFFER INSTANT ROOM REDO Page B3

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Page B19

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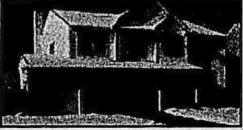
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New trends in home spaces

Families are doing more and plumbing hookup. This allows many people are opting to inmore entertaining at home, continuing the "nesting" trend. Therefore, builders are offering dishes to easily keep it managehouses that feature a greater able and contained in one area percentage of interior area rather than in piles in the bedrather than outdoor acreage - rooms. Organizational shelving, the latest in home-building closets and cabinetry keep launtrends. As such, newer rooms dry/mudrooms in order and can are cropping up as must-have also hide cleaning products and spaces. Here's a rundown on hampers. For those who must some other rooms to consider have a laundry area on the basefor your floorplan.

Rooms - Once stashed away in corner, these rooms are now getting updated and offer more flow into other living areas. are being placed on the main level of the house - off a kitchen or bathroom for easy become much more affordable.

families whose dirty laundry might pile up faster than dirty ment level, chutes installed Mudrooms and Laundry throughout the house that connect to the basement eliminate the basement or another dark the need to carry baskets of clothes downstairs for wash-

Home Theaters — Now that More than ever, laundry rooms the surround-sound systems and projection television or plasma television screens have

clude a home theater in their design scheme. It offers the convenience of enjoying movies at home in an intimate space that is convenient for you. A home theater room allows for unique social opportunities as well you can invite friends and family over for a "movie night," or use it to occupy the kids when the weather isn't ideal for outdoor activities.

Billiard/Recreation Rooms — Many people like the idea of a room to house all of their "toys." From pool tables to dart boards to chess sets, game rooms offer the ideal place for activities. They also offer the adults a distinct space where they can socialize and entertain guests away from the children. Game rooms can also be designed around the younger set, to include video game hubs, toys and a television. Again, this keeps the kids' toys contained to one area rather than strewn all around the house.

 Outdoor rooms — From the former "Florida Rooms" to greenhouses to outdoor kitchens, homeowners are bringing the indoors outside. Perfect for areas with a moderate climate, these rooms can be fully furnished spaces that take design hues and styles from the great outdoors. Glass-enclosed greenhouses or solariums offer a retreat where you can enjoy nature without the hassle of insects and pests. Plus, this room can house foliage year-round for



Today's new-construction homes are larger and feature a variety of different rooms, including recreation and game rooms.

those who live where the sea- warm and inviting, and can easing spaces provide an interest- tones on the walls: ing living space for homeowners open air.

rooms and dining rooms have stepped aside to make way for the "great room." These oversized spaces are well known for their open layout and multipurpose sensibility. They're often include anything from a rooms for family living - maximizing space to accommodate room spa to a workout center to larger amounts of people. These a reading nook, in addition to rooms are often designed to be sleeping quarters.

sons change dramatically, ily benefit by including plush Outdoor kitchens and other liv- furniture in the space, and rich

 Master suite — Today's who love to entertain in the master bedrooms have been expanded to include more than • Great rooms - Living just a sleeping and washing area, They're now being remodeled to imitate the luxuries of lavish hotels and vacation destinations, functioning as a secluded retreat. These suites can wardrobe area to a private bath-



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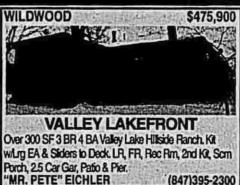
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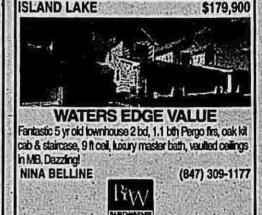
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will probably carry standard

sizes, such as recliner, large

chair, love seat and sofa. Follow

the manufacturers' directions

for measuring across the width

of your furniture to determine

the cover that will be the closest

Tucking trouble — If your

sofa is void of a suitable tucking

area, meaning there is no crease

between the sofa back and the

slipcover, by folding over sec-

into where the bottom cushions

holstery batting from a fabric

supply store or craft center to

covers are designed to accom-

modate the thick arms of today's

• Slipping and sliding — If you

Techniques for tucking —

Use a wooden spoon to tuck-into

use a magazine rolled up and se-

• Thin arms - Beef up the

arms, create neat pleats in the

a proper fit include:

tions. Oftentimes, covers are in-

uphólstered sofa, with the convenience of a cover that can in many cases be removed and laundered. Fit tips Each slipcover manufacturer Perhaps you've just moved, and 'will offer guidelines on choosing one that is the right size. They

There are many reasons to use slipcovers in your home. your current sofa set doesn't quite match the new color scheme. Maybe you've just had a baby and you want to protect your furniture from wear and tear. Or you like the versatility of being able to change the look of a room on a whim. Whatever the reason, here are some handy tips when considering slipcovers.

Slipcover styles

Slipcovers come in different types, varying by fit and price, color and pattern. The most basic is a loose-fitting cover that tions, and then tuck as usual can be tossed over the sofa to cover it. There is little tucking meet the seat back. required, or shape to this type of slipcover. Typically, this is an arms of your sofa with some upinexpensive find carried by most major department stores: The next grade of slipcover is fill out your slipcover. Most slipone that is more fitted. It might be constructed with elastic around the base skirt, and it will sofa styles. probably be a little more tailored to fit the shape of a sofa. It are placing a slipcover over a will not be a custom-fit — you'll leather or vinyl sofa, it may still have to do your share of slide around a bit. Use nonskid tucking and adjusting to strips, similar to those used achieve a look that closely re- under area rugs, placed directly sembles an upholstered sofa — on the sofa before you put on but it will be appealing to the your slipcover to keep things in eye. Select department stores place carry fitted slipcovers as well as specialty interior design shops. Custom-designed slipcovers are hard-to-reach areas. In addition, the priciest of the bunch. Here, your sofa is measured by a representative from the slipcover cially-designed foam tubes sold manufacturer, interior designer at stores that carry slipcovers. or furniture store, and a slip- They often may also be ordered

cover is manufactured directly from slipcover manuto the exact specifica- facturers. Consult with the store for more information.

 Wrinkle reducer — To take matching pillow care of wrinkles, throw the slipcover in the dryer with a damp cluded as well, towel for a few minutes. Just This option gives check the cleaning and care tag you a look that first to make sure the dryer most resembles an won't damage the fabric. In many cases, the dryer can also be used to shrink the slipcover to ensure a better fit.

Slipcover fabrics

styles used today for premade slipcovers. They're designed to be durable and easy to care for. It is easy to locate a cover that will work for your particular design scheme. Here are some common fabrics and their wearability:

- tents vary. Easy-care, lightweight fabric that drapes beautifit. Some other ways to achieve fully. Fabric becomes softer after just one washing. Wrinkleresistant - remove promptly from the dryer and it needs no ironing.
 - cotton. A medium-weight cloth, cotton duck is soft, breathable and durable. It is a wonderful, year-round fabric that retains color beautifully. Machine washable. Perfect for easy deco-
 - Damask: Cotton/polyester blend. A traditional weave with an elegant and luxurious texture. Machine washable.
 - Denim: 100 percent cotton. One of the most durable fabrics in a twill weave, prewashed for extra softness. Machine washable.
 - Olefin Blends: Fiber contents vary. Olefin is a favorite upholstery fabric because it is strong, lightweight, stain-resistant, and colorfast. The blending of Olefin with polyester, cotton and acrylic fibers creates machine-washable slipcovers perfect for everyday family life.
- Suede Look: 100 percent polyester. This cloth is characcured with a rubber band or speterized by a soft, napped surface. It drapes beautifully and is ma-

There are many fabrics and

- Cotton Blends: Fiber con-
- Cotton Duck: 100 percent

- chine washable.

Bright ideas for kitchens

Natural light and improved ventilation enhance kitchens

Lighter and brighter. That's a winning combination in most rooms but in the kitchen it's a slam dunk.

nets, countertops, walls and floors and you're halfway there. Add skylights to fill the room with healthful natural light, plus more ventilation, and you've economically upgraded one of the most used areas of your home. And skylights don't take up wall space like vertical windows, so you have more space for shelves or 'sufficient daylight. Also, we cabinets or for decorating.

rooms more functional and livable. But kitchens are especially enjoyable for family and skeleton throughout life. guests when they are bright, cheerful, and free of cooking odors, heat and humidity. Venting skylights in the kitchen release hot air, moisture, and odors while admitting additional light for more light. pleasant cooking, dining and entertaining.

Skylights, along with accessories including blinds and shades, can be controlled manthe touch of a button, pleasant and functional.

Electrochromic glass is also now available in skylights.

This new technology allows homeowners to lightened and darken the glass with the touch of a remote and the view of the sky is never lost.

The trend toward additional daylighting in kitchens is driven not only by homeowner desires for bright, open, energy-efficient spaces, but also by health considerations.

Adding more natural light Experts say to lighten cabi- to the kitchen, where families tend to gather much of the time for studying and socializing in addition to dining, has many health benefits. Studies show Seasonal Affective that Disorder (SAD), evidenced by emotional depression, a drop in physical energy, increased appetite, and need for more sleep, is directly linked to a lack of need vitamin D for calcium to Light from above makes all be absorbed by the body to strengthen teeth, bones and tissue to maintain a healthy

Research shows that two sources of vitamin D are diet and sunlight, and in healthy human bodies, 80 percent of vitamin D is produced in the skin when it is exposed to natural

Lighting designers and other housing professionals can help homeowners select a combination of natural and artificial lighting methods that ually or by remote control with will make kitchens even more



Abundant natural light and ventilation make kitchens more functional and enjoyable for cooking, socializing, and for family life.

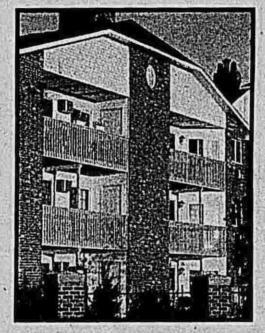
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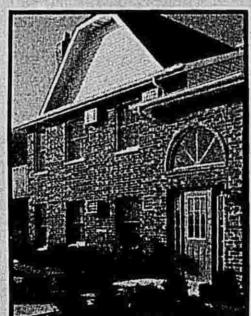
The Greens # Greens # Grish Prairie



Newly offered for sale, The Greens of Irish Prairie Condominiums.

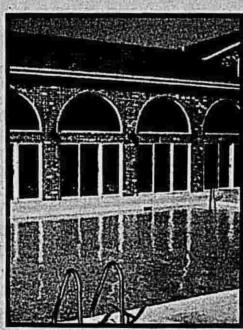
Owning your own home is within your reach at The Greens of Irish Prairie. Enjoy living in a beautiful condominium with the advantages of belonging to a private club with an indoor/outdoor pool and sand volleyball court.

With excellent financing available you may find that owning your own home can cost less than what you currently pay in rent.



The Greens of Irish Prairie feature easy access to Route 31 and Route 120, minutes from the Metra Train, is close to the recreation areas, shops and parks that make McHenry a wonderful place to live.

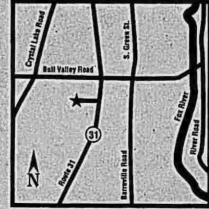
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- Washer/Dryer
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- Insulated Windows & Patio Doors
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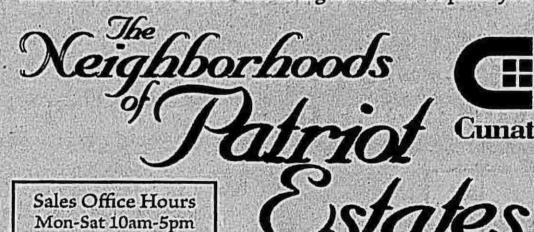
The Villas Townhome - 1 and 2 Story Options from \$157,900 Loft & Basement Options Available



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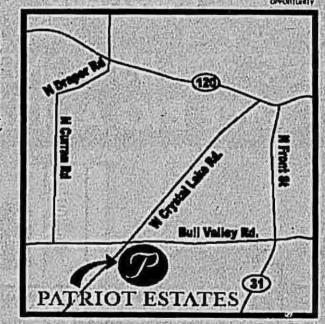
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Pets & Supplies 4460

2 CATS 1 male, 1 female. 16 & 8 months old. 815-356-0883

2 Siberian Huskles Need a home together ASAP. Kayla is 7 & Neesa is 6. A fenced in yard is a must & no cats, Great w/ Kidsl 847-487-4912

2 yr. Bik & White female Cattle Dog cross, Obed. Trained, spayed, all shots, good w/ kids, not cats or other dogs. Great Companion. \$50. Call 815-693-0542

5 KITTENS 8 Weeks old. 3 Female, 2 male. 815-943-3856

ADORABLE KITTEN 8 weeks old. Needs loving home. S50.00 815-477-1920

AQUARIUM 55 gallon w/ filter, lights, heater, cover. No leaks. \$95.00 815-895-9682

Cats: 2yr old male & female Black or Siamese markings; Free to a good Home, 815-206-4809

Cockapoo Pups~ vet V, 1st shots,dew claws & tails docked; Older Cocker avail. 815-344-6050

Pets & Supplies 4460

Creamsicle Corn Snake 815-444-1528 Free to a good home.

DOG - BOXER MIX Needs good home. Good w/ cats & dogs. 815-529-8633

FERRET CAGE by Super Pet. 4 Levels, 32"Lx20"Wx67"H. Includes 2 corner litter boxes. \$65.00 815-344-4979

FISH TANKS, 10, 15 & 30 gallons. Accessories: lights, filters. Make offers! 630-262-0852.

German Shepherd pup: 1 yr old. Very Friendly, very good dog, raised with children. 815-444-1528 Free to a good home.

IGLOO PET HOUSE 30" for small dog or cat. \$20.00 847-658-6Q58

KITTENSIII Free to good home. 630-212-6867

LOVEBIRD

Beautiful, yellow, 1½ yr old \$45.00 B47-334-9401 Pupples-Lic - Teddy Bears, Pom-Poos, Chihuahuas, Maltese, Toy

815-675-0003 RABBITS 11 Rabbits; All for \$120.00

Poodles \$350-\$500

St. Bernard Pupples AKC ready 4/1/07. Beautiful markings, dew claws. \$750. 815-378-5309

Horses & Tack 4470

2000 4-STAR TRAILER 3 Horse Slant Load and Ramp \$6,500 708-227-0795

Stalls avail. Trainers welcome. Heated indoor & barn. Dressage size arena. Lay-ups available Midge 815-385-1262

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According to the Newspaper Association of America, job seekers rank job location, benefits package and working hours as the three most important items of information in an employment ad. With the Journal Employment and ChicagoJobs.com, you've got it covered! To connect with qualified candidates, call (800) 589-8237 today.

5000 Transportation

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1975 OLDS 98 94K miles, 7.0L 455 V8, Good condition, \$1,750, 630-365-5872

400 Watt Car Amp. Barely used. \$99.00 B15-861-0542

Autos 5150

S500 Police Impounds.
Cars from \$500!
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and IRS sales. Cars,
Trucks, SUV's, Toyota's,
Honda's, Chevy's and
morel For Listings:
1-800-298-1768 x1010

1989 MUSTANG GT
Newer 331 engine, brand
new tremec trans, many
other high performance
parts, too much to listl
Needs paint, \$7,000/obo
815-790-8846 - Aft 4pm

1995 CHEVY LUMINA Loaded, 89K mi, looks and runs great! \$1,950/obo 262-909-0106

1995 NISSAN ALTIMA GLX - Moonroof, good buy and tires, runs great \$2500 847-856-1236

1998 CHEVY CAVALIER White, 4dr, good condition, 158,450mi, 1 owner,\$1750 847-639-0337

Cars & Trucks Wanted
Any condition, free
towing, 815-477-1179
* Top Dollar Paid *

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This is it! Life Changing, ground floor, income opportunity that I left S4K/yr

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847-265-1105

Pick-ups 5250

1992 FORD F-150 - 6 cyl, 39K, Western plow & salt spreader. \$3500/obo 815-560-1063

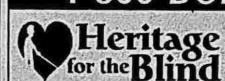
1997 CHEVY 3500 EXT

CAB 4x4 - Diesel, needs

motor, \$3000/obo
815-482-8222

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Vans

5300

1996 Ford E250 Van 192K ml. great job site van \$1500/obo 847-526-0092

2001 Ford Windstar Minivan. 95K miles, red, tint. Warranty. \$185.00 847-596-7848

Snowmobiles 5550

1994 POLARIS 600 XLT 1988 POLARIS 500 BOTH \$1250.00 630-377-3921

RV Service & Storage 5800

HEANEY'S INSIDE RV STORAGE 2 Snows \$35, 4 Snows/Trailers/\$50/mo. 847-587-9100

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CRYSTAL LAKE

FSBO 270 N. McHenry Ave. Attractive, in town 3 bdrm, 2.5 bath with basement Attached 2 car garage on fully landscaped for 11 floor laundry gas fireplace. very clean!

Move in condition. \$212,000 net comm. Brokers Welcome 815-459-1622

GURNEE You Get: \$5000 CASH at closing! Move In Tomorrow Gurnee Schools, 3 bdrm, 1.5 bath with Nice Family Room. EZ Financing 847-323-3437

KENOSHA, WI FSBO de sirable southside 4 bdrm 2.5 bath, many amenities \$307,500, 262-694-1758

SPRING GROVE **Orchard Bluff Estates** 4 bdrm, 2.5 bath, many upgrades on a beautiful landscaped acre. www.byowner.com ID # 13248

815-382-5016

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Housesfor Sale

6250

WAUKEGAN

45 North Burton 3 bdrm, 1 bath, garage. \$159,900 Connie Becker Century 21/Maki United 847-263-3118

Condos/Townhomes For Sale

FOX LAKE* Drastically reduced end unit TH Woodland Bay, 2BR, 1BA, FP, beautiful condition! \$139,000. Jan McNulty RemaxSub 847-385-3311

McHenry - FSBO, 55+ community, 2bdrm, 1 bath, 1c. gar, Well maint. All like new appl. <u>MUST SEE!</u> \$130,500 815-344-2413

Gumee / Wildwood 1 Bedrm from \$109,900. - 2 Bedrms from \$119,900. Royal Oak; on Gages Lake Rd. btwn Rt. 45/Hunt Club Rd. IGL R.E. 847 548-5100

Lots & Acreage For Sale

Lake Access Bargain 1-Acres, \$34,900 with FREE Boat Slips! RARE opportunity to own land on spectacular 160,000 acre recre-ational lakel Mature oak & hickory, utilities. Excellent financing. Prime Waterfronts Available. Call now 1-800-704-3154 EXT- 914

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MID WINTER SALE! Gold Homesites Just \$89,900. MAKE NO PAYMENTS UNTIL 2008! Pristine wooded home sites. Spectacular gol community. Mountains of SC, Limited time offer, Call

Mobile Homes For Sale 6500

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Enjoy quiet country living just minutes from downtown Crystal Lake, in our friendly close knit community. One and two bedroom homes available now. From handyman specials to ready for move in, we're sure to have something that's right for you!
This Months'

Featured Home bedroom, 1bath Mallard Park Model. Fully furnished with lots of built in

storage space and all the appliances tool Special Highlight: Built in stereo speakers wired throughout! \$17,900 For more information

about our community or listings call: 815-459-6033

Est. Businesses For Sale

CRYSTAL LAKE Sealcoat Co. with equipment and accounts. 815-482-9212

Weekly Journal West de-livers McHenry County's most qualified job seekers. Journal Classified (800) 589-8237.

Est. Businesses For Sale 6550

MILTON, WI Countryside Bar & Grill sits on 3.64 acres, easy access to 1-90 and Lake Koshkonong. Call Matt or Candie 608-758-1400

7000 Real Estate for Ren

Rooms For Rent 7150

Fox Lake - Ind. Apt. Plus single rms in lux. Mansion.Lake view No smoking Ladies 224-538-0756

Apartments, Unfurnished 7250

ANTIOCH 1 BDRM. COURTYARD APTS \$650. 1". mo. FREE. Senior Discounts Avail. (773) 457-1925

FOX LAKE Deluxe 2 bdrm. 1 bath, newly remodeled, No pets, \$795 815-403-9558

FOX LAKE Very spacious updated Studio, w/balcony Indry/storage in bldg. \$650 /mo + sec, heat/prkng. incl. 815-814-3348

We'll print & distribute over 280,000 copies of your ad every week! Journal Classified (800)589-8237.

Local Naples, FL Weather is Of Yes, you wish you were here.

Naples, FL: You can too be enjoying Florida's sunny skies and wonderfully balmy weather. Briar Landings is surrounded by natural beauty offering the lifestyle you desire. Fine dining, trendy 5th Avenue shopping, and pristine beaches are just minutes awayl ASK FOR OUR SPECIAL INCENTIVES

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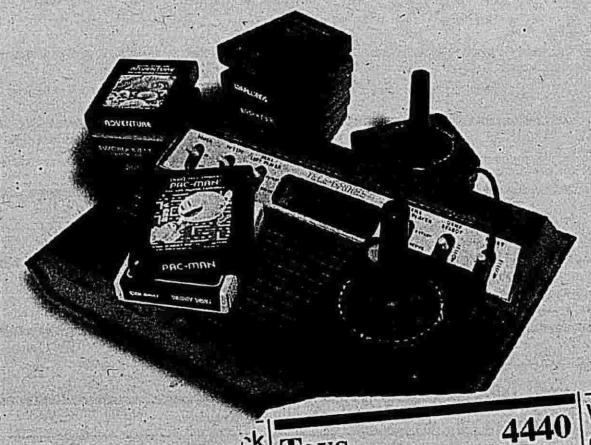
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Toys

ATARI video game system. Sears brand from 1980. id Incl. 2 joysticks, 12 games. 31- \$125 aha (815) 555-555.

Im tire of all the

Getting rid of an old friend can be difficult. Let Lake County Journals Classified help you through it.

Call 815-455-4800 to place your ad.

LAKE COUNTY

Apartments, Unfurnished 7250

Grayslake / Wildwood Royal Oaks Apts. 1 & 2 Bedrms from \$825. MONTH FREE RENT Garage parking near Gurnee Mills shopping. On Gages Lake Rd. between Rt. 45/Hunt Club Rd. IGL R.E. 847-986-2988

Grayslake **Wildwood** Savanna Ridge Builder's Model, In-Unit W/D hardwood floors, granite tops, Club Room 2 BR \$1,250. Also available furn. IGL R.E. 847 548-5100

WE'VE GOT IT! Journal Classified. (800) 589-8237. Visa, Mastercard & Discover Card accepted.

Apartments, Unfurnished 7250

Wauconda - in town freshly painted, new carpet 1 Bdm, \$585/mo \$2 Bdrm \$745/mo. Avail Now Call 847-650-4998

Condos/Townhomes For Rent

ISLAND LAKE 2 bdrm. 2 bath, 2 story TH, all appl, 1 car garage, deck, \$950/mo + sec, available 3/1. 847-845-4822

> ATTENTION Job Seekers

According to the Newspaper Association of America, more than 4 in 10 job seekers say they read newspapers more often during their job search than they did before that time. To connect with qualified candidates, call (800) 589-8237 today.

Houses Houses For Rent 7400 For Rent

NEW TODAY!

BEACH PARK, 12581 Eastwood, Option to buy Waukegan school dist. New 2400 sq ft 4 bdrm + den on 120x130' lot. \$1800 + utilities. 847-578-

Grayslake/Wildwood newer 2 story, 3 bdrm, 2 ½ bath, 2 car gar, no pets/ smoking, \$1350/mo. Avail immed. Call 847-668-4458

GURNEE 3 BDRM, 1-FULL & (2) 1/2 BATHS, very unique, wooded lot must see. \$1,300/mo. 847-812-3933.

OPEN HOUSES Watch for the Journal Classified Open House Di-rectory every Friday, Sat-urday and Sunday, In-clude your listing by calling (800) 589-8237. 7400

GURNEE, Bridlewood TH Newly decorated, 2 bdrm, 2.5 bath, 1 car gar, C/A, all appls, FP, beautiful view, \$1250/mo+sec or 2 bdrm+ loft, \$1395/mo+sec. Bren-da RE/MAX Showcase, 847-596-6109. Virtual Tour @ www.TJProperties.com

PISTAKEE LAKEFRONT 2 bdrm, 1 bath, appls and pler, \$900/mo. + sec. dep. 312-504-3441

Round Lake - Rent to Own, 3 BR, 2 BA, 2 gar, 200x70 lot, \$1000. Call My Home R.E. 847-409-4949

Comm. Property For Rent 7500

FOX LAKE Rt. 59 & 12, bldg. 60'X49', (3) 14' over-head doors, \$1,500/mo. Will divide. 847-302-7009.

Retail/Office Space For Rent

LAKEMOOR Storefront 2700 sl, \$11/sl, 12x12OH, \$2,395/mo, available now. 847-903-7788

Legals

Legals 8100

PUBLIC NOTICE

ZONING BOARD OF APPEALS FOX LAKE, ILLINOIS

Public notice is hereby given pursuant to a Peti-tion on file in the Village Clerk's office of the Village of Fox Lake, that a public hearing will be held on March 22, 2007 at 7:30 p.m. in the Village Hall,

8100 Legals

Fox Lake, Illinois, to hear the Petition of Michael Trinski, owner of the following described real estate to-wit:

Richard G. Gremley & Roy N. Miller, Sub Lot 4

Location of property is: North on Route 12 to Fox Lake Rd., West on Broadway, East on Fortress

The common address is: 1117 Fortress Dr.

Petitioner is requesting the following: A Special Use for a helicopter landng area

Said Petition is available for examination in the Vilage Clerk's office at the Village Hall in Fox Lake, Illinois

All interested persons are invited to attend said hearing and be heard.

Legals 8100

Ron Stochl, Chairman Fox Lake Zoning Board of Appeals Dated at Fox Lake, Illinois This 2 day of March, 2007. Published in the Fox Lake Journal, March 2, 2007.)

PUBLIC NOTICE

On February 20, 2007 the Corporate Authorities of the Northern Moraine Wastewater Reclamation District, Lake and McHenry Counties, Illinois passed and adopted Ordinance 07-3, an Ordinance Establishing Sewer Construc-tion/Acceptance/Maintenance Procedures and

Standard Specifications and Design Requirements of the Northern Moraine Wastewater Reclamation District, and said Ordinance having been published in pamphlet form by the Corporate Authorities of the Northern Moraine Wastewater Reclamation Respectfully submitted | District are available at the Legals 8100

office of the Wastewater Reclamation District Clerk.

Dorothy J. Bangle

Northern Moraine Wastewater Reclamation District Published in the the Wauconda Journal, March 2, 2007.)

PUBLIC NOTICE

On February 20, 2007 the Corporate Authorities of the Northern Moraine Wastewater Reclamation District, Lake and McHenry Counties, Illinois passed and adopted Ordinance 07-4, an Ordinance Regulating Installation, Operation and Enforcement of Regulations Associated with the Use of Sewers, Drains, Private Sewage Disposal, Building Sewers, and their Discharges within the Northem Moraine Wastewater Reclamation District, and said Ordinance having been pub-















Apartment & Condominium Guide















ANTIOCH **KBC - COURTYARD APARTMENTS** 428 &434 Filweber Ave. (773) 457-1925 \$700-\$800 1-2

Coin Op

Coin Op

Yes Cats

1 year (6 mo w/fee)

Window Unit

CARPENTERSVILLE MEADOWDALE APARTMENTS

CARY

CAMBIA TOWNHOUSES

132 W. Wood stock St. (815) 455-5510

WOODCREEK APARTMENTS

Amenities: Quiet Cul-de-sac, close to town

\$667-\$782 303 L. W. Besinger Dr. (847) 428-6404

\$1700

In Unit

1 year

Amenities: 2 play areas, Private storage, close to Metra, close to shopping, beautiful landscape grounds.

Available

Yes

Yes

Window Units

Yes

Wall Unit

Yes

Yes

2915 N. Richmond Rd. (847) 202-5510

\$695-\$920

1-2

Coin Op

Amenities: English basement, Executive living, landmarkmm.net

No 2-Car Attached

CRYSTAL LAKE CRYSTAL LAKE APARTMENTS

Amenities: Call for list of amenities.

1-2

1-2-3

1-2

Amenities: Small, clean community

Yes Cats Neut, decl 1 year

Optional

FOX LAKE BREEZY POINT APARTMENTS (847) 331-5268

Amenities: Lake views, near shopping and train, free heat & gas cooking. HUNTLEY -

\$815-\$835

Amenities: play area, tennis, volleyball courts, close to Metra, extra storage.

Coin Op

Yes

Cats - 1 year

Cats & Dogs 1 year

11703 Woodcreek Dr. East (847) 669-1800 Amenities: 2 play areas, Private storage, close to Metra, close to shopping, beautiful landscape grounds.

MCHENRY GREENS OF IRISH PRAIRE \$760-\$1158

\$710-\$950

1-2

1-2

1-2

In Unit

In Unit

Coin Op

Yes

Yes

Yes

Yes

Yes

Yes Cats & sm Dogs Flexible

Flexible

Min. 3 mo

Yes

Yes (2)

Yes

No

Yes

Yes Wall Unit

Yes.

No.

4300 W. Shamrock Lane (815) 363-0322

RICHMOND THE HIGHLANDS OF KENSINGTON MANOR 8400 Const Blvd. (815) 678-4727.

114 David Ln (847) 526-9228

WOODSTOCK

AUTUMNWOOD APARTMENTS 717 Irving Ave. (815) 334-9380

WOODSTOCK

WAUCONDA OAK TERRACE & LEGION COURTS APT303

\$700-\$1000

Amenities: None

\$741-\$870

Amenities: Spa

\$736-\$785

Amenities: 2 play areas, Private storage, close to Metra, close to shopping, beautiful landscape grounds.

1-2

Coin Op

Coin Op

Yes

Cats

Flexible

Yes

Included

No

Yes Window Unit

SILVER CREEK APARTMENTS 303 L. W. Besinger Dr. (847) 428-6404

NORTHWEST

To have your listing included in the Apartment & Condominium Guide, call Marlene at (815) 526-4497

Legals

8100

lished in pamphlet form by the Corporate Authorities of the Northern Moraine Wastewater Reclamation District are available at the office of the Wastewater Reclamation District Clerk.

Dorothy J. Bangle

Northern Moraine Wastewater Reclamation District (Published in the the Wauconda Journal, March 2, 2007.)

PUBLIC NOTICE

AFFORDABLE SELF STORAGE

Affordable Self Storage will dispose of goods for nonpayment of rent from unit #137 belonging to Brandy Kuenhold consisting of various household goods.

Disposal of the items will take place at Alfordable Self Storage 133 S. Rt. 12 Fox Lake, IL on Saturday, March 17, 2007 at 10:00

(Published in the Fox Lake Journal, March 2 & 9, 2007.)

PUBLIC NOTICE

WARREN TOWNSHIP

Notice is hereby given that sealed proposal will be received at the office of the Highway Department, Warren Township at 17801 W. Washington Street, Gurnee, Illinois 60031 until 9:00 o'clock A.M. on Tuesday March 13, 2007 for furnishing of the following material:

16,000 gallons premium no lead gasoline 16,000 gallons #2 premium low sulfur diesel

Proposals shall be made on forms furnished by the Township Highway Commissioner, and shall be addressed in a sealed envelope to: Warren Township Highway Department, c/o Margaret Keenan-Denniston, Town Clerk 17801 W. Washington Street, Gumee, Illinois 60031 and shall be marked "Material Proposal-Letting of March 13, 2007."

Further information regarding the letting may be obtained by contacting the Highway Commissioner at (847) 244-1101, extension 301. The Township in accordance with the Laws of the State of Illinois hereby notified all bidders that it will affirmatively insure that the contract entered into pursuant to this awarded to the lowest responsible bidder without discrimination, on the ground of race, color or national origin.

Gerald E. Rudd Warren Township Highway Commissioner (Published In the Gumee Journal, March 2, 2007.)

PUBLIC NOTICE

AFFORDABLE SELF STORAGE

Affordable Self Storage
will dispose of goods for
nonpayment of rent from
unit #112 belonging to
James Rala consisting of
business

Legals

various household goods.

Disposal of the Items will take place at . Affordable Self Storage 133 S. Rt. 12 Fox Lake, IL on Saturday, March 17, 2007 at 10:00 am.

(Published in the Fox Lake Journal, March 2 & 9, 2007.)

Assumed Name

8200

8100

PUBLIC NOTICE

ASSUMED BUSINESS NAME APPLICATION

Name of Business:
Awe Inspiring Carpet
and Upholstery Cleaning
Nature/Purpose:
Carpet & Upholstery
Cleaning

Address(es) where business is to be conducted or transacted in this county: 509 Greenwood, Round Lake Park, IL, 847-708-5050

Name(s) and post office or residence address(es) of the person(s) owning, conducting or transacting business:

Michael Coates, 509 Greenwood, Round Lake Park, IL, 847-708-5050

STATE OF ILLINOIS
COUNTY OF LAKE

This is to certify that the undersigned intend(s) to conduct the above named business from the location (s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown.

/s/ Michael Coates
February 7, 2007
The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 7th day of February, 2007.

OFFICIAL SEAL
/s/ Linda M. Paulson
Notary Public
Received: Feb. 07, 2007
Willard R. Hellander
Lake County Clerk
(Published in the Lake
County Journals, February
16, 23 & March 2, 2007.)

PUBLIC NOTICE

ASSUMED BUSINESS
NAME APPLICATION

Name of Business: Freyla Marketing Nature/Purpose:

Ebay Auctions
Address(es) where business is to be conducted or transacted in this county:
421 Fairhaven Ln.,
Mundelein, IL 60060, 847970-6687

Name(s) and post office or residence address(es) of the person(s) owning, conducting or transacting business:

Mary Beth Murdock, 421 Fairhaven Ln., Mundelein, IL 60060, 847-970-6687; Gordon I.I. Murdock, 421

Gordon Li Murdock, 421 Fairhaven Ln., Mundelein, IL 60060, 847-970-6687

STATE OF ILLINOIS
COUNTY OF LAKE
This is to certify that the
undersigned intend(s) to
conduct the above named
business from the location

Assumed Name

8200

(s) Indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown

/s/ MaryBeth Murdock
/s/ Gordon L. MurdockFebruary 16, 2007
The foregoing instrument was acknowledged
before me by the person(s)
intending to conduct the
business this 12th day of

February, 2007.

OFFICIAL SEAL
/s/ Linda M. Paulson
Notary Public
Received: Feb. 16, 2007
/s/ Willard R. Helander
Lake County Clerk
(Published in the Lake
County Journals, March 2,
9 & 16, 2007.)

PUBLIC NOTICE

ASSUMED BUSINESS NAME APPLICATION

Name of Business: H & N Lock & Safe Nature/Purpose: Mobile Locksmith

Address(es) where business is to be conducted or transacted in this county: 1702 Fairfield, Lindenhurst, IL 60046, 847-245-7990

Name(s) and post office or residence address(es) of the person(s) owning, conducting or transacting business:

Bruce Hoff, 1702 Fairfield, Lindenhurst, IL 60046, 847-245-7990; Julie Hoff, 1702 Fairfield, Lindenhurst, IL 60046, 847-245-7990

STATE OF ILLINOIS COUNTY OF LAKE

This is to certify that the undersigned intend(s) to conduct the above named business from the location (s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown.

. /s/ Burce Holf /s/ Julie Holf February 21, 2007
The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 21st day of February, 2007.

OFFICIAL SEAL
/s/ Thomas C. Wasmund
Notary Public
Received: Feb. 21, 2007
/s/ Willard R. Helander
Lake County Clerk
(Published in the Lake
County Journals, March 2,
9 & 16, 2007.)

PUBLIC NOTICE

ASSUMED BUSINESS NAME APPLICATION

Name of Business:
Johnson's Erectors and
Restoration
Nature/Purpose:

Contractor
Address(es) where business is to be conducted or transacted in this county;
25316 W. St. Olaf Ave., ingleside, IL 60041, 847-528-3206

Name(s) and post office or residence address(es) of the person(s) owning, conducting or transacting business;

R. Kirk Johnson, 25316

Assumed Name Assum

W. St. Olaf Ave., Ingleside, IL 60041, 847-528-3206

STATE OF ILLINOIS COUNTY OF LAKE

This is to certify that the undersigned intend(s) to conduct the above named business from the location (s) indicated and that the true and legal-full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown,

/s/ R. Kirk Johnson February 12, 2007 The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 12th day of February, 2007.

/s/ Tammy Sheffer
Notary Public
Received: Feb. 12, 2007
/s/ Willard R. Helander
Lake County Clerk
(Published in the Lake
County Journals, February
16, 23 & March 2, 2007.)

PUBLIC NOTICE

ASSUMED BUSINESS NAME APPLICATION

Name of Business: Klds 4 Klds Daycare Nature/Purpose: Childcare

Address(es) where business is to be conducted or transacted in this county: 2220 N. Northern Ave., Waukegan, IL 60087, 847-596-4994

Name(s) and post office or residence address(es) of the person(s) owning, conducting or transacting business;

Katherine Monrouzeau, 2220 N. Northern Ave., Waukegan, IL 60087, 847-596-4994

847-596-4994 STATE OF ILLINOIS COUNTY OF LAKE

This is to certify that the undersigned intend(s) to conduct the above named business from the location (s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown.

/s/ Katherine Monrouzeau
February 21, 2007
The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 21st day of February, 2007.

OFFICIAL SEAL
/s/ Linda M. Paulson
Notary Public
Received: Feb. 21, 2007
/s/ Willard R. Helander
Lake County Clerk
(Published 'In - the Lake
County Journals, March 2,
9 & 16, 2007.)

PUBLIC NOTICE

ASSUMED BUSINESS NAME APPLICATION

Name of Business: Lupe and Son Landscaping Nature/Purpose:

Address(es) where business is to be conducted or transacted in this county: 8250 W. Grass Lake Dr., Spring Grove, IL 60081, 847-587-1349

Name(s) and post office

Assumed Name Assume

or residence address(es) of the person(s) owning, conducting or transacting business:

Guadalupe Hernandez, 8250 W. Grass Lake Dr., Spring Grove, IL 60081, 847-587-1349

STATE OF ILLINOIS COUNTY OF LAKE

This is to certify that the undersigned intend(s) to conduct the above named business from the location (s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown.

/s/ Guadalupe Hemandez
February 23, 2007
The foregoing instrument was acknowledged
before me by the person(s)
intending to conduct the
business this 23rd day of
Rebusing 2007

February, 2007.

OFFICIAL SEAL

/s/ Claudia C. Rodriguez

Notary Public

Received: Feb. 23, 2007

/s/ Willard R. Helander

Lake County Clerk

(Published in the Lake

County Journals, March 2, 9 & 16, 2007.)

PUBLIC NOTICE

ASSUMED BUSINESS NAME APPLICATION

Name of Business: Mechanical Solutions Nature/Purpose: HVAC Assumed Name 8200

Address(es) where business is to be conducted or transacted in this county: 327 Greentree Pkwy, Libertyville, IL 60048, 847-321-0032

Name(s) and post office or residence address(es) of the person(s) owning, conducting or transacting business:

Jason B. Miller, 327 Greentree Pkwy, Libertyville, IL 60048, 847-321-0032

STATE OF ILLINOIS COUNTY OF LAKE

This is to certify that the undersigned intend(s) to conduct the above named business from the location (s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown.

/s/ Jason B. Miller
February 7, 2007
The foregoing Instrument was acknowledged
before me by the person(s)
intending to conduct the
business this 7th day of
February, 2007.
OFFICIAL SEAL

/s/ Tammy Sheffer
Notary Public
Received: Feb. 09, 2007
/s/ Willard R. Helander
Lake County Clerk
(Published In the Lake
County Journals, February
16, 23 & March 2, 2007.)

www,chicagojobs.com Journal Classified (800)589-8237. Assumed Name 8200

PUBLIC NOTICE

ASSUMED BUSINESS NAME APPLICATION

Name of Business: TOUCH OF LIGHT Nature/Purpose: Soy Candles

Address(es) where business is to be conducted or transacted in this county: 1624 Fallbrook Dr., Round Lake, IL 60073, 847-201-7088

Name(s) and post office or residence address(es) of the person(s) owning, conducting or transacting business:

Lisa Caringello, 1624 Fallbrook Dr., Round Lake, IL 60073, 847-201-7088

STATE OF ILLINOIS COUNTY OF LAKE

This is to certify that the undersigned intend(s) to conduct the above named business from the location (s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown.

Lisa Caringello
February 20, 2007
The foregoing instrument was acknowledged
before me by the person(s)
intending to conduct the
business this 20th day of
February, 2007.

OFFICIAL SEAL /s/ Lorita M. Loar Notary Public Assumed Name 8200

Received: Feb. 20, 2007 /s/ Willard R. Helander Lake County Clerk (Published in the Lake County Journals, March 2, 9 & 16, 2007.)

Ads that work pay for themselves. Ads that don't work are expensive. Description brings results! Journal Classified (800) 589-8237.

Employment

Look No Further!

According to the Newspaper Association of America, 47% of job seekers say newspapers are their principle information source, compared to 15% who cite online sources. With the Journal Employment section & ChicagoJobs.com, you've got it covered! To connect with qualifled candidates, call (800) 589-8237 today!

Looking for a Career Change? According to the Newspa-

per Association of America, approximately 1/3 of alljob changers said they
were still checking ads in
newspapers, and half that
number had been consulting online job ads since
their job change. With the
Journal Employment section and ChicagoJobscom, you've got it covered!
To connect with qualified
candidates, call (800) 5898237 today.



OURNALS E DE DE OVIDA A partner of chicagojobs \$\square\$ compared to the compared to the compared to the chicagojobs \$\square\$ compared to the compared to the chicagojobs \$\square\$ com

3000Employment

General, FT 3400

AUTO BODY REPAIR FT. Must have own tools & knowledge of foreign cars. Quality conscious, 847-487-9055 Wauconda

AUTOMOTIVE

Truck dealer in Northwest Suburb looking for parts counter people for all shifts. FT, some experience a plus. Fax B47-991-9756 or Email: RAKNWT@aol.com

Customer Service COLLECTOR

Seeking Collector w/exp in A/R but will train candidate w/customer service back-Proficient data ground. entry & phone skills a plus. Many benefits inc. 401(k). E-mail resume: rjohnson@ randbsolutions.net or fax to: 847-887-8501. EOE

SSA Career Here Only Makes Cents\$\$ OTR Drivers. Pre-pass EZ-pass. Every 60K mile raises, Newer equipment 100% NO touch. **BUTLER TRANSPORT** 1-800-528-7825

Driver - Company

Multiple Opportunities

Home Every Night Hazmat required Line Hauls Home every other day and weekends off Hazmat required Regional OTR Home 2 days/week Free Medical BenefitsAvail

àPaid Holidays & Vacations ☆ Excellent 401(k) Plan CDL-A & 1 yr experience 800-879-7826

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Driver

PRIORITY TRANSPORTATION Class A-CDL. New dedicated/ regional/ long haul runs available in your area. Excellent benefits & hometime, Consistent miles, 866-882-0768 or visit www.prioritytrucking.com

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General, FT 3400

Driver Regional Flatbed Drivers Performance Base Pay NOW PAYING

\$.40/MILEIII Earn \$50,000 PLUS Home every weekend and 1-2 times per week!! Great benefit including 401Kl 6Mo VI & Class A CDL reg'd Wabash Valley Transportation, Inc. 800-246-6305 www.wvtonline.com

Driver/ Warehouse

Expanding distrib. center needs dependable driver/ warehouse person-nel. Resp. for deliveries throughout Chicagoland, warehouse work including loading/ unloading, & general warehouse support. 1-3 years exp. w/box truck req., no CDL needed. We are a fastgrowing national company & expanding our local facilty by 50%. We offer competitive pay, exc. benefits inc. medical, dental, 401(k), & a fun, fast-paced atmosphere. Min. req.: Valid Driver's Lic. w/clean driving record, DOT Med. Card, 1-3 years experience w/box truck req., forklift exp., no CDL needed. Lift at least 80 lbs.

To Apply Please Come Into: IDI 660 Church Rd, Elgin E-mail resume to: Careers@idimn.com Fax resume to: (952)294-1530

OWNER - OPERATORS

MCT HAS FREIGHT.

NOW WE NEED YOU!!!

WANT A QUALITY LIFE WITH AN EXTABLISHED COMPANY OFFERING COMPETITIVE PAY,

ACT NOWI 21 CDL-A Drivers Needed. *36-43 cpm/\$1.20pm* + \$0 Lease NEW Trucks CDL-A 3mos OTR. 800-635-8669

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Drivers Class A CDL Company drivers & O/OP wanted to run regional runs. Home on weekends or work 4 days on, 3 off. 1 year exp required. Call Jamle today: 800-444-1727 extension-5

Drivers Regional / OTR DRIVERS NEEDED-Seniorty Trans-fer & excellent home time & benefits. Class-A CDL & two years experience reg'd Owner Operators Wel-come. Contact Recruiting: 1-800-905-TRAC

There is a new group of people every day, looking for a deal in Journal Classified (800)589-8237.

General, FT 3400

Education Teacher NW Suburban daycare

needs a hardworking professional. Good salary & benefits. Call LIz 847-487-1470

Electrical

COUNTER SALES Steiner Electric Co in the CRYSTAL LAKE/ McHENRY area seeks an experienced electrical Counter Sales person. Excellent salary &benefits. Please FAX resume: 630-377-7952 or email: jgallichio@stnr.com

EOE

Health Care

Work in a community of caring. Valley West Community Hospital is a progressive and growing hospi-tal equipped with dedicated professionals who are committed to meeting the healthcare needs of the community we serve. Come join our friendly community, come work in our busy Radiology Dept. as a:

CT Technologist Days, full-time Call and required response time required. The individual we seek must be experienced to provide both CT & Radiology Department coverage. We provide competitive compensation with excellent benefits. Please visit our website

for more info, or to apply online at: www.vwch.org Equal Opportunity Employer. An Affiliate of the KishHealth System

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General, FT 3400

HVAC

NICOR SERVICES

IMMEDIATE **OPPORTUNITIES** AT OUR WAUCONDA NAPERVILLE AND CRESTWOOD LOCATIONSIII

We are looking for HVAC Professionals. Apply online at: www.nicor.com under the "Careers" section and click on job title "HVAC Positions." Great benefits with the growing Nicor Services

nicor

team! EOE

Landscape Construction Foreman Upscale Design/Build co servicing No. IL / So. WI is seeking arrindividual with exp. in Const./Brick/ Ponds/Plant Install, C icense read. Knowledge of plant ID preferred. Call 800-531-7153.

Law Enforcement

DETENTION OFFICER: \$17.32-\$20.69 per hour to start. Phoenix, Arizona. Maricopa County Sherili's Office.Exc-benefits/No exp necessary, contact 1-602-307-5245/1-877-352-6276 www.mcso.org 400vacan General, FT 3400

Manufacturing

Diversapack, a flexible packaging company lo-cated in Marengo, IL is looking for hard working and motivated individi-als to join their team.

Roto Gravure Press Op/Asst.

Lead Maint Tech

Entry-Level Openings:

Machine Operators

experience, please ap

Diversapak 201 N. Prospect St. Marengo, IL 60152



We'll print & distribute over 280,000 copies of your ad every week! Journal Classified (800)589-8237.

DRIVERS WANTED

We are looking for experienced OTR drivers who want to run miles. \$\$\$\$ for runners\$\$\$

- Home weekly
- \$0.40 per mile
- Assigned Conv. Freightliners
- Complete Benefits package
- Includes 401K/Vac/Holiday pay
- Class A CDL with 2 years experience

Call Kurt direct at 847-624-1503

experience rewarded but not required.

Contract, provided ODI tractic for result edical children

> S. 40 + JL SAC 31" capering or express re-

Apply Online at schneiderjobs.com

Or call 1-800-44-PRIDE [1-800-447-7433]

General, FT 3400

Foundry / Melt

Supervisor

First Shift

Experience with meltin

metal to produce quality

castings. Hands on su

pervisor must be able to

direct, train, trou-

bleshoot, & maintain

sale & productive work

communication skills

ability to work well with people at all levels of the

organization. We are a

equal opportunity employ er offering compensation

based on experience & a full benefit package.

Forward resume with

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Human Resource Mgr

Northern Precision

Casting Co. P.O. Box 580

ake Geneva, WI 53147

www.northemprecision.com

environment

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Saturday, March 3rd 9am-2pm

Experienced Openings:

Slitter Operators

(Elec/Mech)

General Labor

Slitter Assistants

2"d"3"d 12hr night shifts.

If you have experience in the printing industry or any manufacturing ply in person. Successful candidates will work through Aerotek:

Fax: 262-248-0891 For additional information on NPC, visit our website at



Manufacturing McHenry County Mold Maker seeks exp'd Prototype / Production Mold Designer, Call Tom 815-444-4587

Rental Facts

Most renters consider rental rates, floor plans, and location the most im-portant Items of informa-tion in a rental ad. Rent your property faster with nelp from a Journal Classified representative. Call (800) 589-8237 today.

General, FT 3400

Office

ADMINISTRATIVE ASSISTANT

Cornell Companies is actively recrulting for its residential treatment program for adolescent females, located in Wauconda. Successful candidate must possess high school diplo-ma or GED, AAS in secretarial science preferred, good written and oral com-munication skills, typing 50 WPM, working knowledge of computers including Word, Excel. Ability to meet deadlines required. For consideration, send resume to Director, P.O. Box 341, Wauconda, IL 60084 or Fax 847-526-0472 or e-mail imarks@cornell companies.com EOE

WE'VE GOT IT!

Journal Classified. (800) 589-8237. Visa, Mastercard & Discover Card accepted.

General, FT 3400

Office

RECEPTIONIST / OFFICE HELP FT

Island Lake General office duties. Knowledge of MS Word & Excel, friendly phone manner & positive attitude. Non-smoking office. M-F 9-5, \$8-10/hr.

Fax resume 800-355-7048

Restaurant

Bartenders & Cocktailers Duke's Grill, Wauconda 847-526-0002

Need a Home?

Home buyers look at location, price, visual image, bedrooms, bathrooms and square footage as the most important items of in-formation in a real estate for sale ad. Sell your property faster with help from a Journal Classifled representative. Call (800) 589-8237 today.

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Now is the time to consider an outdoor career with TruGreen ChemLawn! We are currently seeking:

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ROUTE MANAGERS (Average \$500-\$1,000 per week)

LABORERS (\$/(\$)(\$)(\$10-\$12 per/hour)////(\$\\(\epsilon\)

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- experience
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- If you are at least 21 years of age and have a clean driving record for 3 years CALL US NOW TO SET UP AN INTERVIEW

(847) 263-7619 Lakeside Transportation

2794 Northwestern Ave. Waukegan, IL 60087

General, FT 3400 | General, FT 3400

Restaurant

ODISHWASHER

Needed for THE VINE restaurant in Grayslake. FT/PT Postions avail. Please call or apply in

101 Center St. Grayslake 847-543-0900 Ask for Mike or Melissa

The nicest people read classified adsl Journal Classified (800)589-8237.

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Career Change?
According to the Newspaper Association of Ameri-ca, approximately 1/3 of all job changers said they were still checking ads in newspapers, and half that number had been consulting online employment ads since their job change. With the Journal Employment section and Chicago-Jobs.com, you've got it covered! To connect with qualified candidates, call (800) 589-8237 today.

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6863 Indy Drive Phone: 815-544-2177 Fax: 815-333-0511 Email: resumes@youngbergindustries.com EOE mfdv

BUILDING ENGINEER

Northern Suburbs 5+ years experience, HVAC, plumbing, electrical & good troubleshooting skills required. Must have CFC license. Knowledge of computers & building energy management systems.

Fax or mail resume w/application: (see www.hamiltonpartners.com) & salary history to:

Hamilton Partners, Inc.

300 Park Blvd. Suite 500, Itasca, IL. 60143, Attn: Sue Voney, Fax: 630-250-8521

No calls. Resumes taken through 3/7/07.

General, FT 3400

Advertising Account Executive

NorthWest News Group has a full-time opening in our Crystal Lake office for an advertising account executive.

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We offer a competitive salary, commission & benefit package.

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EOE/Drug-free employer



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General, FT 3400

GROUND FLOOR OPP GREEN-R-POWER Wind, Solar Systems req's ambitious local distributor. Protected territory. Wholesale prices. Expanding market. innovative products. Explosive earning potential. Details: 1-877-693-7050

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According to the Newspa-per Association of Ameri-ca, more than 4 in 10 job seekers say they read newspapers more often during their job search than they did before that time. To connect with qualified candidates, call (800) 589-8237 today.

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Maintenance

INDUSTRIAL MAINTENANCE TECHNICIAN

Experienced Industrial maintenance technician needed for shift work. Must have min. 4 years experience with mechanical & electrical troubleshooting of heavy industrial equipment. We offer a comprehensive benefit package and a competitive wage.

Please come in and fill out application between 7AM-2PM or send resume.

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One Hauk Road Hamphshire, IL. 60140

(I-90 and Hampshire/ Marengo exit. Big red building with clock tower, North of Truck Stops.)

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A pre-employment background & physical screening Is required, EOE

General, FT 3400



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www.chicagojobs.com Journal Classified (800)589-8237.

General, FT 3400

Technicians

Fidelity Technologies is seeking individuals to perform Corrective and Preventive Maintenance at Battle Stations 21, RTC. Great Lakes. IL Position responsibilities include working in a fast-paced and highstress environment, performing preventive and corrective maintenance and interfacing with the Gov't on a daily basis Knowledge in OSHA programs, such as Lockout/Tagout, Confined Space Entry, and HAZMAT, is beneficial. Positions required: HVAC Technician with EPA certifications, Electronics Technician (ET) with mechanical experence, Electronics Technician (ET) with IT expe-

Apply by e-mail to Mr. Balley at: fidelitygl@ sbcglobal.net EEO-MF/D/V.

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VANTAGE GROUP[®], a small division of a billion dollar company located in Crystal Lake, is looking for a new member to join our team. We enjoy the freedom of an entrepreneurial setting with all of the benefits of a large company. The professional in this position will participate in all aspects of the software development process, including application design, coding, testing, and deployment of our core business applications.

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10am to 4pm

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General, FT 3400

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Warehouse

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2nd Shift WAREHOUSE SUPERVISOR

Jtilize your 3-5 years ex perience in shipping / re ceiving to move up t the next level.

The successful candle date will have excellen organizational ASN and EDI expert ence and have the ability to work with and learn i variety of software pro grams. Must be a team player who can work closely with all depart ments. Ability to lift 50 lbs. Will interface with customers when needed,

In exchange for your expertise we offer an excellent salary and benefit package. For promp consideration, e-mail Carol.Curran@ omron.com

Omron Automotive Electronics, Inc.

EOE m/f/d/v

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Distributor of building materials and insulation has excellent, opportunity for individual who is responsible, motivated, self-starter, attentive to detail and customer oriented. Solid verbal 8 communication

Warehouse & forklift exp. necessary,

No CDL required. Req. forklift exp., lift at least 80 lbs., Valid Class C Drivers Lic., Clean Driving Record, DOT Medical Card. This position s responsible to receive orders, fill orders, load, unload truck, supervise small delivery staff and make occasional deliver-

> This is for local deliveries only.

We offer compelitive pay and excellent benefits.

To Apply Please Call: (800) 678-6868 Email resume to: Careers@Idimn.com or fax: (952)294-1530

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General, PT 3420

Earn Extra Income, assembling CD cases from home. Start immediately, No exp necessary. 1-800-341-6573 ext.1395 www.

easywork-greatpay.com **Newsroom Clerk**

NorthWest News Group in Crystal Lake is looking for a part-time newsroom clerk to coordinate and typeset news copy, photo captions, game scores and more. The successful candidate also will be responsible for answering phones, answering readers' questions, assisting other newsroom clerks and perform other duties as assigned.

Experience with MS Word and a background in journalism a plus.

Send resume to: NorthWest News Group HR/AR P.O. Box 250 Crystal Lake, IL 60014 recruitment@nwnewsgroup.com

EOE/Drug-free employer



OFFICE - PT Must be able to mult task, exc computer skills cash handling, & strong people skills. Variable nours. 815-385-2211

Got a good website? Include the URL in your ad. Journal Classified (800)589-8237.

Medical/Dental

3430

Dental

Our busy Spring Hill dental practice has the following opportunities available:

Dental Assistant Anticipating doctors' need and providing superior patient care are important to your success. Previous dental assisting exp. req'd.

Patient Relations Coordinator

You'll provide support for the daily operation of the practice. Responsibilities include patient check in, insurance verification, & presentation. treatment Strong organizational, computer & customer service skills req'd.

We offer competitive compensation and morel

E-mail resume to: DCPRecruiter@ DCPartners.com Reference HYG63 or fax to 847-426-9415

Food Service

DIETARY SUPERVISOR / COOK full Time. For our Assisted Living Home. Must have current Sanitation icense. Must be team oriented & like working with older adults. If this is you, please fax re sume to: 815-717-3496

Ads that work pay for themselves. Ads that don't work are expensive. De-scription brings results! Journal Classified (800)

Medical/Dental

3430

Health Care

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This individual will locate patient records and assign record deliciencies for signatures. One year office experience required, preferably in medical records.

This position is full-time, 5:00pm,-1:30am, 5 days a week (flexible) to include one weekend night.

You'll enjoy an excellent salary and benefits package, our great team environment and beautiful 90-acre campus, just minutes from downtown Geneva. Visit us online for more Information and to apply. eoe

www.delnor.com



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Medical/Dental

3430

Health Care

OPTICIAN

The ideal candidate will rary office setting. The

If interested, please submit your resume to: hr@kishhospital.org. The KishHealth System is an equal opportunity employer.

Nurses Needed Stress free facility Sheltering Oak Call Jane 847-526-3636

OPEN HOUSES

Watch for the Journal Classified Open House Directory every Friday, Sat-urday and Sunday, In-clude your listing by calling (800) 589-8237.

Medical/Dental

Nursing

Nursing

3430

CHP seeks a self-direct

ed RN looking to make

a difference as a full-time Clinic Director at

our Woodstock II Clinic.

Bilingual (Spanish-English) desirable. Com

petitive salaries & excel-

lent employee benefits program offered. Please

send current resume to: Director of Operations CHP

203 N. Wabash

Sulte 300

Chicago, IL 60601

RN/Part Time

Barrington pediatric of-fice. General nursing

dulles. Every other Sal req. 847-381-2428 Fax

847-381-4602

Hauser-Ross Optical, an affiliate of

KishHealth System, s looking to hire ar experienced, customerriendly optician to help stall its brand new opti-cal dispensary. This may be your opportuni-ty to join the Hauser-Ross team, a name hat is synonymous with quality, service, and excellence.

possess three or more vears of optician expeience in a contempocandidate must also be well-versed in the latest eyewear product offer-ings. ABO certification is a plus. An attractive compensation package awaits the successful

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the secret to earling S5K. In less than 1 hour of your tlme? 1-800-985-4260

ALL CASH

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We'll print & distribute over 280,000 copies of your ad every week! 'Journal Clas-sified (800)589-8237.

Business

Opportunities 3600

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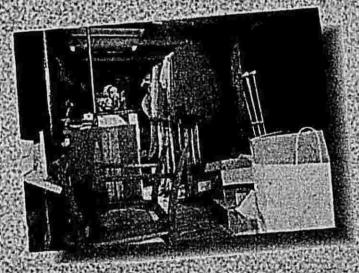
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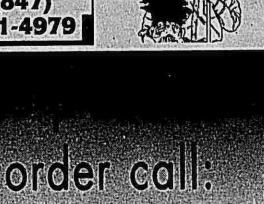
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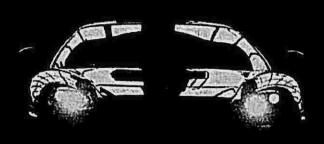
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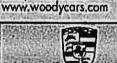
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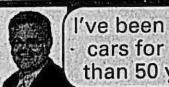
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How long will retro styling sell vehicles?

The old adage that whatever the is old becomes new again certainly rings true in the automotive world. Some auto giants continue to present vehicles classic than futuristic concepts. And it could be because the public is hip to these retro looks.

aficionado, an auto buff who appreciates the styling of vehicles from times past or a driver who to regain the feeling of youth, retro vehicles, sometimes called "heritage," certainly fit the bill. These vehicles merge the familiar with new innovations.

the models that have come off of ible version. the assembly lines in recent was one vehicle that turned heads immediately upon release gangster car and has even been likened to the ZZ-Top mobile. pectations to become one of the road today. Chrysler's best-selling vehicles. whether it's a station wagon, continues to garner admirers.

Volkswagen However, the New Beetle has failed to maintain the momentum of the PT Cruiser.

Ford Motor Company prethat are more reminiscent of sented a number of "vintage" stylings both in concept and in execution in recent years. The company restyled and re-intro-Whether you're a classic car duced the Ford Thunderbird with an old-school body type. Ford's concept Forty-Nine, unveiled in 2001; has a sleek, clashas lived in that era and wants sic look that harkens back to the romance of a Friday night at the drive-in or bowling alley, listening to rock-and-roll and cruising "the strip." In 2004, Ford introduced its retro-styled Mustang Just take a look at some of and is now offering a convert-

At the end of 2005, Chevy reyears. Chrysler's PT Cruiser leased the HHR. It resembles a 1949 Chevrolet Suburban and the company's Chevy SSR roadin 2000. It resembles a 1920's ster. While much of the styling is retro, it also offers a touch of the boxy, functional looks inher-Since 2000, it has defied all ex- ent to many of the vehicles on

This year Volkswagen intro-The debate is still out on duces the Minibus, which is based on the original hippy SUV, minivan or simply a Microbus. VW plans to market hatchback, but its retro styling the Minibus as a lifestyle vehicle with room for mountain And since Chrysler has ad- bikes and surfboards, but will dressed many of the complaints twenty-somethings be enticed on performance and comfort, by its hippy look? There are the PT Cruiser - and new de-those who feel that the vehicle scendants - remains an attrac- should be equipped to handle



The PT Cruiser and the Mustang GT are just two of the vehicles that have people scratching their heads and wondering what year it is.

vehicles are old news. After all, looking like copycats or lose ues to be hooked by the new rehow many of these autos can be their novelty? Perhaps the true leases from Detroit come next

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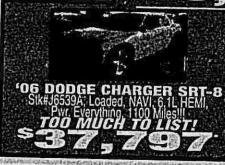


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PAGE 4 SLOW
COOKED MOROCCAN
STEW : PAGE 8
BANANA CREAM PIE :
PAGE 11 NEW WORLD
OF SALT : PAGE 23

KIDS IN THE KITCHEN

There are about as many ways to make lasagna as there are Italian restaurants in the United States. We love the creamy yumminess of the classic lasagnas featured on page 21. But we also love spinach lasagna, squash lasagna and lasagna made with tofu. Creative or classic, we want your favorite lasagna recipe. Send to me at jmelton@pubgroup. com. Also if you want a groovy new recipe every other week, sign up for our e-letter at www.relishmag.com

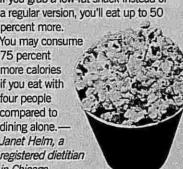


Don't have a computer but have a question or comment? Write to us: Relish Editors, 341 Cool Springs Blvd., #400, Franklin, TN 37067.

Mindless Munching

We eat with our eyes more than you may realize. In fact, we are easily coaxed into eating more than we want-or need-by the size of our plate, the bulk of a box or who we're with. Food psychologist Brian Wansink describes this in his entertaining book Mindless Eating: Why We Eat More Than We Think (Bantam Dell, 2006). Based on his studies, here are ways these invisible cues may impact you:

- You're likely to eat 53 percent more popcorn from a big bucket than a medium one.
- . When dishing up ice cream, you may eat 57 percent more if you use a large bowl and scoop compared to smaller ones.
- . If you grab a low-fat snack instead of a regular version, you'll eat up to 50 percent more.
- You may consume 75 percent more calories if you eat with four people compared to dining alone.— Janet Helm, a registered dietitian in Chicago



This and That

Local Eats

When you're homebound, the best way to experience a region's food is through its community cookbooks. These books, usually nonprofit ventures with proceeds going to a charity, hospital or school, are still thriving. Three we particularly liked are the Palm Beach Palate Cookbook, which is sprinkled with anecdotes about Palm Beach, Fla., Entertaining with Friends Cookbook, reflecting Middle Tennessee where its beneficiary, Vanderbilt University Children's Hospital is located, and Simply Colorado, which was assembled by dietitians in the Mountain State giving it the bonus of a nutrition analysis with every recipe. Go to www.palmbeachpalate.com for that book, www.amazon.com for the others.



The Big Easy

Were you one of the lucky girls on your block who got an Easy Bake Oven in 1963—the first year the child-size appliance was on the market? If so, it's time to celebrate. The Easy Bake Oven has been named to the National Toy Hall

of Fame at the Strong National Museum of Play in Rochester, N.Y. "It's safe, it works, and the best part is that the play makes its own reward," says Strong Museum Curator Patricia Hogan, "Fifteen minutes in the oven and a slurpy, gooey, doughy concoction becomes a delicious-OK, edible-confection." Over the past 44 years, more than 23 million ovens have been sold. With its induction into the Hall of Fame, the Easy Bake Oven joins the ranks of 35 other classic toys, including roller skates, jacks, Crayola Crayons, Lincoln Logs and marbles.

Almost Organic

Take that, Gameboy!

UltraPure milk from Mountainside Farms in the Catskill Mountains is the first product to bridge the gap between conventional and organic milk. The new organic-like milk is free of synthetic hormones and antibiotics and undergoes a unique filtration process to clarify it prior to pasteurization. This creates a purer, better-tasting milk with the added benefit of longer shelf life-for a price that is just 45 cents more than conventional milk (and about \$2 less than organic). The difference between Ultrapure and organic milk is

that the individual family farms supplying the milk are not necessarily certified organic. It's currently available in New Jersey, New York and Connecticut. Go to www.mountainsidefarms.com to find out more.

Make Your Calories Count

"The Hot Brown Sandwich (January 2007, www.relishmag.com), included as a way to provide calcium, contains nutritionally questionable ingredients like white bread and bacon and yields a whopping 30 grams of fat sounds more like a recipe for obesity."—Susan Wolbarst, Davis, Calif.

Thanks for writing, Susan. We think a healthier way to look at our food is for what it contains, rather than what it lacks. The Hot Brown is a substantial open-faced sandwich that contains all four food groups and suffices as dinner. Granted, we need to watch fat and calories, but compared to a Big Mac and fries—dinner for lots of Americans—this delivers calcium, fiber and antioxidants in a more healthful and natural package.—The Editors

Cover photo by: Mark Boughton Photography Styling: Teresa Blackburn

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> 2 relish CELEBRATING AMERICA'S LOVE OF FOOD



MARCH 2007

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delicious as our
regular broth.



relish lanew dish of the Ultimate of the IVI and the I

While couscous has become a staple of the American pantry; its sidekick, tagines, are not nearly as familiar. Tagines are slow-cooked Moroccan stews named after the conically topped two-part cooking vessel (see page 20) in which they were originally made. Tender melanges of beef, lamb, poultry or beans, tagines are exotically delicious to American tastes. Ingredients such as garlic, chiles, turmeric, saffron and ginger hint of Mexico or India, while citrus, figs, and olive oil sing the Mediterranean. How appropriate for them to all come together in the quintessential melting pot—the slow cooker.

Chicken becomes fall-off-the-bone tender, while sweet potatoes and dried figs almost melt into the flavorful broth. American ingenuity and Moroccan flavors unite for a comforting, soothing stew. I

By Crescent Dragonwagon, a food writer in Saxtons River, Vt.

Cilantro Salsa

If you can't find fresh figs, the salsa is just as good without them.

- 2 onions, quartered
- 5 garlic cloves, peeled Juice of 1 lemon
- 1 bunch cilantro, washed, stems included
- ½ to 1 jalapeño pepper
- ½ teaspoon kosher salt
- 1 teaspoon cumin
- 3 tablespoons olive oil
- orange, peeled, sectioned and diced
- 6 to 8 fresh figs, stems removed, cut into eighths

1. Combine onions, garlic, lemon juice, cilantro, jalapeño, salt, cumin and oil in food processor and process, pausing to scrape sides, until a smooth paste is formed. Transfer to a bowl and stir in orange sections and figs. Serves 8.

Per serving: 120 calories, 5g fat, 1g prot., 16g carbs., 3g fiber, 125mg sodium.

Chicken-Fig Tagine with Cilantro Salsa

Serve with green beans and couscous to soak up the flavorful broth.

- 2 tablespoons olive oil
- 2 chicken leg quarters
- 2 chicken breast halves
- 2 teaspoons cumin seed
- 1 teaspoon ground coriander
 ½ teaspoon turmeric
- 1/2 teaspoon ground ginger
- ¼ teaspoon coarsely ground black pepper
- ¼ teaspoon cayenne pepper
- 1/2 teaspoon salt
- 2 gartic cloves, minced
- 1 large onion, coarsely chopped
- large sweet potato, peeled and coarsely chopped
- 8 to 10 dried figs, stems removed, halved
- 3 cups lower-sodium chicken broth Juice and grated zest of 1 orange
- 1 tablespoon honey

1. Heat olive oil in a large heavy skillet. Add, chicken and sauté 2 to 4 minutes per side. As each piece is browned, transfer to slow cooker.

- Scatter spices and garlic over chicken.
 Tuck onion, sweet potato and figs among the chicken pieces.
- 3. Heat chicken broth in skillet, scraping to loosen browned bits. Pour over chicken and vegetables; add orange juice, zest and honey.
- 4. Cover and cook 6 to 7 hours on low or 3 to 4 hours on high. Serve with Cilantro Salsa, Serves 4

Per serving: 420 calories, 11g fat: 32g prot; 50g carbs, 7g fiber, 860mg sodium.

For a vegetable tagine, go to www.relishmag.com

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Prep: 5 min. Cook: 25 min. Makes 1 see mas

THE SECRET: 1.3.4 cups of Swarson. Chicken Brothe Regime National Concluses. In Cornection Section 1.3.4 cup recorded by guida long grant white the

I Heat broth in Agt saucepan over medianis-linch less to a bod

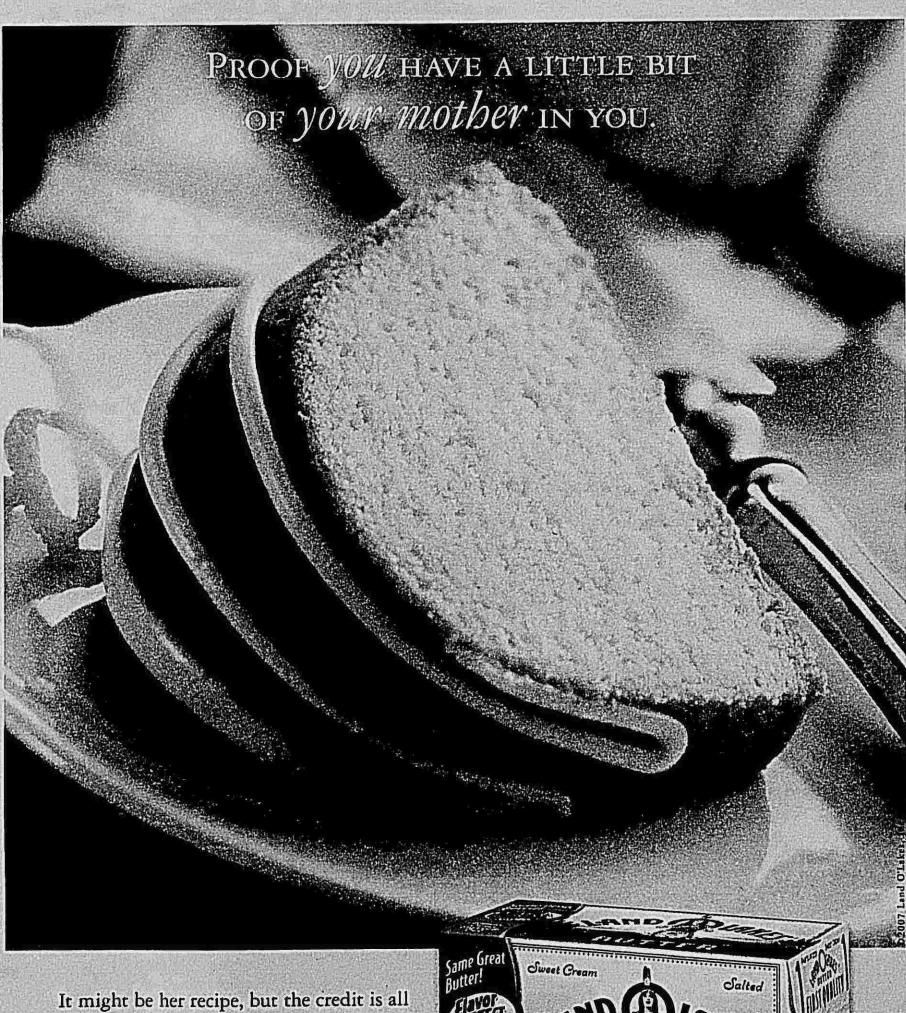
2. Since the Reduce heat to loss tower and the for 20 min or until the rice is tender

Add I spedned Italian se soon, to broth Add I cup chopped sim a casti new Starm I houp mated I'm resamblees there serves. Serves, Serve with add to mal choose

ITALIAN [This is a keeper] RICE







It might be her recipe, but the credit is all yours. For generations of delicious recipes visit landolakes.com.



Springtime is Brunch Time!

As your family and friends gather around the table, make your brunches truly memorable with sweet and savory recipes from Land O'Lakes, a trusted brand for more than 85 years.

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Try this quiche recipe; its fresh chives and asparagus create a savory spring-time delight. And it's a great main dish that will complement the Golden Lemon Pound Cake recipe. For more delicious recipes, visit landolakes.com.



Springtime Quiche

PREP: 45 MINUTES BAKE: 40 MINUTES

CRUST

- 1 cup all-purpose flour
- 1/4 teaspoon salt
- 1/3 cup cold LAND O LAKES® Butter
- 2 tablespoons chopped fresh chives
- 2 tablespoons cold water

FILLING

- 1 (8-ounce) package (2 cups) LAND O LAKES*
 Cheddar Cheese, shredded
- · 6 slices crisply cooked bacon, crumbled
- 1/4 pound fresh asparagus spears
- 1 1/2 cups LAND O LAKES® Half & Half or milk
- 4 eggs, slightly beaten
- 1/4 teaspoon salt
- 1/8 teaspoon pepper

Heat oven to 375°F. Combine flour and salt in medium bowl; cut in butter with pastry blender or fork until mixture resembles coarse crumbs. Stir in chives and water just until flour is moistened. (Mixture will be crumbly.) Shape into ball; flatten slightly.

Roll out dough on lightly floured surface into 12-inch circle. Fold into quarters. Place dough into ungreased 10-inch quiche pan or 9-inch glass pie pan; unfold, pressing firmly against bottom and sides. Trim crust to 1/2 inch from edge of pan. Crimp or flute edge of crust.

Sprinkle cheese and bacon over bottom of crust. Place asparagus spears in spoke pattern on top of bacon.

Combine all remaining filling ingredients in small bowl. Pour over asparagus-cheese mixture. Bake for 40 to 45 minutes or until golden and set in center. Let stand 10 minutes before serving. Serve warm.

6 SERVINGS





Golden Lemon Pound Cake

Preparation time: 15 minutes Baking time: 55 minutes

Cake

- cups sugar
 cup LAND O LAKES®
 Butter, softened
- 4 eggs
- 3 cups all-purpose flour
- 1/2 teaspoon baking powder
- 1/2 teaspoon baking soda
- ½ teaspoon salt
- 34 cup buttermilk
- 1 tablespoon freshly grated lemon peel
- 1 tablespoon lemon juice

Glaze

- 1 1/4 cups powdered sugar
- 2 teaspoons lemon juice
- 1 to 2 tablespoons milk
- Hear oven to 325°F. Combine sugar and butter in large bowl.
 Beat at medium speed until creamy. Continue beating, adding eggs one at a time, until well mixed. Reduce speed to low; gradually add flour, baking powder, baking soda and salt alternately with buttermilk until well mixed. Stir in lemon peel and 1 tablespoon lemon juice.
- Spread batter into greased and floured 12-cup Bundt® pan.
 Bake for 55 to 65 minutes or until toothpick inserted in center comes out clean. Cool 10 minutes; remove from pan. Cool completely.
- Stir together powdered sugar,
 2 teaspoons lemon juice and enough milk for desired glazing consistency in small bowl.
 Drizzle over cooled cake.

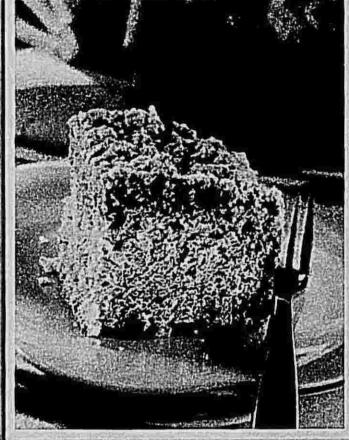
16 servings

landolakes.com

relish | the season

Baintaintal-Raintal

on't fret when your bananas turn brown—they may be the only fruit that is best not so fresh. Bananas past their prime are soft and extra sweet, mashing beautifully to become a creamy addition to cakes, breads and pies. You don't have to wait for them to be in season (as they are year round) just to get brown. Recipes by Greg Patent of Missoula, Mont.



Banana Breakfast Coffee Cake

A brown sugar streusel with chopped walnuts adds richness and crunch to this tender banana cake.

Topping:

- 1/2 cup all-purpose flour
- 1/2 cup firmly packed light brown sugar
- 1 teaspoon ground cinnamon
- 6 tablespoons cold unsalted butter
- 1/2 cup finely chopped walnuts

Cake:

- 2 cups all-purpose flour
- 1 teaspoon baking soda
- 1 teaspoon baking powder
- ½ teaspoon ground nutmeg
- ½ teaspoon salt
- ½ cup unsalted butter, softened
- 3 cup sugar
- 2 eggs
- 1 teaspoon vanilla extract
- 1 cup mashed very ripe bananas
- 1/3 cup 2% low-fat milk

- Preheat oven to 350F. Coat a 9-inch-square baking pan with cooking spray.
- For the topping, combine flour, brown sugar, cinnamon and butter in a food processor and process until mixture resembles fine crumbs. Stir in walnuts.
- 3. For the cake, combine flour, baking soda, baking powder, nutmeg and salt in a medium bowl.
- 4. Beat butter with a mixer at medium speed about 30 seconds or until smooth. Gradually add sugar and beat 3 to 4 minutes or until fluffy. Add eggs 1 at a time, beating well after each. Add vanilla and bananas and beat until well blended. Add flour mixture alternately with milk, mixing after each addition only until smooth. Pour batter into prepared pan; sprinkle with topping.
- 5. Bake about 35 minutes or until toothpick inserted in center comes out clean. Cool in pan on a wire rack. Serve warm or at room temperature. Serves 10.

Per serving: 370 calories, 20g fat, 4g prot., 48g carbs., 1g fiber, 300mg sodium

Banana Cream Pie

Use bananas that are firm but ripe. To decrease the fat in this pie, use a nonfat whipped topping in place of the whipped cream.

Graham cracker crust:

- 18 Graham cracker squares
- 1/4 cup granulated sugar
- 1 teaspoon ground cinnamon
- 1 tablespoon butter, melted
- 1 egg white Cooking spray

Filling:

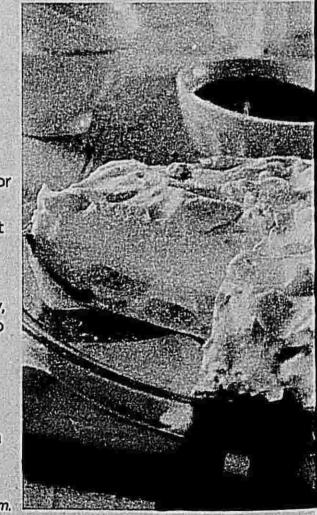
- ¾ cup granulated sugar
- ¼ cup cornstarch
- 1/4 teaspoon salt
- 4 egg yolks
- 21/4 cups whole milk, divided
- 3 tablespoons unsalted butter
- 2 teaspoons vanilla extract
- 3 medium bananas (1 pound total weight), peeled and sliced

Topping:

- 1 cup heavy cream
- 2 tablespoons confectioners' sugar
- 1/2 teaspoon vanilla extract

- 1. Preheat oven to 325F.
- 2. For the crust, place crackers in a food processor and process until fine crumbs. Add sugar, cinnamon and butter and process 10 to 15 seconds. Add egg white and pulse rapidly about 10 times, until crumbs are moist. Coat a 9-inch pie plate lightly with cooking spray. Press crumbs firmly onto sides and bottom of pan. Bake 15 minutes or until light brown and fragrant. Cool completely on a wire rack.
- 3. For the filling, whisk together granulated sugar, cornstarch and salt in a heavy medium saucepan. Add egg yolks and ½ cup milk; whisk until smooth. Heat remaining 1¾ cup milk in microwave until very hot, about 2 minutes. Whisk into cornstarch mixture. Place pan over medium heat and stir until thick and boiling. Cook, stirring constantly, 1 minute. Remove pan from heat and stir in butter and vanilla. Cool to room temperature, stirring occasionally.
- 3. Spread about ½ cup cooled custard in crust. Arrange sliced bananas evenly over the custard; spoon remaining custard over top. Refrigerate 3 to 4 hours.
- 4. When ready to serve, whip cream, confectioners' sugar and vanilla until thick. Spread evenly over custard. Serve cold. Store leftovers in the refrigerator. Serves 8.

Per serving: 420 calories, 23g fat, 6g prot., 50g carbs., 2g fiber, 220mg sodium.



8 relish

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Wine columnist
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If you haven't taken
a stroll down the
Spanish wine aisle,
you owe it to yourself
to discover some of
the greatest wine
values today. Uncork
a variety of bottles
with friends over an
array of tapas dishes
soon. Salud!

Tempting Tempranillo

Tempranillo is the grape behind the luxurious red wines from Spain's Rioja region (most bottles from that area will say "Rioja" rather than Tempranillo on the label).



- Bodegas Campo Viejo, Rioja Crianza (Rioja, Spain; \$9)
- Chivite Viña Salceda Rioja Crianza (Rioja, Spain; \$13)
- Bodegas Montecillo, Montecillo Rioja Reserva (Rioja, Spain; \$20)

Spice It Up with Garnacha

Spain's Garnacha wines yield cherry and strawberry flavors with a hint of black pepper—not unlike a Syrah.

- Bodegas Borsao,
 Tres Picos Garnacha
 (Campo De Borja; \$12)
- Fra Guerau Syrah-Garnacha Blend (Montsant, Spain; \$12)
- Bodegas San Alejandro, Los Rocas (Calatayud, Spain; \$9)

Brighten Up with Rosado



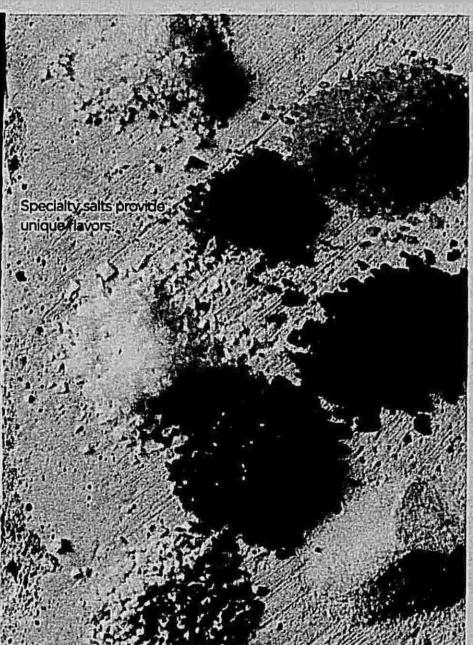
A late afternoon/early evening tapas party is a great time to uncork some Spanish rosé (rosado) wines. Drink nicely chilled.

Rosé Wine (Navarra, Spain; \$12)

- Viña Vilano, Rosado (Ribera Del Duero, Spain; \$9)
- Bodegas Gonzalez Lara, Fuente del Conde, (Cigales, Spain; \$10)

10 relish





Salt of the Earth

- Fleur de sel. The "flower of salt" from northern France has a flavor bolder and more complex than refined table salt. It fills the mouth with a burst, then fades to sweetness toward the back of the tongue.
- Pink salt. A recent star in the specialty salt category, pink salt plays across the palate without harshness. Its color comes from iron and dozens of other trace elements. Several popular pink salts include Peruvian pink, with an almost meaty-sweet flavor to Himalayan salt, which has a milder flavor.
- Hawaiian. This volcanic salt ranges in color from rose to blood red. It has long-lasting flavor that carries a hint of apple.
- Kosher salt. This is something of a misnomerbecauseall salt is kosher.
 "Koshering" salt would be a more accurate name. The fluffy flakes are highly absorbent, making them perfect for koshering meat. That fluffiness also gives kosher salt a simple, but expressive taste that enhances rather than overpowers other flavors.

The Stind

Artisanal bread, hand-crafted cheese, heirloom tomatoes ... specialty salts. At first, it seems like just so much food snobbery. After all, how different can one salt be from another, right? A lot, actually. Gourmet salts are not a marketing ploy. A good salt will release and balance the flavors of the other ingredients in a dish.

Regional salts show as much individuality as their culinary peer, pepper. The same way you might choose green pepper instead of black for pepper steak, you can pick a salt

to match your recipe.

The shape of the salt crystal has a lot to do with it. The appeal of flaked salts, such as kosher salt, is in their large surface area and their ability to melt in the mouth. One of the most interesting salts available is Cyprus flake. The crystals of this white Mediterranean product are large, hollow pyramids. They play the taste buds with amazing complexity. The flavor is bold, yet clean, eliciting a meatiness that fades at the sides of the tongue into faint sweetness.

Gourmet salts retain the unique mineral profiles of their sources, which also contribute to their flavor. Elemental minerals such as iodine, magnesium and chromium residing in natural sea

salts react differently on the tongue and palate, exciting taste buds in different ways.

Most artisanal salts are evaporated in small batches at seaside and bring with them a refreshing flavor that smacks of ocean air. Use them as you would free-running table salt, but go

easy. While not as harsh as standard salt, they are stronger.

The best way to enjoy these salts is freshly ground. Store them in airtight containers away from moisture and grind only as much as you need. A simple pepper grinder works well, but use one with a ceramic gear instead of a metal one. (Target Stores have clear plastic grinders with ceramic gears for around SIO.) If using a mortar and pestle, make sure it's glass or stone. §

(Continued on page 19)

Sage Brown Butter with Dried Cherries

This recipe from the American Dairy Farmers is equally good with or without dried cherries. Use it on bread, potatoes, vegetables, meats or broiled fish.

- 1 cup unsalted butter, softened, divided
- ½ cup finely chopped onion
- 1 garlic clove, minced
- 2 tablespoons chopped fresh sage
- 1 teaspoon sea salt
- 1 teaspoon coarsely ground pepper
- ½ cup chopped dried cherries



- 1. In a medium skillet, melt ½ cup butter over medium heat. When butter begins to foam, add onion and garlic; cook until butter turns a nut brown color. Remove from heat and stir in sage, salt and pepper. Cool completely.
- Place remaining butter in a medium mixing bowl and beat with a mixer until light and fluffy. Scrape downs sides of bowl.
- 3. Add brown butter mixture and beat to combine, scraping down sides of bowl. Stir in cherries.
- 4. Scrape into a small bowl, crock or butter mold and cover tightly or shape into a long roll in waxed paper for storing and slicing as needed. Yield: 1½ cups.

Per teaspoon: 30 calories, 3g fat, 0g prot., 1g carbs., 0g fiber, 40mg sodium.

11 relish

CELEBRATING AMERICA'S LOVE OF FOOD

The Egg Perfected

Can you really make a better egg? Yes. Egg Beaters gives you the great taste of a regular egg without any of the fat and cholesterol and less than half the calories. Egg Beaters are real eggs. They are made with the best part of the egg – the whites – with added vitamins A, B-12, D and E, minerals and nutrients. So, you don't have to sacrifice taste when making healthy choices with Egg Beaters.





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Egg Beaters also comes in flavors to make eating healthy even easier. Egg Beaters Cheese & Chive, Garden Vegetable, Southwestern and Ham & Cheese have all the ingredients for great omelets right in the carton.

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egg beaters

The Egg Perfected"

CHICKEN BROCCOLI FRITTATA

For a great-tasting meal, try this frittata, an Italian omelet with broccoli, chicken, tomato and onion.

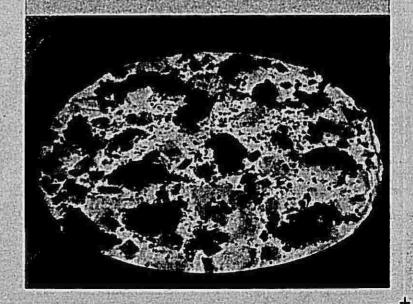
Cooking Method: Saute Prep Time: 10

Cooking Time: 20-30 minutes

Makes: 2 servings (1/2 frittata each)

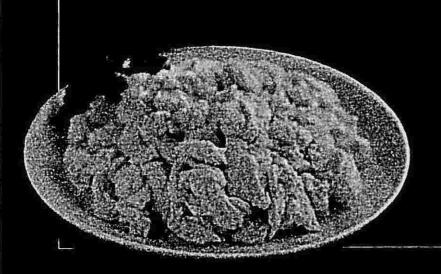
Ingredients

- PAM® Original No-Stick Cooking Spray
- 1 cup small broccoli florets
- 1/2 cup chopped cooked chicken
- 1/4 cup finely chopped tomato
- 1/2 medium onion, finely chopped (about 1/4 cup)
- 1/2 teaspoon dried Italian seasoning
- 1/8 teaspoon salt
- 1 cup (8 ounces) Egg Beaters®
 Egg Product
- 1. Preheat broiler. Spray medium skillet with ovenproof handle with cooking spray; heat over medium heat. Add broccoli, chicken, tomato, onion, Italian seasoning and salt; cook 3 minutes, or until broccoli is crisp-tender, stirring occasionally.
- 2. Add Egg Beaters. Reduce heat to low; cover. Cook 9 minutes, or until bottom of frittata is set but top is still slightly moist. Remove lid from skillet.
- 3. Place skillet under broiler. Broil
 2 minutes, or until top is set but not brown. Cut frittata in half to serve.





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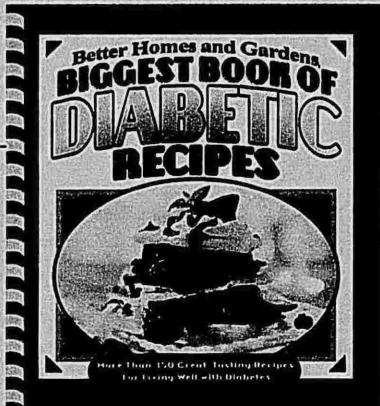
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DIABETICS: You Deserve To Eat Better!

Frustrated by the Quality of Your Meals? Tired of the Same Old Dreadful Dishes?

If you want meals that taste good, look good and help you maintain your blood sugar levels, then you need to read this important message about a special Diabetic Cookbook from Better Homes & Gardens that takes the guesswork out of your meal planning. Experts agree that a healthy diet is critical in managing your diabetes. The ADA recommends that you cut back on saturated fats found in butter, whole milk and many oils, don't eat as many egg volks, fatty meats, liver



You'll soon forget these are diabetic recipes!

and other organ meats, and DO eat salmon and high-fiber items like oatmeal, fruits and vegetables.

If you want to lead a more active life AND eat tasty foods that won't upset your blood sugar levels, then The Better Homes & Gardens Diabetic Cookbook is for you! This HUGE cookbook has:

- More than 350 great-tasting recipes that will keep you on the right track
- The Exchange List System designed by the ADA
- Weekday Menu Planner
- FULL Nutrition Facts
- Easy-to-read <u>CARBS per serving</u> for each recipe
- · And, delicious and easy-to-prepare recipes that will make this cookbook a staple in your kitchen

Here's a sampling of the mouthwatering recipes you'll get in this 2 pound MONSTER of a cookbook: Sweet Potato Bread Pudding, Chocolate Souffles, Tiramisu, Vanilla Bean Biscotti, Asian Chicken Wraps, Spiced Pork Stew, Catfish & Turkey Sausage Jambalaya and hundreds more! Who could resist such delicious food? If you are diabetic or know of someone who is, this cookbook is a must! Visit us online, call us toll-free or simply send your check or money-order by mail to order your copy today. If you're not completely satisfied, return it within 90 days for a full refund (less delivery costs).

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BHDC-R703 BHDC-R703

relish | entertaining

Lapas

There's nothing quite like tapas, the savory "little dishes" of Spain. Legend suggests that a Spanish king was unable to eat large amounts of food so his subjects also began eating smaller portions. Tapas have taken the United States by storm. And why not, the idea of entertaining with little bits of this and that is far more appealing than preparing a fivecourse meal. Here are a few recipes to get you started. Add some good bread, olives, Spanish cheese and Sangria and you're set. ?

By Jeanette Hurt, a freelance writer in Milwaukee, Wis.

Beef Empanadas

- pound lean ground beef
- cup chopped onion
- garlic clove, minced
- cup chopped kalamata olives
- cup raisins
- tablespoons tomato paste
- tablespoon water
- tablespoons slivered almonds
- tablespoon brandy (or sherry)
- teaspoon salt
- teaspoon smoked paprika
- teaspoon cayenne pepper
- ounces puff pastry dough, thawed
- egg, beaten
- In a large nonstick skillet sauté ground beef, onion and garlic 5 minutes. Add olives, raisins, tomato paste, water, almonds, brandy, salt, paprika and cayenne. Cook 1 minute.
- 2. Scrape mixture into a food processor and pulse until mixture holds together.
- 3. Preheat oven to 400F.
- 4. Roll and cut pastry dough into 16 (3-inch) squares. Divide filling evenly among squares; fold over and pinch to seal. Place on a baking sheet. Brush with beaten egg and bake 17 minutes. Yield: 16 empanadas.

Per empanada: 90 calories, 5g fat, 3g prot., 8g carbs., 1g fiber, 120mg sodium.

14 relish

Tortilla Español (Tortilla de Patatas)

In Spain, tortilla refers to a thin omelet.

Tortilla:

- 3 tablespoons olive oil, divided
- ½ cup chopped onion
- 1 cup cubed cooked potato, peeled
- 6 eggs
- 1/4 teaspoon salt Coarsely ground black pepper

Salsa Rosa:

- 1/4 cup mayonnaise
- 1 tablespoon tomato sauce
- ¼ teaspoon smoked paprika
- 1. To prepare the tortillas, heat 2 tablespoons oil in a large nonstick skillet over medium-high heat. Add onion and potato and sauté 2 to 5 minutes. Add eggs, salt and pepper. Mix together with a spatula to cook the layers of egg; after 1 or 2 minutes let the bottom set. Scrape edge of egg mixture from edge of pan, pushing gently toward the middle, but not slicing through, so that you have a thick omelet coming together.
- 2. Slide omelet onto a plate. Add remaining oil to skillet. Invert plate over skillet to return omelet to pan, cooked side up. Cook 2 to 3 minutes until browned. Remove from pan, cool and serve.
- 3. To prepare the Salsa Rosa, whisk all ingredients together and chill, Serves 6.

Per serving: 230 calories, 15g fat, 10g prot., 15g carbs., 2g fiber, 190mg sodium.





Ensalada Rusa with Marinated Tomatoes (Courtesy of Emilio's restaurant in Chicago)

Marinated Tomatoes:

- 2 roma tomatoes, seeded and chopped
- tablespoon red wine vinegar
- tablespoon extra virgin olive oil
- ½ teaspoon salt Coarsely ground black pepper

Salad:

- 2 large russet potatoes, peeled and diced
- 1 large carrot, diced
- 8 ounces flaked waterpacked tuna fish, drained
- cup frozen green peas, thawed and drained
- ½ cup diced red bell pepper
- hard-cooked egg, chopped
- % cup mayonnaise
- 1/2 teaspoon salt
- 1/4 teaspoon white pepper
- 1. To prepare the marinated tomatoes, mix all ingredients and marinate for at least 1 hour.
- 2. To prepare the salad, place potatoes and carrots in a medium saucepan, cover with water and bring to a boil. Cook 10 minutes or until soft but not mushy. Cool.
- 3. Combine potatoes, carrots, tuna, peas, red peppers, egg and mayonnaise; mix gently. Season with salt and pepper. Top with marinated tomatoes. Serve with crostini or garlic toast. Serves 6.

Per serving: 310 calories, 25g fat, 9g prot., 14g carbs., 3g fiber, 600mg sodium.



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Modern light fixtures do little to overcome problems associated with improper lighting, such as eyestrain, dryness, and burning. As more and more of us spend longer and longer hours in front of our computer monitor, these problems are compounded. And the effects of improper indoor lighting are not necessarily limited to physical problem: the quantity and quality of light can also play a part in both our mood and work performance.

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A 150-watt incandescent bulb uses \$0.013 per hour in energy cost. The Balanced Spectrum® bulb uses an average of 70% less energy which saves you \$0.009 per hour. Based on 8,000 hours bulb life, the Balanced Spectrum® bulb will save \$72 in energy cost. Plus, because the Balanced Spectrum® bulb lasts 10 times longer than an incandescent bulb priced at an average of \$0.50, an additional \$5 savings is realized.

*Source: "Lighting the Way to Energy Savings"; 1999

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-Donna E., Scranton, PA

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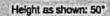
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"Breakthrough Discovery To RI Grow Beautiful Nails"

Even if you have never been able to grow strong beautiful nails before

By Jana Lynn

You too can grow strong beautiful nails with Trind® Natural Nail-Repair. I guarantee it!

Now it's so easy to grow the nails you've always dreamed of-even if you have already tried a number of other nail strengthing products without success.

Trind is Europe's leading nail care product for women who want beautiful nails without the expense and inconvenience of acrylics.

Trind is so effective that it has even earned "pharmaceutical" status in Switzerland. This allows Swiss doctors to prescribe Trind Natural Nail-Repair for their patients with nail problems.

Sweden's leading women's magazine compared Trind Natural Nail-Repair with nail care products from industry giants such as Clinique, Mavala, Cutex, and Kanebo. They chose Trind as the "best" of all.

What makes Trind Natural Nail- you get a FREE Gift just for ordering Repair so effective? It reinforces the before the expiration date. protein molecules in your nails and regulates their moisture content to make them strong and flexible. That's why Trind nails never get brittle.

Even women that have never been able to grow beautiful nails before are amazed at how strong and flexible their nails become in only two weeks with Trind Natural Nail-Repair.

have soon discovered acrylics have full refund of every cent you paid. problems of their own.

Acrylics cost hundreds of dollars more each year than natural Trind nails. They seem to pop off at the worst possible times—and they are often the cause of nail fungus.

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Do you have any of the problems they used to have?



"Best nail product I've ever used. In the past five skeptical. After all, over years I've tried nine dif- the years I had tried ferent nail strengtheners them all (Sally Hansen, priced from \$1.89 to Barielle, Nailtique, etc.)

and split until I tried Trind.

"Now my nails grow - healthy! reached the end of my nail beds. until they need to be cut because they get in my way.'

Sonja Strickland Kingsland, Georgia



without your Trind failed. Natural Nail-Repair

my splitting fingernails. Ashamed of women." them, I'd keep my hands as hidden as I could when with friends.

'In just a few weeks I am really happily wearing pretty rings on my lovely nails-my very own!!"

Jackie Klinsky Watsonville, California



"After exhausting so many products and methods to help my splitting, peeling and non-growing

nails, I felt I had nothing to lose and glad I did! Believe me, it works!

"My husband had two split nails that would not grow out and he too, his voice to mine, 'It really works'! fully.' I'm amazed at the condition and growth of my nails. It's unbeliev-

Nikki & Addison Fritts Delray Beach, Florida



trouble with my nails hands to hide my nails

would."

Wanda L. Shults Okemah, Oklahoma "I'll admit to being



\$39.95. My nails continued to peel and nothing helped my thin weak nails that split and cracked before they even

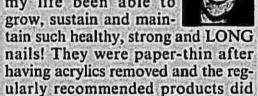
> "TRIND was going to be my last attempt to grow my own nails before giving in to the expense and risks of artificial ones. Imagine my utter surprise and joy to find "I never want to be TRIND works where all others have

"This is the most wonderful and again! I used it even amazing product! At last I can enjoy though I didn't really the beautiful nails that before I had believe it could make a difference in only been able to envy on other

> Michelle Hogan Harvard, Massachusetts

"I just can't stop looking at my beautiful nails!

"I have NEVER in my life been able to grow, sustain and main-



not help me at all! "I am a TV host of my own show decided to try the product. I'm so called 'Vee on Venice' and needless to say I need to look my very best from head to toe for my viewers.

"So now I finally feel fully confidecided to try TRIND. Now he adds dent that my nails will film beauti-

> Vee V. Garry Venice, Florida, Channel 21

"I stopped using acrylics but my nails looked terrible, so for "I have always had two years I sat on my



splitting and peeling. But whenever I went out. Then I tried with your Nail-Repair Trind Natural-Nail Repair and it the difference in them is seemed like my nails became long and strong almost overnight.

"Over time I have tried everything trying to get my nails to grow. nails are acrylics. Every time I go to This is the first thing I have ever my manicurist she just shakes her used that actually did what it said it head. She can't believe how well it's working."

> Florence Atkinson Houston, Texas

relish

a new ingredient

Onion Focaccia

41/2 cups all-purpose flour, divided

1/2 cup grated Parmesan cheese

- 1 teaspoon kosher salt
- 1 teaspoon crushed dried rosemary
- 1 (.25-ounce) package quick-rise yeast
- 1½ cups warm water (120F to 130F)
- 3 tablespoons olive oil, divided Cooking spray Cornmeal
- 3 leeks
- 8 green onions, trimmed Coarsely ground fleur de sel
- 1. Combine 3 1/2 cups flour, cheese, kosher salt, rosemary and yeast in a food processor. Pulse to blend. With processor on, slowly add water and 2 tablespoons oil and process until dough forms a ball.
- 2. Turn out onto a lightly floured surface; knead 5 minutes or until smooth and elastic, adding additional flour as necessary.
- Place dough in a large bowl coated with cooking spray. Turn



dough to coat top. Cover and let rise in a warm place 1 hour.

- 4. Punch down dough; turn out onto a lightly floured surface. Divide into 2 pieces, shaping each into a 12-inch circle. Place on two large baking sheets coated with cooking spray and dusted with cornmeal. Cover and let rise 40 minutes or until doubled in bulk.
- Preheat oven to 450F.
- 6. Uncover dough. Gently brush

with remaining olive oil. Make indentations in top using the handle of a wood spoon or your fingertips.

7. Remove roots, outer leaves and tops from leeks. Rinse with cold water; cut into rounds. Arrange leeks and green onions over top of dough. Sprinkle with fleur de sel.

8. Bake 20 minutes or until golden. Cool on wire racks. Serves 12. Per serving: 210 calories, 4g fat, 7g prot, 37g carbs., 2g fiber, 320mg sodium.

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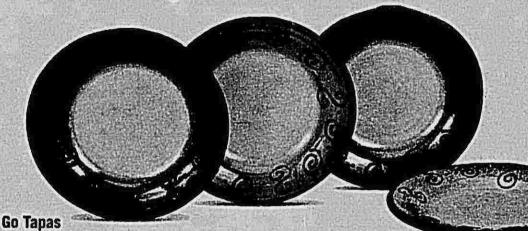
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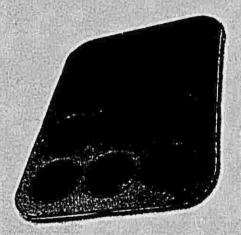
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Marketplace

must haves



Serve your tapas (pages 14-15) and other appetizers on these Mediterranean-inspired appetizer or salad plates. Set of four 8 1/2-inch plates includes one each of four colors: eggplant, olive, terra cotta and blue. Dishwasher safe. #92813, \$34.99.



Cheaper by the Dozen

Whip up a dozen cupcakes or muffins in a single baking pan with Chicago Metallics commercial-gauge aluminized steel with a nonstick coating. Dishwasher-safe. #91867, \$22.99.

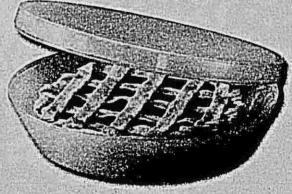
Road to Morocco

Try making our spicy savory Chicken Fig Tagine (page 4) in a traditional tagine. Vapors liquefy inside the coneshaped stoneware lid and drip down into the enameled cast iron dish for a moist, luscious stew. Dishwasher safe; 1¾-quart capacity; red or blue. #95297; \$129.99.



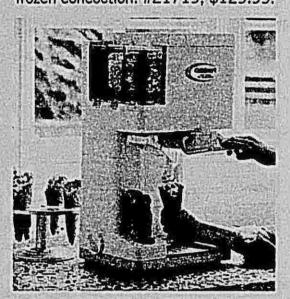
Pie Safe

Keep the whipped cream atop your Banana Cream Pie (page 8) safe and sound in this 3-inch deep pie keeper. #20100, \$9.99.

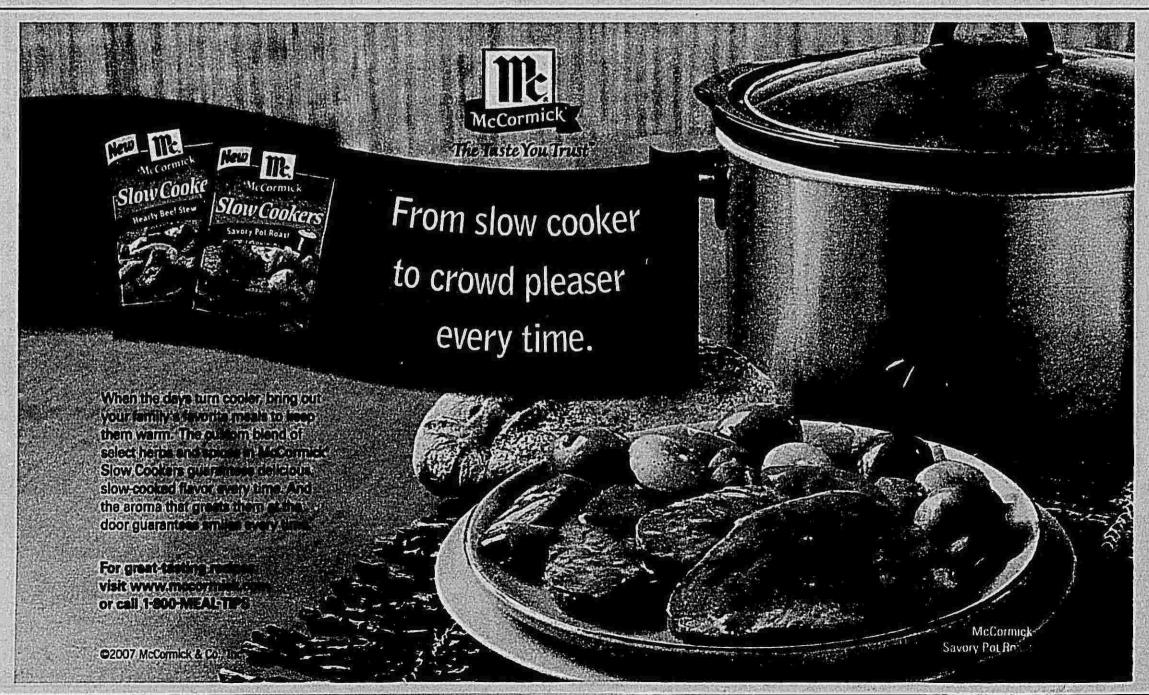


We All Scream for Ice Cream

Have your kids been inspired to new culinary heights by the Spatulatta girls? Reward them with some soft-serve ice cream. Made by Cuisinart, this machine whips up 1½-quarts of ice cream, gelato or frozen yogurt in 20 minutes or less. A special chute feeds sprinkles and mini chips into the frozen concoction. #21719, \$129.99.



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relish | classic dish

Ways Lasagna

THE KEY TO CREAMY LASAGNA IS IN THE BÉCHAMEL (SAUCE, THAT IS)

I'll never forget the first time I savored a lasagna made with something other than the usual mozzarella and ricotta cheeses. I was living in New York City, and a lovely Englishwoman invited me to dinner. Out from her oven came a pan of lasagna, bubbling with of all things Cheddar cheese between the layers.

Lwas skeptical at first; it seemed heresy to use an English cheese in a typically Italian dish. But the depth of flavor that a true Cheddar brought was indeed head-turning. There was something else in the recipe, too slathers of white sauce adding a creamy lusciousness that I had never before experienced in the dish.

A few years later, I found myself in Paris swooning over a French version of lasagna, this one made with a white sauce and Comté cheese (a French Gruyère). The waiter asked me why I was making such a fuss; after all, didn't we have lasagna in America? Yes, I told him but many recipes don't include a white sauce. And we certainly didn't use Comté. "Well, then, what's the point?" he asked.

A trip to Italy confirmed the same thing—luscious lasagna lies in the creamy bechamel sauce, and Italy's

famed Parmigiano-Reggiano cheese. Enjoy them all. 1

By Wini Moranville, Relish magazine's wine columnist.

English-Style Lasagna

Meat Sauce:

- 1 pound lean ground beef
- 1/2 pound Italian sausage
- 1 cup chopped onion
- 1 tablespoon minced garlic
- 1 cup dry white wine
- 2 tablespoons tomato paste
- 2 tablespoons chopped fresh parsley
- 1/2 teaspoon crushed red pepper
- 1 (15-ounce) can crushed tomatoes in purée

Béchamel Sauce:

- 1/2 cup butter
- 14 cup all-purpose flour
- ½ teaspoon salt
- 1/4 teaspoon pepper
- 1/4 teaspoon ground nutmeg
- 3 cups 2% reduced-fat milk
- 12 sheets no-boil lasagna noodles
- 3 cups shredded aged Cheddar cheese

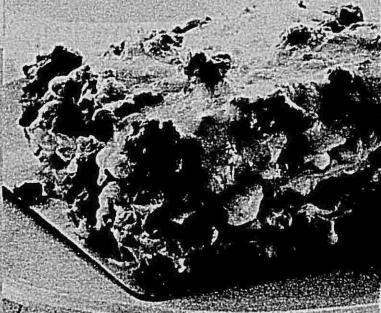
- 1. For the meat sauce. brown beef and sausage in a large skillet over mediumhigh heat about 10 minutes, breaking into small pieces. Spoon out most of the fat. Add onion and garlic; saute 5 minutes. Add wine; bring to a boil. Reduce heat and cook until wine is nearly
- evaporated. Stir in tomato paste, parsley, crushed red pepper and crushed tomatoes. Bring to a simmer; reduce heat. Simmer 10 to 15 minutes or until sauce thickens. 2. For the béchamel sauce, melt
- butter in a medium saucepan over medium heat. Whisk in flour, salt, pepper and nutmeg. Cook and stir 1 minute. Gradually whisk in milk. Cook and stir with whisk about 10 minutes or until thick and bubbly.
- Preheat over to 400F.

- 4. Spread 3/4 cup meat sauce in bottom of a 13-by-9-inch baking pan. Place 4 sheets of lasagna crosswise in pan over sauce, overlapping slightly. Top with onethird of the meat sauce (spreading evenly to cover noodles), one-third of the bechamel sauce and onethird of the cheese. Repeat layers twice, starting with noodles and ending with cheese.
- 5. Bake, uncovered, 35 to 40 minutes. Let stand 15 minutes before cutting. Serves 10.

Per serving: 390 calories, 19g fat, 22g prot., 30g carbs., 2g fiber, 490mg sodium.

French-Style Lasagna: Substitute Comté (French Gruyère) cheese for the Cheddar. Substitute 1 tablespoon crushed dried rosemary for the parsley. Use ground pork instead of the Italian sausage,

Italian-Style Lasagna: Substitute Parmigiano-Reggiano for the Cheddar cheese. Substitute 2 teaspoons dried basil and 2 teaspoons dried oregano for the parsley.



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relish | cooking with kids

SisterAct

Olivia Gerasole struggles to knead the dough for Irish Soda Bread—not surprising as she's only 9. But with the help of producer Gaylon Emerzian, the mixture comes together beautifully—as does each web episode brought to us by the Gerasole sisters. Together Isabella (age 11) and Olivia form the team behind the award-winning website www.spatulatta.com. The webcasts, produced every two weeks since April 2005, show kids just how fun and rewarding it is to cook. Gaylon, who came up with the idea for Spatulatta, films the sisters in their kitchen in Evanston, Ill., where they joke, get serious, have fun and learn as they teach—everything from safety in the kitchen to how to make favorite dishes. According to the girls' mother, Heidi Umbhau, the girls read through the recipes and look at the ingredients, then Gaylon turns the camera on and lets them do their thing.

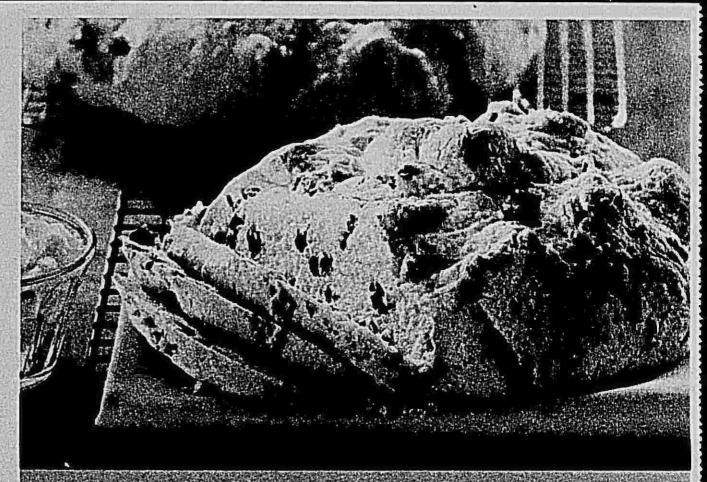
The girls won the prestigious (in the food world) James Beard award last year. When asked how the fame of winning the Beard award affected her daughters' lives, Heidi said, "Well, their confidence level in the kitchen—and outside it, too—has grown hugely. But it's not a big deal at school. They have all their other activities, the way most kids do—ice skating, piano, Brownies, swimming, drama." In fact, Heidi reports, producing the webcasts every two weeks is really "not

a big deal."

Winning the Beard award, however, did make quite a wave in the family's life. Shortly after the award was announced at the gala in New York City; the girls' parents turned on their cell phones and were astounded to find their message boxes full. "We thought we'd see the Statue of Liberty on our visit," said Heidi, but the next day they were on the PBS program All Things Considered, and for the next few (thankfully, summer) months, there were appearances on the Today Show with Al Roker, The Tonight Show with Jay Leno and Rachel Ray and five offers from publishers to do the Spatulatta cookbook. The girls just finished work on the book, which Scholastic expects to be on the shelves this fall. I

By Marge Perry, a freelance food writer in Tenafly, N.J.





Irish Soda Bread

Just in time for St. Patrick's Day, a delightful bread you can see Olivia and Isabella demonstrate on www.spatulatta.com, where you'll also find a Leprechaun Lunch.

- 5. cups of all-purpose flour
- 1 teaspoon of baking soda
- 1 teaspoon of salt
- 5 teaspoons of baking powder
- 1 stick of butter softened
- 1% cups of raisins
- 2 eggs beaten
- % cup of sugar
- 1½ to 2 cups of buttermilk
- Preheat over to 375F.
- Mix the flour, soda, salt and baking powder.in a large bowi
- 3. Unwrap the butter and set the wrapper aside to use when greasing the cookle sheet. Mix the butter in with a
- 4 Add the raisins, eggs and sugar. Mix these ingredients in well. At a certain point you'll have to start using your hand. Scoop the dry ingredients up from the bottom of the bowl and gently push into the dough using your closed fist.
- 5 Next add the buttermilk a little at a time. This is a good two person pool one person mixes the dough while the other slowly pours the buttermilk. Stop when the dough becomes sticky. Take the dough out of the bowl and put it on the board sprinkled with flour.

- 6. "Knead" the dough 10 times.
 Kneading means to fold the dough in on itself and then press down. You will want to turn the dough around every so often. So fold and press, fold and press, then turn until you have kneaded the dough 10 times.
- 7. Gut, the dough in half and shape it into 2 round loaves.
- 8. Use the butter wrapper to put a thin layer of butter on the cookie sheet.

 Place the dough on the greased cookie sheet:
- 9. "Score" the top of the bread. To score means to cut into but not all the way through. Score the bread across the middle one way, then across the other way. The scoring is decorative but it also lets the top get extra crusty.
- 10. Put the bread into the oven and bake 45 to 60 minutes or until the bread is nice nutty brown.
- II. You can ask your adult helper to test the bread to make sure it is baked all the way through by inserting a skewer or a slim knife into the middle of the bread. If it comes out clean, with no dough clinging to it, the bread is done
- 12. Cool slightly before serving. Serves 12.

Perserving, 37,0 calories, Squat Bg prot, 65g carbs, 2g fiber, 580 mg sodium.





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The big idea behind tiny houses

INSIDE:

- Neighbors revive St. James, Neb.
- Actor Tom Lester shares his faith
- Handy Hints
- Rancho dip



Take a Dip!



What is Steven Seagal doing? We miss his movies.

—J. Margaret Bryan, Carnegie, Pa.

Watch for Seagal, 55, to be back in his rock'em, sock'em groove with the upcoming movies Flight of Fury and Once Upon a Time in the Hood. He also is a musician with a world-class collection of vintage and unique guitars. His second album of original blues, Mojo Priest, was released last summer.



Steven Seagal makes movies and music.



Mickey Rooney

Can you tell me if Mickey Rooney is still alive? -Kent Syverson, Willmar, Minn.

Very much so! The 86-year-old Hollywood veteran is busy juggling several movie roles. He plays a night watchman in Night at the Museum, recently in theaters, and has parts in the upcoming comedies Horroween, The Greatest Show Ever and Bamboo Shark.

I loved watching The Rifleman. Whatever became of Chuck Connors and the actor who played his son?

-Jean Johnston, Elk City, Okla.

Kevin Joseph Aloysius "Chuck" Connors, who played sure-shootin' Lucas McCain on the TV Western from 1958 to 1962, died of lung cancer and pneumonia in 1992. His tombstone in San Fernando, Calif., is etched with the Rifleman logo, plus logos of the three professional baseball or basketball teams (the Dodgers, Mets and Celtics) for which he briefly played before finding Hollywood stardom. Connors' TV son, Mark, was played by Johnny Crawford, now 60 and fronting his own band, the Johnny Crawford Dance Orchestra, in Los Angeles. Good news for Rifleman fans: The Encore Westerns premium channel airs reruns every weeknight and Saturday mornings.



Please tell me about CBS reporter Thalia Assuras. She's my favorite.

-Dollie Griffith, Cleveland, Tenn.

Canadian native Assuras, 55, graduated from the University of Western Ontario with a degree in microbiology and immunology. Coming to the U.S. in 1993, she worked for ABC, then joined CBS in 1997. As a national correspondent for CBS' The Early Show since 2002, she's covered dozens of major stories, from the Kosovo refugee crisis to 9/11, and says some of the heartbreaking scenes forever will Reporter Thalia Assuras



be etched in her mind. "It's hard, but you can't let it affect you," she says. "And often, these tragedies display a reaffirmation of the human spirit."



Actor Van Johnson

We were watching the movie Thirty Seconds Over Tokyo the other day, and wondered whatever happened to actor Van Johnson.

—Paul and Eileen Ransford, Harbor Springs, Mich.

Now 90, Johnson made dozens of movies during his acting career, which began in the

1930s and frequently found him in musicals or cast as the all-American Yank sent off to do his patriotic chore over-

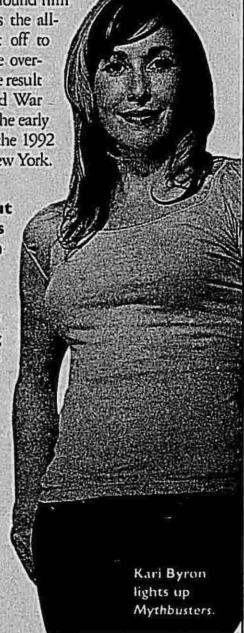
seas—even though a metal plate in his head, the result of a car crash in 1942, kept him out of World War II service in real life. He worked steadily into the early 1990s, making his last movie appearance in the 1992 drama Clowning Around and then retiring in New York.

One of the best things about the television series Mythbusters is the beautiful Kari Byron. What can you tell me about her?

-John Foster, Kissimmee, Fla.

Byron was a natural for the gonzo science of Mythbusters. By age 5, when not using dolls as crash-test dummies, she was setting up experiments involving her little sister. Luckily, her parents usually intervened before her sis took a ride down a laundry chute or became the subject of a 360-degree swing-set test. After graduation from San Francisco State University, where she studied film and sculpture, Byron worked in model-making and toy prototyping, which is how she got her break with Mythbusters. She recently married and lives in San Francisco.

* Cover photo by Chad Surmick



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Has someone performed an unexpected act of kindness for you lately, for no apparent reason? American Profile would like to hear stories about the generous, humane and compassionate acts that readers have experienced in the last year. Mail a brief letter, along with your full name, address and telephone number, to: Acts of Kindness, c/o American Profile, 341 Cool Springs Blvd., Suite 400, Franklin, TN 37067.

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Milk's favorite cookie.



Entertainment Sharing by BEVERLY His Faith



Until they saw him on television playing the bumbling but loveable farmhand Eb on Green Acres in the late 1960s, almost no one in Tom Lester's hometown of Laurel, Miss., thought he would become a successful actor in Hollywood.

"They said, 'You are too tall, too skinny, too ugly, you have a Southern accent and you don't look like Rock Hudson," says Lester, now 68, who stands a gangly 6 feet, 4 inches.

But he persevered, and the same sense of self that landed him in TV land eventually drove him from Hollywood into an even greater calling.

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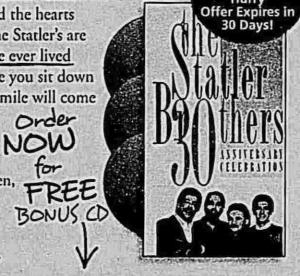
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Today, Lester is a farmer and Christian speaker who travels the nation, preaching a message of faith and obedience.

He acknowledges it has been an improbable journey.

After studying chemistry and biology at the University of Mississippi, graduating in 1960 and teaching for one year in Purcell, Okla., Lester decided to follow his heart, move to Los Angeles and start acting—even though he had no theater experience.

"God never took the time to make a nobody," he says. "People go through life wishing they had tried to do something, but they're afraid to try because they're afraid they'll fail. The failure is in not trying."

Less than three years later, Lester beat out 400 other would-be stars to land the role of Eb Dawson on the CBS comedy Green Acres, which aired from 1965 until 1971.

After the series was canceled, Lester parlayed his Green Acres stardom into an opportunity to share his lifelong Christian faith, speaking almost every weekend in churches. He landed a few more acting roles, including a part in the 1974 movie Benji, but his spiritual beliefs increasingly began to conflict with scripts that crossed his desk.

"I couldn't go into a church and share my faith and be in a movie downtown that people in the church wouldn't see because of the subject matter or language," he says. After he turned down a beer commercial, his talent agency dropped him.

So 13 years ago, Lester returned to Laurel (pop. 18,893) and began a new life tending the land and spreading God's word. Never married—"The Lord never gave me the right one," he says—he lives with his parents, both of whom are in their 90s, and runs the 500-acre family farm in nearby Vossburg.

"He is strong in his convictions, whether it is working or raising wild-life or loving the Lord," says his close friend, Robert Woodall.

Lester makes about 25 speeches annually—fewer last year because he was repairing damage from Hurricane Katrina, which blew five giant oak trees onto his house—mixing folksy stories of *Green Acres* with his views on religion, education and politics.

"Tom is one of the most warm and winsome folks that you will find anywhere," says Randy Turner, pastor of First Baptist Church in Laurel. "One of the strongest things about him is his Christian faith, and he is very consistent with that."

Lester tries to live his faith authentically. "If, with God's help, I wasn't living the Christian life, then me speaking across the country wouldn't have the effect that it has," he says.

Because of a dearth of roles in Hollywood that meet his standards, Lester began to create his own. Last fall, he released a 58-minute DVD movie called Mel and Tom in Huntin' Buddies, which features country star Mel Tillis and veteran comic actor Tim Conway. "It's

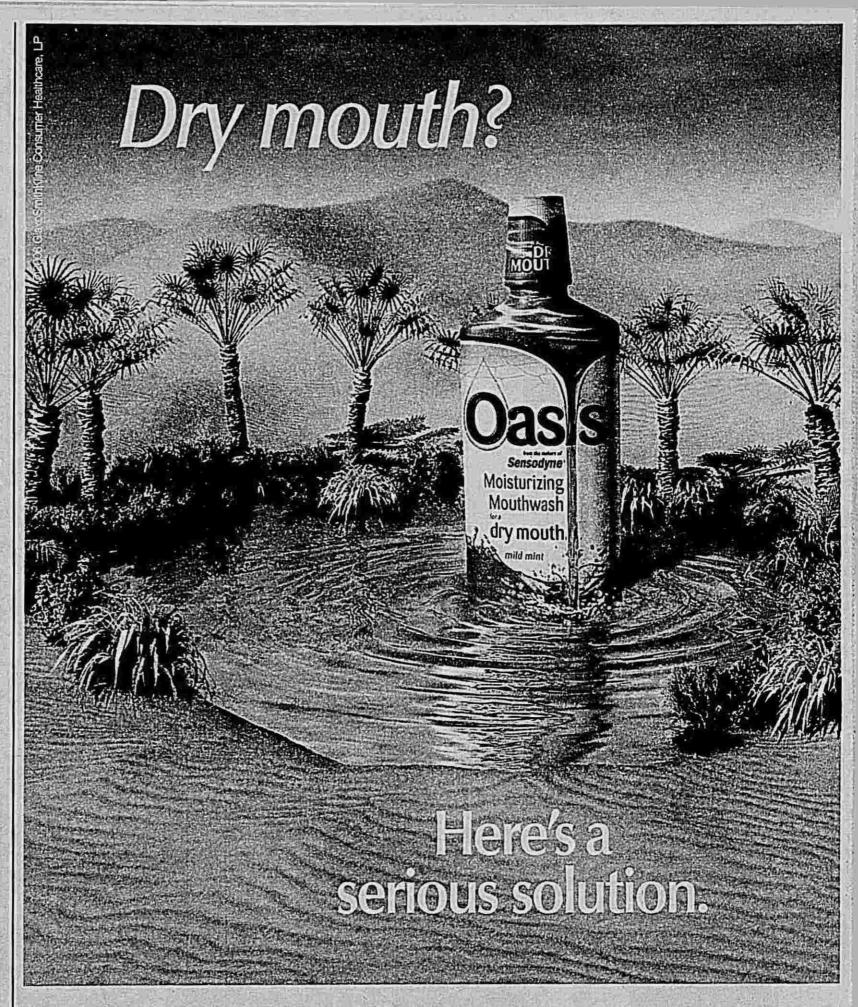


Lester's new Mel and Tom in Huntin' Buddies features Mel Tillis, left, and Tim Conway.

funny and something decent the family can watch," he says. "You can show it in church if you want to. The American public is crying out for clean entertainment."

Lester has no regrets about a life and career built on faith and family values

(Continued on page 16)



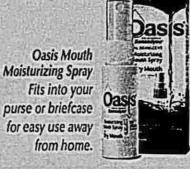
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Handy Helpful Tips Handy Helpful Tips for Around the House

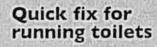
Garbage bag holder

Keep your garbage bag in place with sections of old garden hose. Cut four 9-inch-long pieces of hose, slit them lengthwise and place them over the garbage can rim.

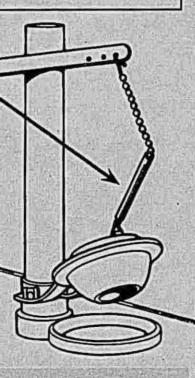


Baseball cap trim protector

Prying a bent nail from woodwork with a hammer can leave an unsightly mark. To prevent these marks, place the bill of your baseball cap behind your hammer. The bill protects your trim from damage.



Here's a nifty way to prevent the lift chain on your toilet flapper from getting caught underneath when the flapper closes. Cut a plastic soda straw in half and feed the chain through it. This stiffens the chain and keeps it from being sucked under the flapper.



Posthole gauge

Digging a posthole requires you to constantly stop and remove the digger to measure the depth of the hole. Skip the hassle by turning the handles of your posthole digger into built-in measuring sticks. With a permanent marker, make a line every 6 inches up the handles from the tips of the digging blades. When you get close to the desired depth, stop digging (leaving the digger in the hole) and check the depth on the handles.

Carpenter's pencil keeper

Keep your carpenter's pencil close at hand with half of a clothespin. Remove one leg of the clothespin and replace it with your carpenter's pencil. Clip your pencil to a pocket or sleeve so you can grab it when needed.





Mousetrap disposal bag

The only thing more unpleasant than setting a mousetrap is removing a squished mouse and resetting the trap. To avoid touching the mouse, bait a disposable wooden mousetrap and carefully slide it into a paper lunch bag. After it's sprung, toss the whole mess into the garbage.

Helpful hints researched and provided by:







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Cover Story

he big idea behind tiny houses

Jay Shafer appears larger than life, standing on the front porch of his 100-square-foot home in Sebastopol, Calif. (pop. 7,774), welcoming a visitor with an outstretched hand and a big smile. Inside his miniature wooden house, large windows on three walls and a half-glass front door give the illusion of a greater living space.

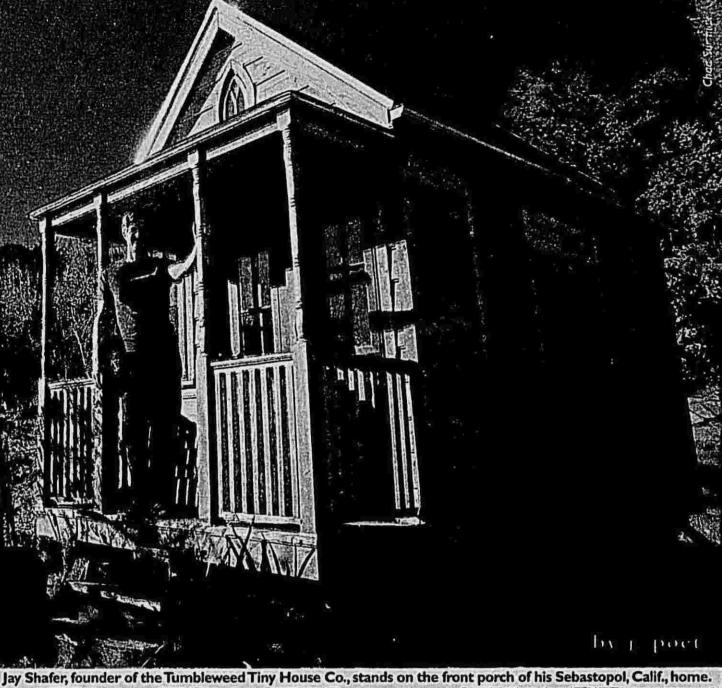
"The question most people ask is, 'Don't you ever get claustrophobic?" says Shafer, 42, founder of the Tumbleweed Tiny House Co. "I tell them that you don't in a space that's well designed. I spend most of my time inside at my desk or lying in bed. You can only take up 12 square feet at a time; everything beyond that is just elbowroom."

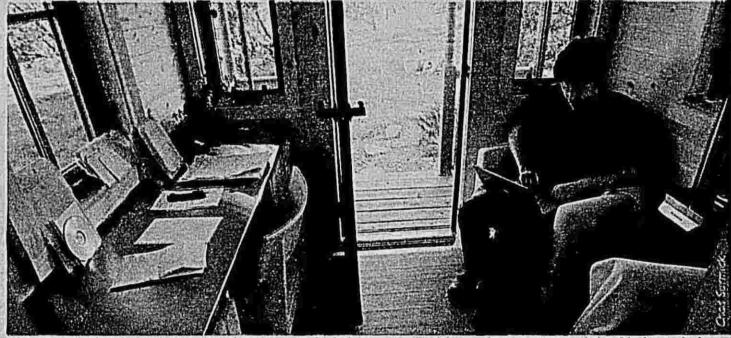
Although it's nowhere near the United States' average home size of 2,500 square feet, Shafer's tiny house includes the usual amenities. The ground floor boasts a kitchen, bathroom, shower and a "great" room that serves as a living room, work area and dining room. Two small chairs flank an efficient heating unit, allowing Shafer to heat his American Carpenter Gothic-style house for less than \$60 a year. The kitchen has a large sink, welldesigned storage space, a small refrigerator and a two-burner propane stove. The bathroom/shower area is compact and uses a low-flow toilet. The bedroom loft can accommodate two people.

"I'm not an aesthetic," says Shafer, sitting inside his cozy living room. "I need my stereo and DVD player, but I don't like having stuff around that I'm not using."

A small idea

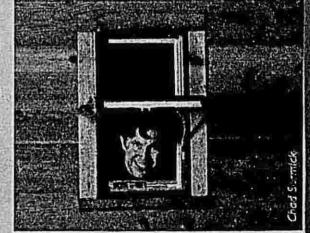
Shafer grew up in a 4,000-square-foot home in Mission Viejo, Calif., but downsized in 1997 while





Shafer works inside his 100-square-foot home, which features amenities such as a stove and tiny kitchen window.





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"Most of my friends thought it was a good idea." After that first home, Shafer had no desire to build more houses. That is, until a couple of years later when news organizations around Iowa City began reporting on his tiny dwelling and people began inquiring about how to get their own small house. In response,

Shafer created the Tumbleweed Tiny House Co. in 1999. Three years later, he partnered with small home enthusiasts Gregory Johnson, Shay Salomon and Nigel Valdez to found the Small House Society, an organization to promote the research and development of affordable and ecologically responsible tiny houses. "Most people realize they need to be more self-reliant and self-sufficient," says Johnson, also of Iowa City. "They're trying to cut back on expenses, driven in part by escalating rent."

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Living with less

Chad Surmick

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Shafer's tiny house inspired carpenter and homebuilder Shay Salomon, 40, to promote small living. "Even though almost no one is willing to live as small as Jay and Greg, their homes inspire the imagination," says Salomon, who shares a 1,100-square-foot home in Tucson, Ariz., with two other people. "It's the art of presenting possibility."

Salomon has built six homes under 500 square feet in the last few years. "As





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(Continued on page 12)

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Cover Story

The big idea behind tiny houses

Jay Shafer appears larger than life, standing on the front porch of his 100-square-foot home in Sebastopol, Calif. (pop. 7,774), welcoming a visitor with an outstretched hand and a big smile. Inside his miniature wooden house, large windows on three walls and a half-glass front door give the illusion of a greater living space.

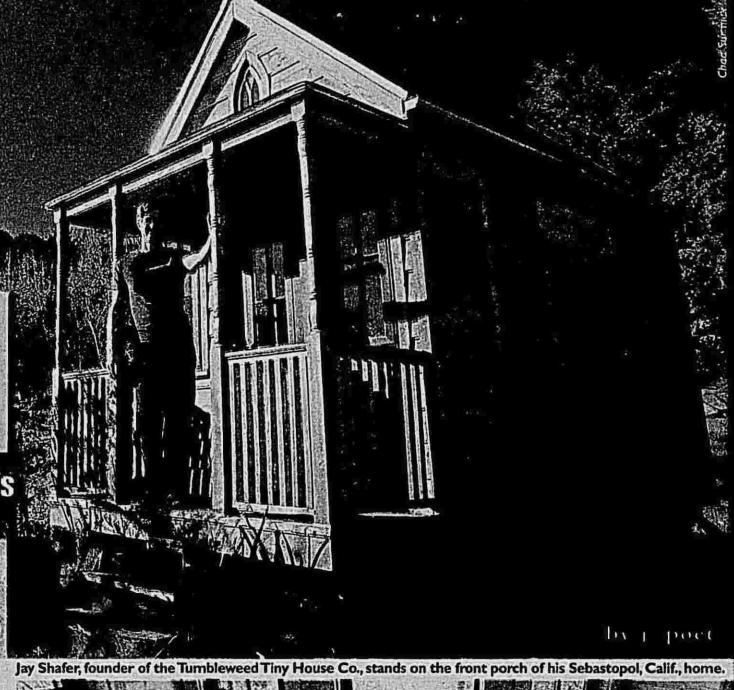
"The question most people ask is, 'Don't you ever get claustrophobic?" says Shafer, 42, founder of the Tumbleweed Tiny House Co. "I tell them that you don't in a space that's well designed. I spend most of my time inside at my desk or lying in bed. You can only take up 12 square feet at a time; everything beyond that is just elbowroom."

Although it's nowhere near the United States' average home size of 2,500 square feet, Shafer's tiny house includes the usual amenities. The ground floor boasts a kitchen, bathroom, shower and a "great" room that serves as a living room, work area and dining room. Two small chairs flank an efficient heating unit, allowing Shafer to heat his American Carpenter Gothic-style house for less than \$60 a year. The kitchen has a large sink, well-designed storage space, a small refrigerator and a two-burner propane stove. The bathroom/shower area is compact and uses a low-flow toilet. The bedroom loft can accommodate two people.

"I'm not an aesthetic," says Shafer, sitting inside his cozy living room. "I need my stereo and DVD player, but I don't like having stuff around that I'm not using."

A small idea

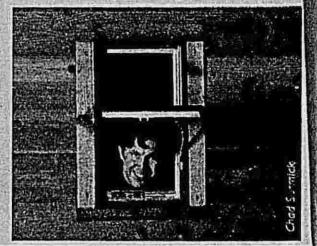
Shafer grew up in a 4,000-square-foot home in Mission Viejo, Calif., but downsized in 1997 while



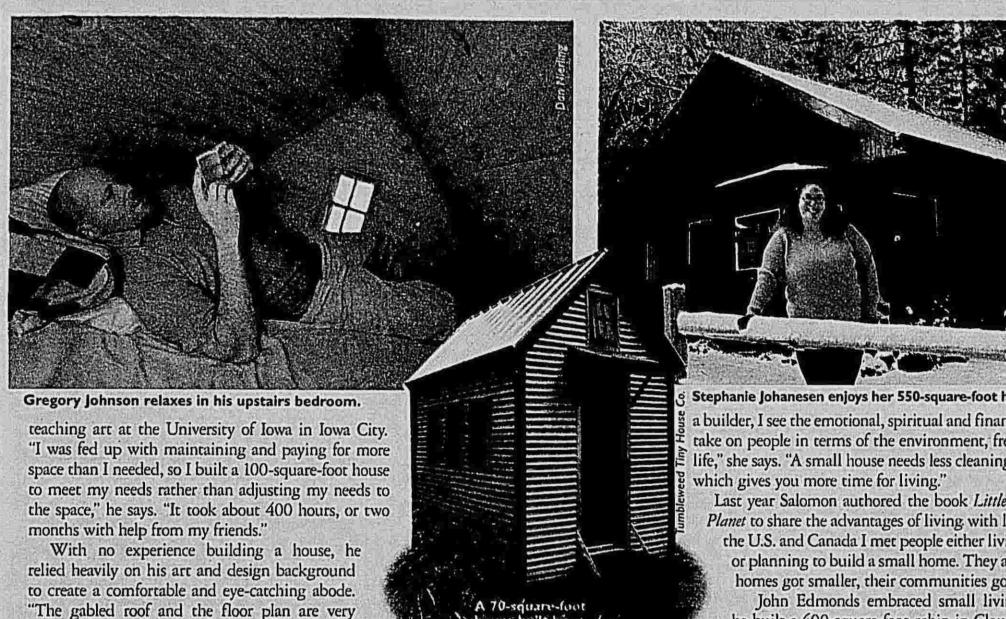


Shafer works inside his 100-square-foot home, which features amenities such as a stove and tiny kitchen window.





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Stephanie Johanesen enjoys her 550-square-foot home in Welches, Ore

a builder, I see the emotional, spiritual and financial toll big houses take on people in terms of the environment, free time and family life," she says. "A small house needs less cleaning and maintaining,

Last year Salomon authored the book Little House On A Small Planet to share the advantages of living with less space. "All over the U.S. and Canada I met people either living in small homes or planning to build a small home. They all said that as their homes got smaller, their communities got bigger."

John Edmonds embraced small living in 2003 when he built a 600-square-foot cabin in Cloudcroft, N.M. (pop. 749). "The small-house movement is about reordering lifestyle

(Continued on page 12)

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Hometown

Saving CURT ARENS St. James

In 2000, St. James, Neb., literally disappeared

from state highway maps, leaving behind a single tavern and a vibrant Catholic parish as the only establishments left to anchor the Cedar County hamlet. Little surprise, then, that residents in the rural farming community were devastated later that same year when the Saints Philip and James Church closed and consolidated with neighboring parishes.

In the search to bring hope and vitality back to St. James, five neighbors—Louise Guy, Vicky Koch, Jeanette Pinkelman, Mary Rose Pinkelman and Violet Pinkelman—came together for a revitalization meeting hosted by the Center for Rural Affairs, a rural advocacy organization based in Lyons, Neb.

"We wanted to save our community," Mary Rose Pinkelman says. "We put our heads together at that meeting and decided to open a weekend marketplace in St. James, where we

> could keep our sense of community and sell food items and crafts."

> Fortunately, the town was equipped with an ideal location for the new venture. Although the 1918 Saints Philip and James School had been closed to classes since 1968, it had been well maintained by the church for social gatherings.

In May 2001, the five spirited farm women rented one of the schoolhouse's old classrooms and officially opened the St. James Marketplace with 16 vendors selling farm-



The 1918 Saints Philip and James School.



fresh food and handcrafted products. The goal was to "be the needle and thread of the community," offering family-oriented events, quality products and fresh homemade baked goods.

Today, the marketplace occupies the entire building, and nearly 60 vendors sell items such as homemade soaps and lotions, farm fresh fruits, vegetables, meat and eggs, wooden crafts, baked goods, greeting cards and books. The five women oversee the operation, but vendors often pitch in and volunteer as clerks and helpers.

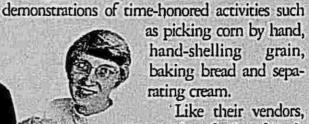
"The major objective of this project has never been about making money," says Mike Heavrin, cooperative development manager for the Center for Rural Affairs. "It demonstrates when local people work together, the whole community can benefit."

Connie Gompert is among the beneficiaries, selling her hand-woven rugs amidst the bustling marketplace. "It's so valuable to have an outlet for rural people to sell the products they make at home," says Gompert of Center, Neb. (pop. 90). "And it's such an interesting place with so many local vendors."

Since the hamlet is void of a performance theater, the marketplace also has become St. James' cultural center, providing shows in the school's auditorium. Visitors enjoy performances by cowboy poets, writers and musicians, as well as nostalgic programs that offer a glimpse of local German heritage dating back to St. James' founding in 1857 in northeast Nebraska Territory. The five women also restored one classroom to show area school groups what classes were like for earlier generations of students.

"You can do so many things in one place," says visitor Julia Kleinschmit Rembert, who brings her children to several events during the marketplace's season from May through the first weekend of December.

The marketplace sponsors its most popular event, Heritage Fest, on the last Sunday in September when it revisits the community spirit of old-time church picnics. More than 1,000 visitors watch



each of the founders "uses their own unique God-given talents," not only in creating wares to sell at the marketplace, says Jeanette Pinkelman, but also in developing entertainment programs,

Clockwise from left: Mary Rose Pinkelman, Vicky Koch, Louise Guy, Violet Pinkelman and Jeanette Pinkelman put their town back on the map.





maintaining the building, planning retail displays and promoting their mission.

"The ladies have achieved a restoration of community to rural northern Cedar County," Heavrin says. "They demonstrate that there is real grassroots leadership in the area."

As a result, townsfolk have discovered new talents, rediscovered a sense of community, and put St. James back on state highway maps. "I guess all of us are over-achievers," Violet Pinkelman says. "Opening the marketplace helped us through the loss of our parish and we have been supported very well."

Curt Arens is a writer in Crofton, Neb.

Visit www.stjamesmarketplace.com to learn more.



A youngster browses at the marketplace.

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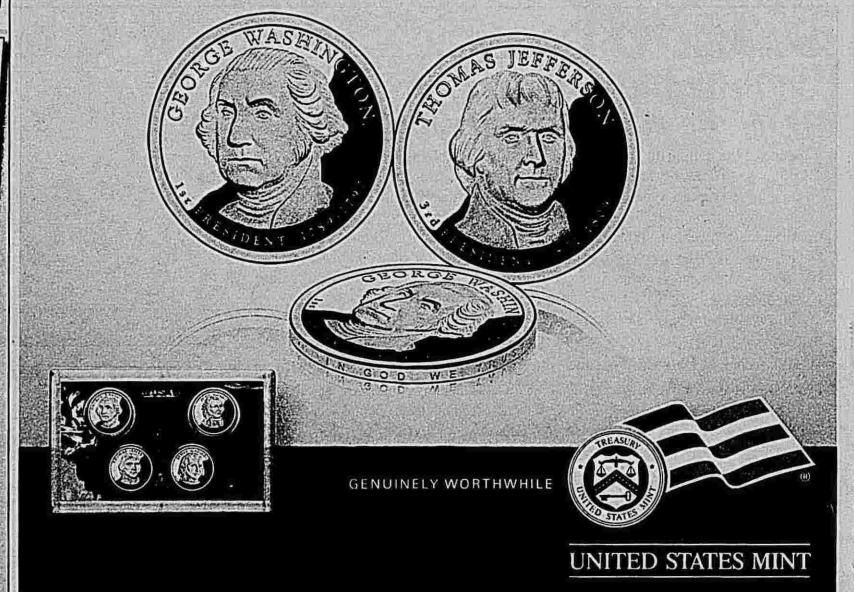


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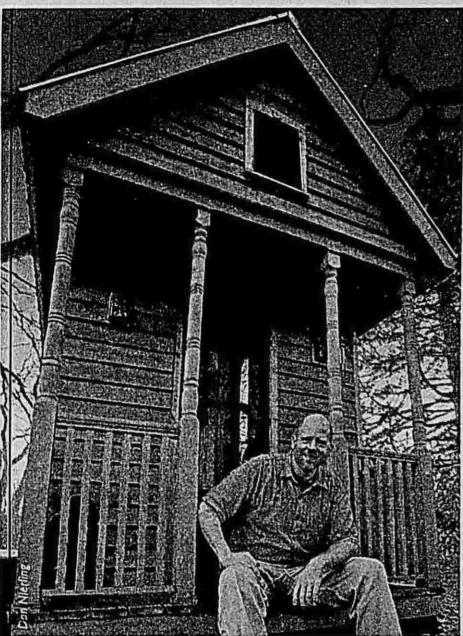
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Johnson bought his 140-square-foot home in Iowa City, Iowa, in 2003.

(Continued from page 9)

priorities," says Edmonds, 38, who sold his large home and quit a corporate job to start a more economical life. "I previously lived in a three-bedroom house and never went into two of the bedrooms. Now my house costs about two bucks a day to heat and cool." Edmonds created the website www.dreamsmall.net, where he shares his story and challenges others to "dream small."

Two such dreamers are Stephanie Johanesen, 35, and her husband, Daniel, 36, who live in Welches, Ore., in a 550-square-foot home built in 1956. "We got rid of a lot of stuff to move in here, but found that most of the clutter served no purpose," Stephanie says. "We intend to raise our family in this house. We're thinking of adding one of Jay's tiny houses as a guest unit, but that depends on what the next year brings."

Wave of the future?

In 2005, Shafer moved back to California, where he runs the Tumbleweed Tiny House Co. from his tiny house.

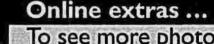
Shafer says that most Tumbleweed homes, which range in size from 70 to 700 square feet, can be built for less than \$50,000, with the smallest home costing about \$40,000. "I've built 10 by myself from the ground up," he says. "I have 50 sets of plans I supply to people on my website (www.tumbleweedhouses.com). The biggest problem is making sure the house feels roomy and comfortable despite its size. It's a challenge, but it's more about design than the amount of space."

His clients invest in tiny houses for various reasons. "Some are interested in a second home or vacation cottage, some are interested in a free-standing addition to their existing home, or adding a studio or extra bedroom," Shafer says. "Then there are people like myself and Greg who want to live in them full time."

Of course, Shafer realizes that small homes aren't for everyone. "I don't know if tiny houses are the wave of the future," he says stepping out onto his front porch. "But I'm pretty sure they're a tiny ripple in the wave of the future."

j. poet is a writer in San Francisco.

Visit www.smallhousesociety.org to learn more.



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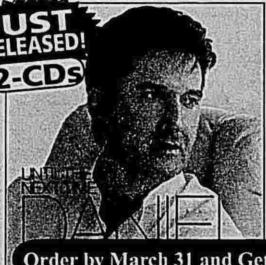
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Until The Next Time – Can You Feel The Love, My Love For You, Crush On You, Mi Cariño Maria, I Forgot To Remember To Forget You, My Lovely Island Home, Tonight I've Held My Future, Don't Break My Heart, Beyond The Rainbow's End, Wherever You Are, Could I, Take The Hand Of Love, You Gotta Feel Love, Love Me Or Leave Me, Until The Next Time.

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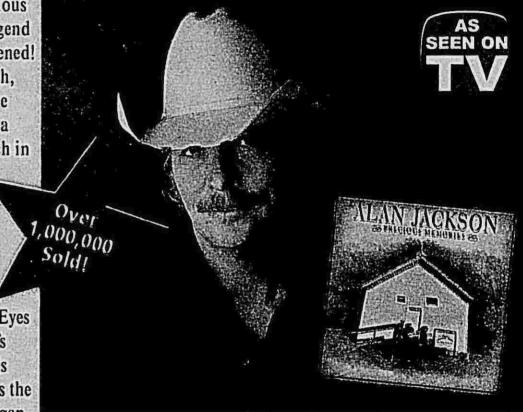
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- 9. What A Friend We Have In Jesus
- 10. Standing On The Promises
- 11. Turn Your Eyes Upon Jesus
- 12. Leaning On The Everlasting Arms
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Under the Sea Adventure—Kansas City, through April 29. Visit a sunken pirate ship, a submarine and a whale's mouth, plus ride on a dolphin and a seahorse, during this children's exhibit at the Crown Center. (816) 274-8444.

NEBRASKA

Bull Riding Classic—Fremont, March 30-31. Watch as top bull riders compete and enjoy mutton busting, a dance and concessions during this event at Christensen Field Indoor Arena: (402) 721-2641.

NORTH DAKOTA

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OHIO

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SOUTH DAKOTA

Black Hills Horse Expo-Rapid City, March 24-25. Demonstrations of rare horse breeds, a stallion showcase, English and Western horse skills presentations and tack sales highlight this expo at the Pennington County Event Center. (605) 722-4558.

WISCONSIN

St. Patrick/St. Urho Celebration-Brantwood, March 17. Honor the Irish patron saint and the legendary Finnish saint with a corned beef and cabbage dinner and program at Brantwood Community Center. (715) 564-2525.

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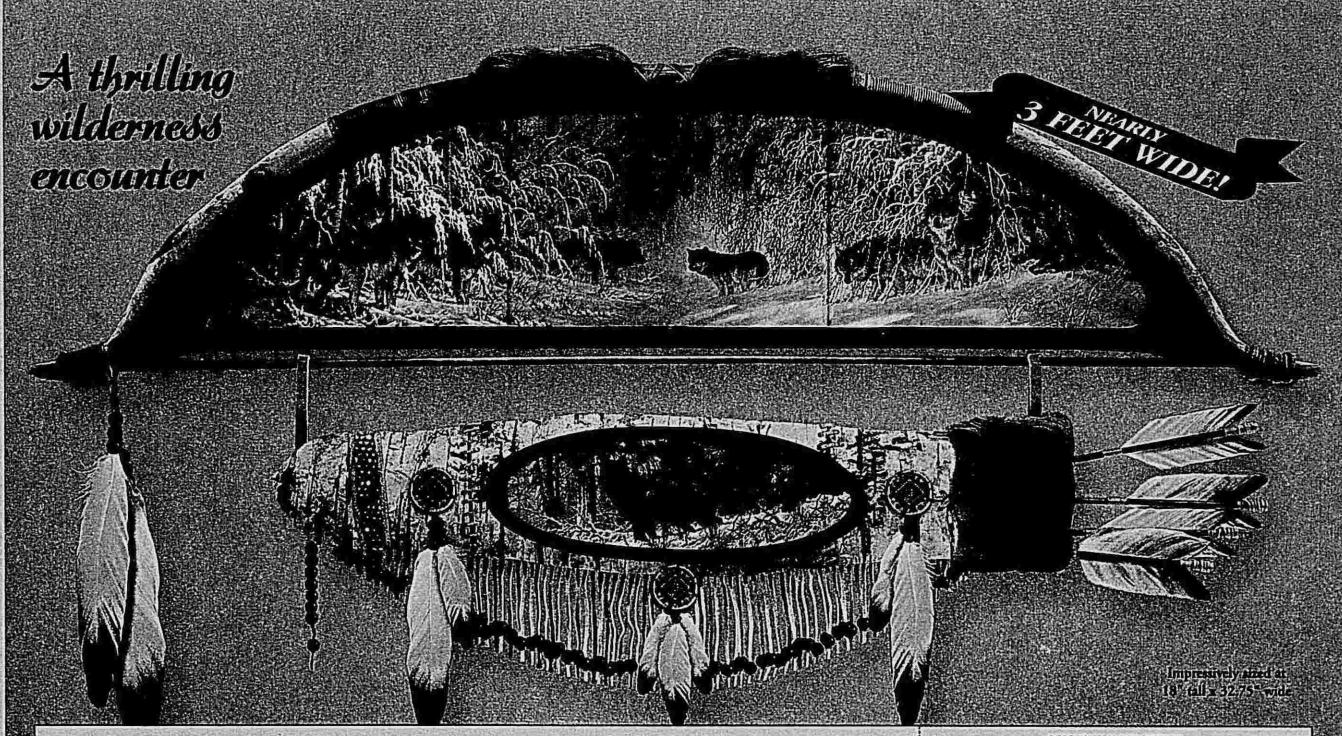
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Now, the tradition of seeking understanding from nature is expressed in the Native American-style Wilderness Encounter Bow & Arrow Collection, featuring the art of Larry Fanning crafted on 4 fine-porcelain plates in an impressive multi-dimensional 2-piece display. Hand-crafted details and

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Individual pieces in the collection:

Bow Display Top

"Winter Watch" Plate Top Left

"Sacred Meeting" Plate Top Center

Top Right

"Silent Snows" Plate and Quiver Display Bottom

O2005 BGE 17101-EILA

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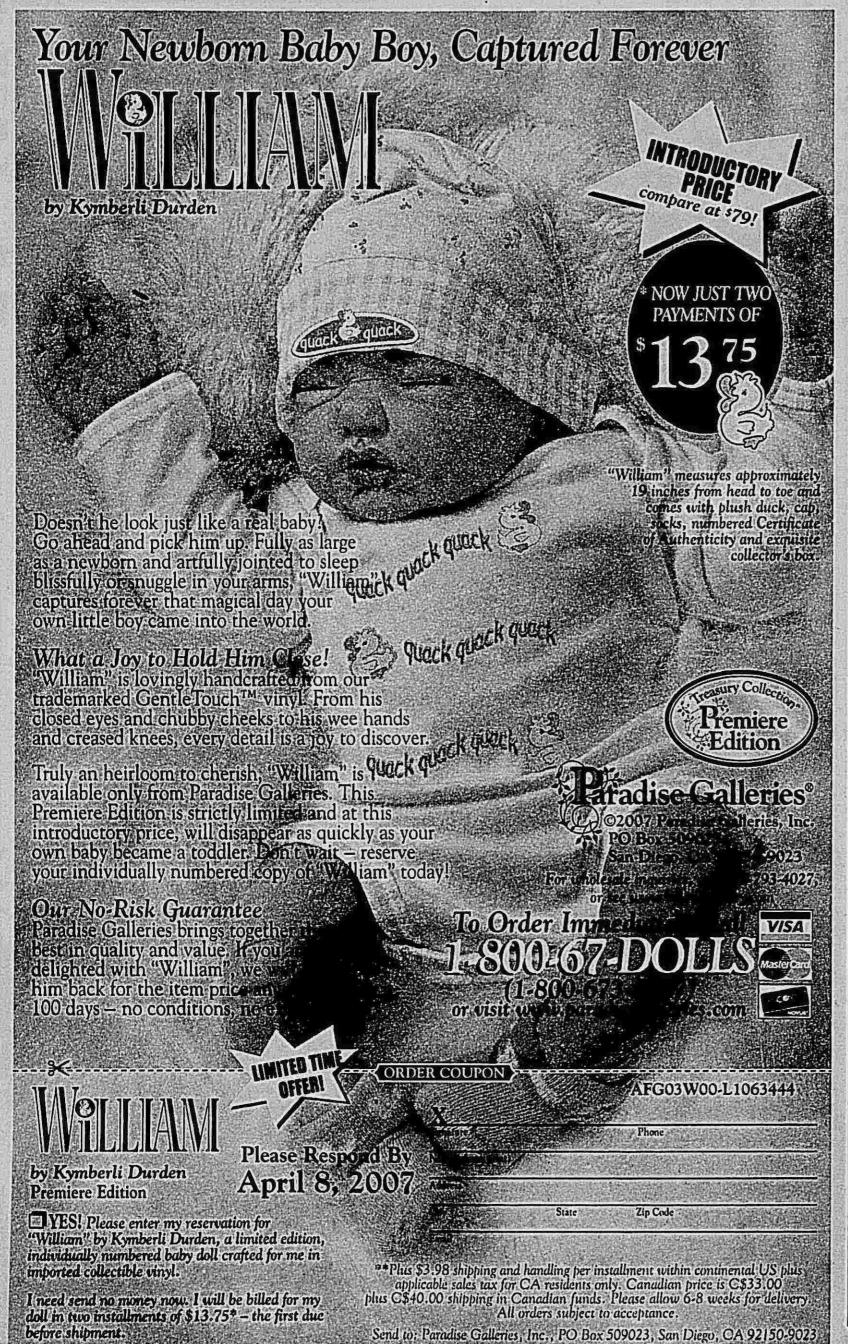
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"I get the fun," Lester says. "God gets the credit." (Continued from page 5)

instead of fame or money. "I had all the fun of being on *Green Acres* and laughing every day and having a great time," he says. "I had all the fun of traveling across the country and meeting wonderful people in churches. God gets all the credit, and I get all the fun. What a great deal!"

Beverly Keel is a writer based in Nashville, Tenn.

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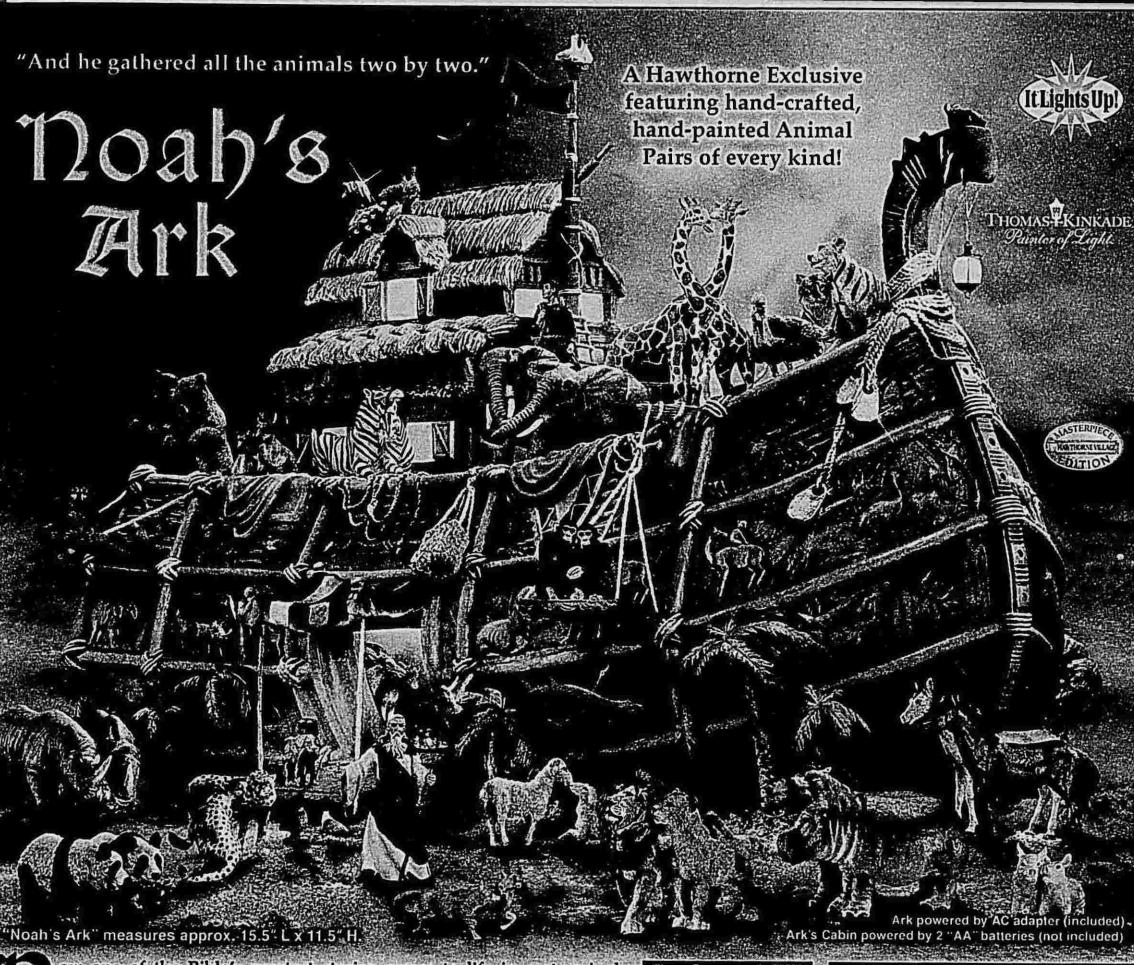
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Rancho Dip

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Rancho Dip

- cup sour cream
- tablespoons mayonnaise
- 2 to 3 tablespoons lemon juice
- 2 green onions, chopped
- 1/2 cup crumbled bleu cheese Salt and pepper
- I. Combine sour cream, mayonnaise and lemon juice in a small bowl. Stir in green onions and bleu cheese; season with salt and pepper.
- 2. Refrigerate for several hours before serving. Yield: 1 ½ cups.

Tip From Our Test Kitchen:

Stir in 1/3 cup milk to thin the dip for use as a salad dressing.



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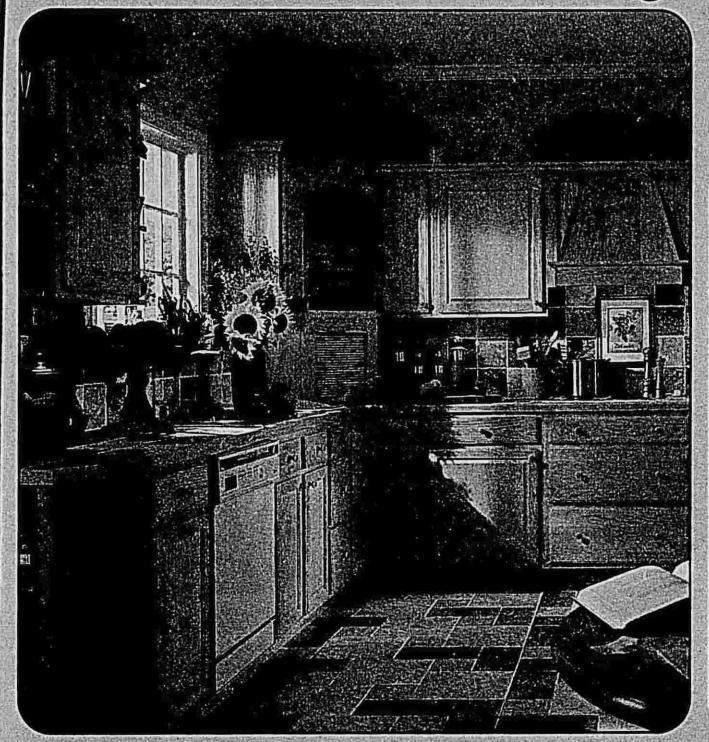
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